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# Sites of learning: exploring political ecologies and visceral pedagogies of surplus food redistribution in the UK

Journal:	Policy Futures in Education
Manuscript ID	PFIE-17-0160.R2
Manuscript Type:	Special Issue: Eating in the anthropocene: Learning the practice and ethics of food politics
Keywords:	food waste, food insecurity, food access, surplus food redistribution, visceral pedagogies, political ecology of the body
Abstract:	Drawing on ethnographic research with organisations redistributing food waste, this paper explores potentials for political and ethical learning by comparing different approaches to food handling and teaching. Food acts as instigator and tool for learning about ecological impacts, wellbeing, food journeys, health, and pleasure. Re-learning wasted food challenges accusations of its stigmatising potential while attempting to address serious material issues of food insecurity and community food access. Taking seriously the charge that 'community-level' approaches might depoliticise and individualise food distribution at the expense of structural critique and action, these pragmatic and polysemic enrolments of food waste can nevertheless embody a teleology of change, through changing practices of food handling and fostering critical understandings of food system issues. While acknowledging the spatial, temporal and technological mediators of foodstuff's journey between bin and mouth, attention is paid to the sensorial, embodied, and affective means by which the food/waste distinction is known and taught/learned. A 'politica ecology of the body' framework is used to explore the 'visceral realm' of food access as always situated in learners' diverse former experiences. These visceral pedagogies of knowing food sit alongside the power dynamics of regulatory food governance in the form of, for example, expiry-date labels. In short, these practices, albeit rooted in environmentally damaging and unequally-distributed foodscapes requiring systemic transformation, can nevertheless foster more vibrant sympathies between people and food, more care-ful connections between learners and their food futures.

# SCHOLARONE<sup>™</sup> Manuscripts

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Abstract

Drawing on ethnographic research with organisations redistributing wasted food, this paper explores potentials for political and ethical learning by comparing different approaches to food handling and teaching. Food acts as instigator and tool for learning about ecological impacts, wellbeing, provenance, health, and pleasure. Re-learning wasted food challenges accusations of its stigmatising potential while attempting to address serious material issues of food insecurity and community food access. Taking seriously the charge that 'community-level' approaches might depoliticise and individualise food distribution at the expense of structural critique and action, these pragmatic and polysemic enrolments of food waste can nevertheless embody a teleology of change, through changing practices of food handling and fostering critical understandings of food system issues. While acknowledging the spatial, temporal and technological mediators of food's journey from bin towards mouth, attention is paid to the sensorial, embodied, and affective means by which the food/waste distinction is known and taught/learned. A 'political ecology of the body' framework is used to explore the 'visceral realm' of food access as always part-situated in learners' diverse foodscapes. These visceral pedagogies of knowing food sit alongside the power dynamics of regulatory food governance in the form of, for example, expiry-date labels. In short, these practices, albeit rooted in environmentally damaging and unequally-distributed foodscapes requiring systemic transformation, can nevertheless foster more vibrant sympathies between people and food, more care-ful connections between learners and their food futures.

# Keywords: food waste; food insecurity; food access; surplus food redistribution; visceral pedagogies; political ecology of the body

The growing prevalence of schemes to intercept and redistribute food wasted by
producers and retailers has responded to, and further problematised, not only the
extent of food wastage in wealthy food economies, but also the uneven distribution of

wealth and food access manifest in growing evidence of 'household food insecurity' (Midgley, 2013). Attention to food insecurity in UK media, civil society organisation (CSO) and policy discourse has renewed concerns over its prevalence in schools e.g. All-Party Parliamentary Group on School Food (2015). As charitable food banking in the UK has expanded, CSOs and community groups have increased provision of holiday-period food assistance. Additionally, the growth of school breakfast provision suggests schools' widening role in children's foodways. This paper highlights ambiguous implications of a food waste activism network's school food programme. Its pedagogical practices raise questions around a two-fold concern. Firstly, the role of community organisations in responding to systemic problems; namely food insecurity and food wastage. Do locally-grounded charitable and activist responses to food inequalities risk depoliticising or deflecting structural causes and solutions? Secondly, 'surplus food redistribution' in schools raises questions about children's responsibilities over their own food choices. How does the summoning and cultivation of childrens' embodied and sensory capacities to know food differently affect, on the one hand, their health and food access and, on the other, their responsibilisation for systemic issues lying beyond their control? Through the framework of a 'political ecology of the body' (Hayes-Conroy, 2015), and specifically the notion of 'visceral access', binary notions assumed by these questions will be challenged: 'charity v activist' frames of surplus food redistribution, and 'agency v structure' binaries assumed by the question of whether food waste pedagogies empower or responsibilise young people (the verbal form 'wasted' rather than 'surplus' food is adopted, conveying human-induced processes by which food is rendered waste). These questions will be explored through two empirical cases; primarily, a school programme using wasted food intercepted by a network of redistribution activists, and a charity that redistributes food similarly to a US-style foodbank. First, literature considering the political implications of food provision and pedagogies in schools are explored.

