



Article

Eating well, living well and weight management: A co-produced semi-qualitative study of barriers and facilitators experienced by adults with intellectual disabilities

Doherty, Alison Jayne, Jones, Stephanie, Chauhan, Umesh and Gibson, Josephine

Available at <http://clock.uclan.ac.uk/22791/>

Doherty, Alison Jayne ORCID: 0000-0003-3593-8069, Jones, Stephanie ORCID: 0000-0001-9149-8606, Chauhan, Umesh ORCID: 0000-0002-0747-591X and Gibson, Josephine ORCID: 0000-0002-3051-1237 (2020) Eating well, living well and weight management: A co-produced semi-qualitative study of barriers and facilitators experienced by adults with intellectual disabilities. Journal of Intellectual Disabilities, 24 (2). pp. 158-176. ISSN 1744-6295

It is advisable to refer to the publisher's version if you intend to cite from the work.
<http://dx.doi.org/10.1177/1744629518773938>

For more information about UCLan's research in this area go to <http://www.uclan.ac.uk/researchgroups/> and search for <name of research Group>.

For information about Research generally at UCLan please go to <http://www.uclan.ac.uk/research/>

All outputs in CLoK are protected by Intellectual Property Rights law, including Copyright law. Copyright, IPR and Moral Rights for the works on this site are retained by the individual authors and/or other copyright owners. Terms and conditions for use of this material are defined in the [policies](#) page.

Eating well, living well and weight management: A co-produced semi-qualitative study of barriers and facilitators experienced by adults with intellectual disabilities

Doherty A.J., Jones S.P, Chauhan U., Gibson J.M.E.

Address for correspondence

Alison J. Doherty, Postgraduate Student, National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care North West Coast (NIHR CLAHRC NWC), School of Nursing, College of Health & Wellbeing, University of Central Lancashire, Preston, PR1 2HE, United Kingdom. Email: adoherty7@uclan.ac.uk

Dr. Josephine M.E. Gibson, Senior Lecturer, School of Nursing, Senior Research Fellow, NIHR CLAHRC NWC, Clinical Practice Research Unit, University of Central Lancashire, Preston PR1 2HE, United Kingdom. Email: Jgibson4@uclan.ac.uk

Key words: obesity; weight; intellectual disabilities; learning disabilities; participatory research.

Funding acknowledgements

The research was funded by the National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care North West Coast (NIHR CLAHRC NWC) at the University of Central Lancashire. AJ Doherty is funded by a postgraduate research studentship from NIHR CLAHRC NWC. J.M.E. Gibson is part-funded by NIHR CLAHRC NWC. The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care.

Conflict of interest statement: No conflict of interest was declared.