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Title	Effects of different heel heights on lower extremity joint loading in experienced and in-experienced users: A musculoskeletal simulation analysis
Type	Article
URL	https://clok.uclan.ac.uk/id/eprint/25781/
DOI	https://doi.org/10.1007/s11332-019-00534-4
Date	2019
Citation	Sinclair, Jonathan Kenneth, Brooks, Darrell and Butters, Bobbie (2019) Effects of different heel heights on lower extremity joint loading in experienced and in-experienced users: A musculoskeletal simulation analysis. Sport Sciences for Health. ISSN 1824-7490
Creators	Sinclair, Jonathan Kenneth, Brooks, Darrell and Butters, Bobbie

It is advisable to refer to the publisher's version if you intend to cite from the work. https://doi.org/10.1007/s11332-019-00534-4

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Table 2: Muscle-tendon length parameters (Mean & standard deviations) as a function of experience and heel height. \*

	Experienced									In-Experienced								
	High		Medium		Low		Trainer		High		Medium		Low		Trainer		<b>MCID</b>	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD										
Soleus (cm)	27.53 вср	0.54	28.63 ACD	0.40	28.80 <i>ABD</i>	0.46	29.99 <i>ABC</i>	0.25	28.04 вср	1.33	28.50 ACD	0.43	28.78 <i>ABD</i>	0.31	29.92 <i>ABC</i>	0.25	0.01	*
Lateral gastrocnemius (cm)	42.19 <i>BCD</i>	0.49	43.41 <i>ACD</i>	0.28	43.70 <i>ABD</i>	0.43	44.93 <i>ABC</i>	0.28	42.71 <i>BCD</i>	1.25	43.37 <i>ACD</i>	0.44	43.65 <i>ABD</i>	0.34	44.84 <i>ABC</i>	0.29	0.01	*
Medial gastrocnemius (cm)	42.60 вср	0.48	43.79 <i>ACD</i>	0.28	44.08 <i>ABD</i>	0.42	45.29 <i>ABC</i>	0.28	43.11 вср	1.22	43.75 ACD	0.43	44.02 <i>ABD</i>	0.33	45.19 <i>ABC</i>	0.29	0.01	*

\* = main effect of FOOTWEAR

A = significantly different from high
B = significantly different from medium
C = significantly different from low
D = significantly different from trainer