# Knowing food as more-than-food

63 Food is an ontologically-multiple medium for learning about the politics and ethics of

- 64 food systems. Biltekoff (2016) analyses 'framing contests' at play in the design of
- 65 school curricula by food activist and food industry bodies. These aim to shape
- 66 "different kinds of consumers" but also to "stabilize different versions of what food

is" (2016:55). Biltekoff compares polarised articulations of processed food, where 'Real Food' (a discussion guide by sustainable food activists) frames food as "connections across natural and social systems" (2016:53), while 'Real Facts' (a food trade association's education materials) frames food not as systemic and political but ontologically 'singular': a commodity delivering consumer needs and producer profits. Biltekoff distinguishes ontologies of health inhering in the curricula: Real Food "decentres the individual" and highlights issues of "access and policy" (2016:52-3), while Real Facts' "anti-politics of health...frames and enables health as the result of individual biology, personal responsibility, and information" (2016:54). Advocating dialogic research that recognises food system problems and solutions as technical *and* social, her analysis reveals how food pedagogies differently construe, responsibilise and/or empower children and their foodscapes. The following section introduces another approach to understanding foodscapes as ontologically multiple.

80 Political ecology of the body

Hayes-Conroy's (2015) political ecology of the body (PEB) framework encompasses analytical attention to structural, discursive and material dimensions of health and wellbeing. Its hybrid foci mirror shifts in political ecological thought from situating ecological struggle within political economic constraints towards embracing post-humanism (Heynen, 2013). PEB builds on feminist critiques of social constructivism in highlighting affect, materiality, embodiment, emotion, performativity and non-representational methodologies for grasping life-as-lived. Bodies and eating offer vantage points for understanding food as the material grounds of survival, structural enabler and constraints of this, and discursive practices mediating food access at multiple scales. Considered through a PEB lens, everyday work of food redistribution involves agentic encounters with food items, ideas about that food and more or less explicit engagement with structures that both enable and constrain practices.

93 Visceral food access

Hayes-Conroy (2017:51) writes that theoretical attention to 'the visceral realm' seeks
to understand political agency "from the body out". By 'visceral' she denotes the
"state/feeling of bodies in interrelation with environments/space". As a specifically
political pursuit, we must not only 'follow' bodies but also "experiences of social
position(ing), norms and difference". This includes methodological reflexivity in

research praxis, including attending to race, class and gender. Haves-Conroy & Hayes-Conroy (2013) apply the framework to school cooking-and-gardening programmes. They acknowledge diverse "visceral topographies" that individual learners bring to learning encounters. Bringing students into relation with new foods and ideas can "widen the scope of emotional possibilities" (2013:84) and (re)shape material sensitivities, identities and relationships available to them. However, learners' different backgrounds and experiences may engender frustration or resentment towards programme interventions: hoped-for outcomes depend on contingent and haphazard encounters between teachers, learners and more-than-human mediators. The authors' notion of 'visceral access' acknowledges bodily senses and motivations as micro-spaces of encounter. Children's "specific bodily histories and prior and current affective/emotional relations with alternative foods" (2013:82) comingle with embodied sensations of food handling and eating to (re)shape visceral access, body-food relationships and encounters whose consequences can stretch beyond the classroom. PEB's attention to children's life-assemblages highlights school as just one node in 'foodscapes' (Brembeck et al., 2013) and the importance of recognising food choice as a more-than-individual matter comprising families, homes, shops and sensory 

experience. This takes us beyond the precepts of 'sensory education', which aims to teach children to eat healthily through making novel/healthy foods sensorily familiar e.g. Reverdy (2011). By critiquing socio-environmental change premised solely on 'attitudes, behaviours and choices' of individuals (Shove, 2010), PEB can attend to micro-level food-body assemblages as well as how food redistribution organisations address, or neglect, broader issues of political responsibility for hunger and waste. I now turn to consider political modalities of such redistribution.

### 124 Community feeding programmes: revolutionary possibilities?

Ethnographies of wasted food redistribution, and community feeding programmes
more broadly, reveal its complex ethico-political implications, often relying upon a
binary distinction between activism and charity. Heynen (2010) contrasts the political
containment functions of charitable food with radical forms of food redistribution
that, historically, have contested uneven "geographies of survival".

2 3	130	Patel (2011) analyses conditions transforming food assistance from 'pacifying to
4 5	131	revolutionary' in the Black Panther Party (BPP)'s politics of the everyday. The BPP
6 7	132	exemplifies political possibilities in everyday, material mechanisms of social
8	133	reproduction, including community food programmes. Its 'Free Breakfast for
9 10	134	Schoolchildren' programme was launched in 1968, feeding thousands of children
11 12	135	across America at its peak (Heynen, 2009). It addressed corporeal realities of uneven
13 14	136	urban food access given state failures to meet basic biophysical needs of African-
15	137	Americans. Importantly, such 'survival programmes' were explicitly recognised as
16 17	138	"not solutions to our problems", but to nourish "survival pending revolution" (Huey
18 19	139	P. Newton Foundation, 2008:4). Grounding politics in everyday bodily survival and
20 21	140	creating spaces/relationships of mutual aid, Heynen argues, was necessary for broader
22	141	solidarities to emerge. Neighbourhood care networks could extend to national-global
23 24	142	assemblages of solidarity, stretching the concept of 'community'. This challenges
25 26	143	binary interpretations of whether 'community-level' praxis enables or constrains
27 28	144	systemic political change at multiple scales.
29 30 31	145	Patel (2011:122-3) distinguishes the BPP's "vision for social change" from charity:
32 33 34 35 36	146 147 148 149	By bursting the idea of food ascharity bestowed by rich to poor, setting in its place the notion that food is a right- andthat an order might be composed without private property- the act of feeding children was transformed from pacificying to revolutionary (p.25)
37	150	This transformation is rooted in nurturing material geographies of everyday survival
38 39	151	and, Heynen (2009) argues, challenging the patriarchal dissociation of revolutionary
40 41	152	praxis from domesticity and care. The BPP's breakfast programme appears in
42 43	153	dialectical light, where food nurtured bodies, ideas and communal spaces as a
44	154	necessary (if insufficient) vehicle of broader systemic transformation that nevertheless
45 46	155	instigated considerable structural change. Pressure on Hoover's government as a
47 48	156	result of BPP activism led to the breakfast programme's co-optation in the rollout of
49	157	federally-funded school breakfast programmes (Patel 2011). Such articulations of
50 51	158	practical action and political organising suggest counter-possibilities for community
52 53	159	food programmes to engender multi-level change, for bottom-up organising to foster
54 55	160	systemic change, albeit in unpredictable ways. While operating in a different context,
56	161	UK schools are increasingly recognising impacts of food insecurity among families
57 58	162	on young peoples' learning (Joseph Rowntree Foundation, 2017). Where state
59 60	163	entitlements have declined, living costs have risen and employment does not

