

Well-being after Stroke

A qualitative evaluation of how General Practice can help

Summary

- East Lancashire GP practices
- Community stroke patients
- Experiences of well-being after stroke
- Facilitators/barriers to GP support

The image shows a thumbnail of the research paper. The title is 'Well-being after Stroke' and the subtitle is 'A qualitative evaluation of how can General Practice help'. The authors listed are Dr Aaron Poppleton, Prof Dame Caroline Watkins, Prof Umesh Chauhan, and Dr Lu Lightbody. The paper is published by UCLan (University of Central Lancashire). The abstract and background sections are visible, discussing the prevalence of stroke and the need for better support. The emergent themes section lists three main findings: 1. Proactive and structured assessment of well-being, health & information needs; 2. Proactive therapeutic relationship as part of continuity of care; 3. Legitimate discussion of well-being through explicit opportunities concerning support services. The conclusion states that an ongoing, empathetic, patient-centred, GP-patient therapeutic relationship is a key facilitator to the discussion of well-being after stroke. The contact information for the authors is also provided.