Eating well, living well and weight management: A co-produced semi-qualitative study of barriers and facilitators experienced by adults with intellectual disabilities

Doherty A.J., Jones S.P, Chauhan U., Gibson J.M.E.

Address for correspondence

Alison J. Doherty, Postgraduate Student, National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care North West Coast (NIHR CLAHRC NWC), School of Nursing, College of Health & Wellbeing, University of Central Lancashire, Preston, PR1 2HE, United Kingdom. Email: adoherty7@uclan.ac.uk

Dr. Josephine M.E. Gibson, Senior Lecturer, School of Nursing, Senior Research Fellow, NIHR CLAHRC NWC, Clinical Practice Research Unit, University of Central Lancashire, Preston PR1 2HE, United Kingdom. Email: Jgibson4@uclan.ac.uk

Key words: obesity; weight; intellectual disabilities; learning disabilities; participatory research.

Funding acknowledgements

The research was funded by the National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care North West Coast (NIHR CLAHRC NWC) at the University of Central Lancashire. AJ Doherty is funded by a postgraduate research studentship from NIHR CLAHRC NWC. J.M.E. Gibson is part-funded by NIHR CLAHRC NWC. The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care.

Conflict of interest statement: No conflict of interest was declared.