necessarily protect against poverty. In this context, can wasted food redistribution,
and the politics it generates, foster systemic change while addressing bodily needs?
Debates are underway in the UK as to the kind of solution 'surplus food
redistribution' offers as a response to hunger and/or food waste, and its distribution of
benefits (Caraher & Furey, 2017). The following section explores redistribution as
contesting commodification as a vector of edible food's unnecessary wastage.

# Eating waste as affective activism

Critical food waste scholarship analyses the commodification of food's cosmetic qualities as an aspect of systematic wastage. Commodification facilitates wastage if foodstuffs' exchange value is not realised. Giles (2016) analyses "postcard-perfect" rows of produce in Seattle's Pike Place market as "meta-signifiers" of world-class consumption, exuding an "anthropocentric cosmopolitanism, diametrically opposed to the contingency of a natural world which resists the ontological standardisation of form and function inherent in the commodity" (Giles 2016:84). Theories of affective politics, such as Thrift (2004) on "the manipulation of affect for political ends", can help to account for wasted food's materiality, including the moral discomfort and visceral feelings its presence often prompts. What matters in food's aesthetic festishisation is not the capacity of food-commodities to nourish bodies and uphold subsistence rights, but the logics of capital accumulation, premised on the routine expulsion of 'ex-commodities' (Barnard, 2016). Understanding food's wastage for commercial reasons regardless of its edibility leads social movement activists to acknowledge, articulate, and challenge this logic, demonstrating use values by eating recovered food and bequeathing it an alternative biopolitical trajectory from its commodity form.

Barnard notes the conflation between waste's symbolism and its visceral capacities. arguing that "we are now frequently disgusted by anything labelled 'waste"" (2016:129). For 'freegans' in his study, eating 'polluted' food attempts to symbolically "flip the object of disgust onto the companies that created ex-commodities in the first place" (ibid.). Freegans refracted the 'dirt' of wasted food by visually displaying 'dumpster-dived' foods on sidewalks with speeches decrying the capitalist logics and socio-ecological harm represented by food wastage to passers-by. Patel (2011) notes how the BPP obtained breakfast programme foods from the San 

Francisco Diggers, whose redistribution of wasted food as free public meals constituted a prefigurative politics of demonstrating alternatives to capitalism. The BPP framed their reliance on donated food as a way for businesses to express community care. They envisaged businesses lowering their prices given their analysis of capitalist "robbery", the "ridiculously high prices that we must pay for food, which is necessary for our daily sustenance" (Huey P. Newton Foundation, 2008:39). Contrastingly, Barnard and Mourad (2014) explore how superficially similar acts of redistributing surplus food can enact divergent political repertoires that may or may not be understood/shared by eaters. Food's politicised redistribution bears a long history; activists' analyses of its commodification and material possibilities suggest discursive repertoires that can be compared with the empirical cases explored in this paper. **Reconfiguring the senses** Theorising the activism of Food Not Bombs, Giles argues that food commodities' "material agency" as ripening or bruising amounts to corrupting trajectories towards "matter out of place" that renders food (commercially) waste (2016:84). Barnard notes the dominance of the visual in determining food's status: The fetishism of waste partly comes through our overreliance on sight and misconceptions about hygiene; by adopting new practices and norms, freegans were prefiguring a "post-fetish" world (2016:130) For activists, food recovery means more than material survival, enacting "direct action that challenged the power of retailers to determine what was, and was not, good to eat" (Barnard 2016:127). This prompts us to consider who and what else might have the power to determine what is good to eat, and how. Wasted food's structural, representational and material qualities can be re-configured through practice, and it is practices of food acquisition, handling and teaching that will be considered in relation to the school programme's politics. Here we see opportunities for a PEB analysis of food redistribution practices,

- considering multi-bodied affect as well as the politics of representation and
  knowledge-production around food/eating. Structural forces of different natures and
- <sup>36</sup> 226 scales are acknowledged, for example the role of regulation. US reluctance to
  - 227 legislate for standardised expiry-dates, Barnard argues (2016:127), reflects corporate
- <sup>59</sup> <sub>60</sub> 228 interests, which "make more money when consumers don't trust their senses and

throw out food that has passed a conservative sell-by date". For freegans, challenging
expiry-dates and commercial cosmetic standards to distinguish food from waste
involves the cultivation of embodied discernment of food via the senses. The
embodied knowledge politics through which edibility is conferred by engaging
sensorily with food thus serve as a means to critique government inaction and
corporate greed.

### **EXAMPLE 235** Food safety as praxis

Barnard notes that freegans, ironically, actually know little about where their food comes from and that food may have been wasted because it is unsafe, such as product recalls (Barnard, 2016:128). Food's potential to make people ill constitutes valid anxiety that can hasten food's categorisation as waste in homes (Evans, 2014:47). Freegans' risk-minimisation strategies included careful procedures for washing, preparing and cooking food. One way to compare the politics of food redistribution is thus to examine how different redistributors negotiate ideas, devices and practices for determining wasted food's suitability for feeding to people. Rather than objectively judge food as 'safe' and 'edible', the task here is to analyse redistributors' mediations for knowing good food, and for teaching this to others, which will be later analysed in challenging binary distinctions between redistribution-as-activism and redistribution-as-charity. The next section examines literature critiquing the latter.

## Charitable food redistribution

Unlike activists' de-fetishisation efforts, wasted food provides a vehicle for 'doing good' by charitable organisations, not primarily to critique causes of food wastage, but to feed food-insecure people. North American literature suggests important distinctions between transient, subcultural redistribution by social movements as described above, and institutionalised charitable redistribution. Poppendieck (1998) roots the latter in chaotic origins of utilising food surpluses to provide a temporary solution to the poverty wrought by Reaganomics. This expanded to become highly-resourced, integrated and professionalised foodbanking networks. These, she argues, oversimplify and depoliticise poverty through "cosmetic solutions", redefining the retrenchment of public entitlement as individualised hunger that can be solved by gifts of food (1998:315).

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260 UK debates around responsibilities of government, charity and corporations in 261 addressing poverty through food redistribution have intensified since the onset of 262 post-recessionary austerity Conservative Party policy-making in 2010 (Midgley, 263 2013). Critics have questioned the quality and appropriateness of charitable food 264 (Caraher & Furey, 2017). Power imbalances implied by Patel's description of charity 265 as 'pacification' have been analysed in terms of stigma, shame and powerlessness 266 (van der Horst et al., 2014). While uneven emotional and affective dynamics of food 267 aid encounters have been explored (Williams et al., 2016), less attention has been paid 268 to the visceral realm of wasted charitable food. Critics have, however, shed light on 269 the qualities of donated and wasted food; Tarasuk and Eakin (2005) noted the "limited 270 and highly variable supply of food donations" as a limiting factor of foodbank 271 provision. Van der Horst et al. (2014:1512) note that for some recipients the 272 "experience of poverty is heightened by the content of the food parcels", including regular inclusion of "spoiled food" where expiration dates prompted emotional 273 274 responses to "embodied taboos" around eating 'waste'. Recipients were expected to 275 "overcome...inhibitions" (ibid.) through volunteers educating them about the 276 relevance of expiration dates. This contrasts with the discursive refraction by which 277 freegan activists re-framed food as edible and desirable by challenging 'embodied 278 taboos' around expiry-dates as regulatory constructions, not as flawed individual 279 knowledge.

# 280 Political food ecologies: challenging the activist/charity binary

281 Before turning to our methodology, we bring together some of the strands laid out in 282 identifying a nexus of food politics, ethics and pedagogy that blur the distinction 283 between pacifying and revolutionary. The PEB framework critiques efforts to teach 284 'ethical' food to students whose classed, racialised and gendered 'visceral 285 topographies' may be obscured by pedagogical programmes that aim to broaden 286 learners' foodscapes without acknowledging the structural, representational and 287 material constraints affecting all teaching and learning (Hayes-Conroy and Hayes-288 Conroy, 2013). Critiques of the individualising propensities of charitable 289 redistribution (Poppendieck 1998) can nevertheless be applied to more radical 290 redistribution practices. While 'dumpster diving' for some provides a means to 291 disavow waste resulting from strict cosmetic standards, conservative expiry dates and 292 abundantly-stocked shop shelves, its positing of individual practice in pursuit of more ethical forms of consumption arguably misses the "extent to which these practices are constrained by the existing organization of food production, distribution and consumption" (Mourad & Barnard, 2016).

 The PEB framework, however, embraces the interactions of the structural, discursive and material operations of power and we consider political activity at multiple levels, rather than analyse all consumption-focussed activity as embodying neoliberal strategy. We will thus explore different ways that redistribution organisations configure food qualities, especially safety and edibility, and their political implications. Exploring differences between organisations' more-than-human assembling of food ethics is an attempt to identify spaces for debate around a key question for food justice: how should we regard/utilise wasted food?

As suggested, actors utilise wasted food for different ends, using diverse practical and discursive means for representing and handling food/waste, which translate into distinctive pedagogies of 'knowing food' that can then be taught to others. These range from activists' performances revealing the extent and mundane capitalist logics of food wastage to expanding charitable movements framing wasted food as a resource for addressing poverty. While reflecting distinct political repertoires, they do however overlap and converge in important ways: their reliance on donated food, and their enabling of food access through re-diverting flows of decommodified food. The everyday work of redistribution involves agentic encounters with food items, ideas about that food and more or less explicit engagement with structures that both enable and constrain practices. Patel (2011:129), however, argues that the difference between 'pacification' and 'revolution' lies in the recognition that food provision is not enough to transform food injustices, which requires envisaging and acting upon the scale of injustice through "political education and effective action". He also notes the importance of grappling with gender, race and other intersectional vectors of inequality in the pursuit of radical change. Might UK food redistribution offer a politics of empowerment, solidarity and critique rather than pacification, the disciplinary function served by charities in the neoliberal rollback of redistributive policy (Poppendieck, 1998)? 

In conjunction with theory laid out, our empirics will challenge the activist/charity binary by highlighting differing redistribution organisations' mutual concerns, 

325 challenges and role in an expanding field of food aid. A focus on sensory praxis will
326 draw out this challenged binary by examining pedagogies of teaching food/waste
327 distinctions by two organisations, and by considering how organisations attempted to
328 provide food that was appropriate, desirable, and safe.

# 329 Methodology

Having situated our study in analyses of wasted food redistribution for diverse ends, we introduce the redistribution projects studied. The main focus is the school-educational programme of a network of pay-as-you-feel cafes serving wasted food. Its initial aim was to protest food waste's environmental hazards by demonstrating its extent and needlessness, but several participants also highlighted the network's role in bolstering food access in deprived neighbourhoods. Food is generally acquired through local businesses donating surplus food rather than bin-diving, though activists describe donations as 'interceptions' in a politics of refusal to acknowledge the beneficence of the food industry whose profit-motivated excess, they argue, *causes* wastage. Receiving donations also minimises risks of redistributing unsafe food, which Barnard (2016) notes is a risk of freegan practice.

The programme delivers wasted food to schools, which is subsequently redistributed to families through pay-as-you-feel market stalls manned by parents, teachers and/or children. It aims to alleviate school hunger (e.g. providing morning toast in classrooms) while raising awareness of food wastage. It was co-founded by a school in an area of high deprivation in a city in the north of England, described by the co-ordinator as a "desert" of access to both food and service provision. Organisers lead assemblies and classes to teach children about health, sustainability and entrepreneurship through handling wasted food. The programme also aims to contribute to the network's campaign strategy, "empowering" children to "feel like they have the power to be an activist", as one organiser described. Its aims thus go beyond providing inexpensive foods to families. Further, it hopes to instil changes in children's attitudes and skills around food that it is hoped will help them prevent food waste in their own and others' lives. Research, undertaken from 2015-2016, included a year of participant observation and semi-structured interviews with ten members of the pay-as-you-feel cafe network, including school programme organisers (referred to as 'activist-educators' below). Ethical and time considerations precluded interviewing 

357 children/parents, so interviews aimed to capture organisers' experiences in relatively358 early stages of the programme.

 The school programme's approach is compared with a national charity redistributing wasted food with the explicit aim of alleviating 'food poverty'. It redistributes food from major industry partner-donors to local charities through an expanding infrastructure of warehousing and transportation. It must adhere to the national charity's food-safety guidelines. Fieldwork took place over one year from November 2015, with one regional depot.

Ethics approval for the research was granted by the university and informed consent granted by organisers and participants in all locations. Interviews were recorded, transcribed and analysed, drawing on tools of Critical Grounded Theory (Belfrage & Hauf, 2017) which facilitates attention to structural, discursive and relational/material dimensions. The two organisations' distinct origins, relationships with donors and modes of redistributing food offer ways to consider the political import of differing approaches to distinguishing food from waste through embodied praxis.

# 372 School-based redistribution: depoliticising or meeting immediate needs?

The first question to be addressed empirically is whether community-level food assistance depoliticises structural issues of poverty and waste. Heynen's (2009:408) reminder of the under-theorised mundane, "horrifying reality of hunger" situates urban hunger "within the context of political economy, social reproduction, and poverty". Projects attending to this can thus provide not just vital sustenance but a window onto spatial and structural determinants of hunger. The activist network expressed attention to these, as shown below. Most pay-as-you-feel café network members differentiated themselves from charitable food aid providers, highlighting their primary purpose as campaigning against food waste. One characterised the redistribution charity's donor relationships as "so far up Tesco's arses that they'll never campaign to end food waste" (interview, café organiser, 19/1/16). She nevertheless described differences between cafés' emphases on addressing hunger locally, a point verified by other interviews, suggesting a mutual concern with the charity.

387 While the wider network tended to downplay its hunger relief role, the school
388 programme (just one of the network's multiple conduits for redistributing surplus

food) cites alleviating in-school hunger as a primary aim. The founding school is located in area categorised as in the "bottom 2% of deprivation nationally" (Joe, school staff, interview 25/10/16). Joe described it as a "food desert", with the local supermarket 2.5 miles away. With most parents lacking a car, the £5 cost of taxis and buses to the shops meant less money to spend on healthier foods. The "medium of food", Joe suggested, was a means to engage parents in the school community, including its provision of English lessons, housing and welfare services. With over forty languages spoken by the school's families, he acknowledged multiple forms of deprivation affecting the school's refugee and asylum-seeking families. Joe's analyses reflect sensitivity of school staff to the structural determinants of hunger affecting pupils in their familial and geographical contexts. Staff have, alongside the activist network, advocated for income-based solutions by participating in national campaigns to address school-related hunger.

However, everyday activities raise questions about the appropriateness of surplus food market stalls, even if situated in broader political discourse. Food deliveries to schools are pre-sorted by volunteers of the café/activist network to ensure no highrisk food (bearing a 'use-by' date or needing refrigeration) is included. Schools receive a mixture of fruits/vegetables, bread/"cereal-type items" and "treats". While the network has secured enough donors to allow some predictability, and families are able to choose what to take, supplies are still dependent on available surpluses and can reflect the highly-processed, highly-packaged products one often encountered in redistribution spaces throughout the research. The 'market' is not intended to meet families' full food needs, and schools may use food internally for classroom learning or morning toast. While boosting food access, the stall nevertheless offers a partial and contingent source of food rather than fulfilling the human right to food, a challenge similarly levelled at charitable foodbanking (Tarasuk & Eakin, 2005). The pay-as-you-feel model of accessing food was noted in some interviews to be

415 The pay-as-you-feel model of accessing food was noted in some interviews to be 51 416 confusing and even frustrating for certain 'shoppers', prompting questions around the 52 417 nuances of re-marketising food in school settings. Intended as a redistribution model 54 418 that does not require referrals to foodbanks and is thus available to anybody, it 55 419 nevertheless re-confers an exchange value onto food where the normative mode of 58 420 paying is with money (rather than 'skills or time', which the organisation also invites 59 421 as means of paying). In line with Barnard and Mourad's (2014) argument that food

waste activists' political repertoires may not be apparent to those receiving the food, the market stall could become seen as just one more node in an expanding network of charitable feeding. These points suggest the capacity of schools to bolster communities' access to food and other services, but also the latent disciplinarity of this extension of pastoral care to parents and the wider community. Engaging parents in the job-searching, financial literacy and upskilling techniques of austerity Workfare-style contemporary welfare through the 'medium of food' suggests a need for critical attention to responsibilities of the state, through schools, in providing welfare services. Little evidence appeared from initial interviews of a coordinated political strategy that engaged families, schools and activists, without which Patel (2011) suggests food distribution can remain 'pacifying', leaving structural determinants of hunger/waste largely unchallenged. How does the redistribution charity's model compare? First, it delivers food to a range of organisations whose varied political work can be seeing as "flying in under the cover" of the charity, as Henderson (2004) skilfully argued of the articulations between depoliticised charities and those they serve. Interviews revealed a diversity

of workers' beliefs about structural causes of hunger/waste, and motivations to
address these. Fundamentally, however, the charity's key priorities were upholding
donor relations, expanding infrastructure and regulatory compliance priorities, not
campaigning. While workers learned about problems including school hunger and
geographical deprivation through their articulations and engagements with recipients,
the charity's key remit remains alleviating need through food provision, not structural
change.

We now turn to examine the visceral pedagogies through which wasted food was
(re)configured through experiential learning, using the PEB framework to consider
such learning on the de/politicisation spectrum outlined in Biltekoff's (2016) analysis
of curricular design.

449 Viscerally learning food

As noted, the 'curation' of schools' food deliveries at the redistribution network's
warehouses yields some consistency in type/quality and may prompt questioning
among children as to why visibly-edible food has been thrown away, and what might
be done with it. Pupils' receiving and re-sorting food for their market stall entails

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visceral engagement with food. By handling and exploring its affective qualities, food's designation as 'waste' can thus be reconfigured. Food thus arrives at the school as ontologically plural, as not simply a commodity or nourishment, but the result of a systemic journey of wastage and recovery, as explained in tailored classes. Activist-educator Tim designed lessons to challenge 'embodied taboos' around, for example, past-dated food. He described a pupil complaining that the food was "just manky bananas", so planned an initial lesson to ...remove anything that children would have already thought...like for example the manky banana comment; they think that it's just gonna be out-of-date food. (Tim, activist-educator, interview 26/10/17) Playful tactility prompted disgust reactions: I take a squishy banana, one that's slightly bruised...and get them to pass it around...it's like a hot potato, like urgh, urgh, and they want to pass it on as quickly as possible (Tim) Disgust was then challenged through preparation practices, re-tooling the 'manky' banana by blending it into a smoothie for everyone to taste. Such touch-sight-taste reconfigurations provided visceral opportunities to (potentially) counter preconceptions. Contrasting effects of food on visual and gustatory receptors provide potential openings/blockages in the holistic assemblage that is motivation to try foods. These learning encounters create shared spaces for children's diverse 'visceral topographies' to be re-traced, perhaps challenging visual and haptic food judgements through food practices and tasting. Fostering 'healthy' connections with food Handling less-than-perfect foods was thus intended to widen children's affective repertoires with food. Educators aimed to foster bodily habits of engaging with food to be better able to discern, sense, and appreciate food's qualities: as edible, healthy, desirable. Fruits and vegetables were frequently mentioned as suited to sensory learning, suggesting the programme's alignment with dominant curricular concerns around 'healthy' eating. However, foods were re-contextualised as connective actants

- in food systems where 'health' emerges relationally rather than residing in individuals
- (Biltekoff, 2016). During an activity where children tried to place food in familiar categories, Nik re-positioned children's surprise at learning cucumbers as fruit within a narrative of food-plants' teleologies:
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We talk about...actually what's a fruit for...if you understand [that] then you'll understand why it's very nutritious 'cause the whole point of the fruit is to feed the little seedling and so it's all about making those connections about actually, this is not just something that you put in your mouth and it tastes a certain way. it might grow a bit or whatever else; there's a whole lot more to it...(Nik) Nik thus reframed fruit as more-than-food: a relational "material-semiotic actor" (Haraway, 1988) whose 'job' is to do more than feed humans. Here, multi-sensory engagement implied more than intensified sensory receptivity, by layering cognitive knowledge *about* food with immediate sensation. **Co-creating knowledge?** Biltekoff notes how the 'Real Food' curriculum cast pupils not as passive recipients of knowledge but as co-creators of learning rooted in their broader foodscapes. While Tim acknowledged children's preconceptions, activist-educator Nik framed children's prior food knowledge as lacking: "before I go into the classroom, if you ask someone where food comes from, it comes from a shelf in a shop and before that it becomes a bit of a...dark grey hole". Learner-subject's 'grey holes' suggest blank slates for the inscription of food systems knowledge. This masks somewhat the complexities of children's prior ways of knowing food, perhaps the materiality of past shopping trips, and partially obscures the co-constructive, contestable nature of learning given children's diverse 'visceral topographies'. However, one organiser mentioned parents being invited to food waste assemblies, suggesting attention to children's wider foodscapes, and the relationships that populate them. Sensing food/waste Foods' changing qualities as they degrade were instrumentalised to reconfigure assumptions about food-as-waste using visual, olfactory and even auditory cues. Children were encouraged to suggest how they might use different sense modalities to determine whether food is "good to eat": There'll usually be one person who knows about tapping a melon...every sense will have a...relevant application to understanding whether the food is ripe or rotten (Nik) Mushrooms' "stink" prompted giggles, prompting Nik to recast disgust reactions through re-framing the mushroom as a "fungal fruit". Yellowing broccoli was re-framed as a "bunch of flowers" opening up. New ways of seeing, handling and

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2 3 4	520	describing food were thus presented, aiming to widen children's acceptance of
5 6	521	imperfect food as potential nourishment but also ecologically conscious consumption.
7 8	522	Situating food safety
9 10	523	Activist-educators aimed to teach food safety as a contextual matter of interpretating
11 12	524	regulatory determinants of waste. Improving expiry-date literacy has been an aim of
13 14	525	government research and behaviour-change programmes around food waste
15	526	(Lyndhurst, 2008). One organiser asked children to discuss their understanding of
16 17 18	527	different expiry-dates:
19 20	528 529	What it does is create confusion, and that's probably the best word to describe how dates work on food in this country, confusion(Tim, 26/10/2016)
21 22	530	After explaining differences between 'use-by' and 'best-before' expiry-dates (Milne
23 24	531	2012), children were encouraged to consider them in context:
25 26 27 28	532 533 534	We use the exampleif there's two pieces of meatone's been stored in the fridge, one's been out in the sun- they're both still within the use-by date- can you eat them both? (Tim)
29 30	535	He reported that most children would reply "yes", suggesting primacy of the expiry-
31 32	536	date as a mode for interpreting edibility. He would tell them:
33 34 35 36	537 538 539	'no, you can't, because it hasn't been stored correctly, and actually you don't know how your food's been stored up to the point you get it'we're really pushing that confidence and use of their senses as much as they can(Tim)
37 38	540	Contextual re-presentation aimed to destabilise the expiry-date's authority and 'push'
39	541	different kinds of confidence, by enacting sensorial, emotional and situated
40 41 42	542	knowledge (Haraway, 1988).
43	543	Food regulation has often followed crises of public trust in food systems following
44 45	544	'scandals' rooted in intensive production (Milne, 2012). Contra the scientific
46 47	545	expertise congealed in expiry-dates, activists' beliefs that such technologies arbitrarily
48	546	contribute to unnecessary waste prompted other kinds of knowing to take precedence
49 50 51	547	in their pedagogies of knowing food:
52 53 54 55	548 549 550	[sensory engagement]'s also an alternative way to understand when something's still good to eat- that if you don't want to look at that stupid date then what do you do then? (Nik)
56	551	Activist-educators did account for children's diverse prior knowledge. Nik suspected
57 58	552	that children knowing precisely what different dates mean was "informed by a family
59 60	553	having to do that [eat past-date foods] rather than having made the ethical choice but

informed by not really having that much money to spend", while other children
expressed "overly strict behaviour around dates". While describing expiry-dates as
'stupid' expresses frustrated belief that they cause unnecessary waste, educators thus
recognised the limitations of individualising children's behaviour given its rootedness
in their variable foodscapes and the ways thriftiness may well already figure highly in
families' strategies to cope with food insecurity.

## 560 Charitable food: date-adherence as preserving dignity?

How does the redistribution charity position food safety? It does not distribute past-date food, reflecting concerns around donor compliance but also about the quality and reputational implications of redistributed food. Following a briefing paper suggesting the "inferior choice, accessibility and (nutritional) guality" of redistributed surplus food (Caraher & Furey, 2017:13), the charity communicated via social media that it distributes nutritious, in-date, desirable food. Staff frequently emphasised that it delivered food to organisations cooking meals rather than giving food bags, emphasising provision of commensal, familial, 'proper' food. Redistributing fresh produce was described as a way to provide healthy-yet-compliant food, with loose produce not requiring an expiry-date. This non-requirement lends space for more contextual practice; warehouse manager Graham maximised the opportunities it afforded for removing packaging. He argued that much produce comes in "its own packaging" and can be sorted by its sensory qualities. He combined concern for preserving recipients' dignity by providing fresh, high-quality food with skills to predict temporalities of fresh produce's capacity to degrade.

[charity clients] don't want fruit and veg sorted to a low standard...four days later we finally get it to the customer and the next day...they open the cupboard...and go "why have they given me a bag of mush?" It's gotta be good standards from the start, and it's respect as well. You're feeding people in need-oh, here's some rotten old crap for you...(Graham, interview, 14/11/2016) The inferred 'neediness' of eventual food recipients was thus invoked in justifying sorting practices that required volunteers to follow expiry-dates but also their embodied skill in knowing food in its present and predicted future state. Unlike the school programme, the charity model does not permit such close engagement between redistributors, eventual eaters and the visceral affordances of food. However, Graham and other food sorters' care-ful praxis suggests that eventual eaters' sensory 

experiences were indeed a concern that commanded volunteers' own embodied and sensory labours.

# Affective assemblages as politics?

How might we analyse these multiple positionings of food and children politically? The activist network taught food materialities as contextual and systemic, involving visceral contact with food items and cognitive learning about food systems, safety and health. Classroom sessions constituted amalgams of images, imaginings, narratives, and tactilities, glued together by the intimate group setting and atmosphere of excitement. This recalls Bennett's conceptualisation of 'vibrant matter' as 'conative bodies', from whose mutually "confederate agency" new sympathies between bodies might arise (Bennett, 2010). Bennett locates political action in the emergence of publics, "groups of bodies with the capacity to affect and be affected", whose experience/articulation of shared harms prompts engagement in "new acts that will restore their power", albeit with unpredictable consequences (2010:101). Similarly, volunteers sorting food in charitable spaces expressed affective and discursive re-learnings of food with potential consequences both for eventual eaters and their own foodscapes. Politics viewed thus is immanent in the micro-encounter of intimate person-food relating as well as systemic knowledge and policy change. Crafting close encounters for children and food lends space for a processual, more distributed kind of ethics than the charitable ethic of giving/receiving based on a narrow conceptualisation of 'need', recalling a Foucauldian distinction between ethics and morality (Foucault, 1997).

While inferring potential for 'vibrant encounters' to transform children's intimate relationships with food, different children may not experience the same 'participatory' space in the same way (Kraftl, 2013:15). Activist-educators tended to problematise children's/families food choices and behaviours as sites for transformation, hoping that this might galvanise future activism towards eliminating food waste. Meanwhile, however, structural limitations upon foodscapes persist: neighbourhood deprivation, food access and immigration status among others. Families' capacities to join/form 'groups of bodies' united against the 'shared harms' of wasted food and hunger require, first and foremost, their acquiring adequate food and other resources to metabolise social reproduction. Bennett's theorisation of the political promise of more-than-

human confederacies challenges the instrumentalising of matter (including food) that "feeds human hubris and our earth-destroying fantasies of conquest and consumption" (2010:ix). This injects ecological hope into efforts to nurture more vibrant person-food relationships through food redistribution. However, it obscures humans' different propensities for hubris, where such 'fantasies of...consumption' may emerge from experiencing prolonged deprivation. PEB's attention to political-economic structures is here recalled, in recognition of the ever-urgent task of countering welfare retrenchment and systemic inequality. The distinctive political ontology of Bennett and others' materialism is hard to reconcile with a Marxist critique. However, embracing both, we can see wasted food redistribution as meeting bodily needs and potentially instigating political action at unexpected sites, shedding light on diverse forms of uneven urban development whose transformation might prevent growing reliance on food charity and projects dependent on unsustainable supplies of surplus food.

### 633 Conclusion

 Our analysis suggests that activist-educators and charity redistributors drew upon both visceral and regulatory techniques for distinguishing food from waste. Haptic, gustatory, olfactory, visual and even auditory engagements with food allowed both activist and charity volunteers to separate food from the beyond-the-pale in an effort to redistribute 'good' food. Wasted food's journey is mediated by complexes of bodies, infrastructures, regulations, practices and discourses that escape the activist/charity binary. The PEB framework acknowledges structural, discursive and material factors not as separate but interacting. Expiry-dates are determined by law and corporate production processes, but learners and educators' knowledge and attitudes towards their relevance vary for diverse reasons. Sensual engagement with food may accompany attention to expiry-dates, while embodied practices of cutting, cooking and storing food interact with such cognitive attention and regulatory rendering of responsibility for food management.

647 We have presented tensions between ethical possibilities opened up by close
648 engagement with wasted foods and the risks of prioritising individual food choices as
649 a means to address hunger/waste. While activists sought to redefine ex-commodified
650 food as vibrant matter through which to kindle new, potentially-transgressive kinds of

#### **Policy Futures in Education**

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651 food-body knowing, the charity's purpose in handling food was not only based on 652 engagement with recipients but also to maintain donor compliance and justify a 653 reputation as providing adequate food. On the other hand, the diverse organisations 654 receiving the charity's food could be using it for radical community work, from 655 feeding unmet needs for food to fostering networks of solidarity at different 'community' scales including national and global campaigns. 656 657 Food not only is connection, but does connecting, and both activist and charitable 658 redistribution makes such connections possible. However, the charity's public-facing 659 emphasis on growing quantities redistributed or people fed suggests its lack of engagement with food's resonant qualities and affordances for critiquing/transforming 660 661 food systems. The school programme, while it risks being perceived as another form 662 of charitable food assistance, created collective spaces for reflecting upon food and its 663 systemic transformations and possibilities. Food waste pedagogies could potentially 664 go beyond de-fetishising food, towards interrogating human fascinations with food 665 commodities and their consumption (Bennett, 2001) and recognising 'reflexive 666 consciousness' of the ethical food consumer as a classed modality (Guthman, 2003). Ultimately, wasted food redistribution reflects and responds to deep economic 667 668 imbalances. Redistribution actors' knowledge of injustices affecting the communities 669 they feed constitutes vital grounds for redistribution practices that nourish minded-670 bodies, public critique and, through reflexive alliance-building, transform food 671 (re)distribution structures.

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