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## A novel accessory safety foot-switch permitting dual-control of surgical electrical diathermy: an asset in risk management in surgical training?

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## Abstract

### Introduction

Human error contributes to the majority of adverse events in the operating theatre environment. Many processes exist to limit the incidence of such adverse events. However, the role of technology and device advancement has been limited in this respect.

### Methods

A dual-controlled accessory electrical diathermy foot switch (Abortive diathermy foot switch device or ADF) concept was developed in an attempt to improve patient safety in theatre. The activation of the ADF allows a senior surgeon to control the activation of diathermy devices by a junior surgeon by deactivating diathermy devices when the ADF footswitch is operated.

### Results

The ADF device was constructed as a final working and tested prototype in association with the local medical engineering department at the Cumberland Infirmary in Carlisle. The device was clinically tested during two separate theatre sessions involving five elective laparoscopic cholecystectomies.

### Conclusions

We demonstrated the feasibility and functionality of the ADF device and propose a role in surgical training through potentially limiting surgical errors associated with the use of electrical diathermy during training and expanding accessible surgical experience.

## Introduction

Human error and communication failures cause or contribute to most adverse events in the operating theatre. Risk management processes have always been a crucial component in the modern medical system [1, 2]. Communication failures in particular are common in the operating theatre and are the leading root cause of adverse events that can result in patient harm [3-12]. In one study, 30% of intraoperative miscommunications resulted in a partial failure (e.g. poor timing, missing or inaccurate content, ineffective communication resulting in failure to resolve the issue) [6]. In order to address these failures processes were developed including timeouts, debriefings and checklists (WHO checklist being a prominent example and which incorporates the former two processes) [13, 14].

A conventional way of activating energy devices in the surgical operating theatre is the use of a foot or hand controlled switch. In the case of the footswitch this allows the operating surgeon to handle the energy device and other instruments at the same time. Energy devices are essential in allowing tissue dissection and maintaining haemostasis across many surgical disciplines for more than a century. From a safety perspective, complications due to energy-based devices are primarily related to thermal burns, haemorrhage, device failure, and fire [15]. Electrosurgery-related complications are relatively common, occurring in 2 to 5 per 1000 procedures [16]. The complication rate appears to be related to surgical experience, reaching a plateau after approximately 60 procedures [17].

When considering surgical training needs at the early spectrum of surgical training it is plausible to consider that early focused experience may shift the surgical learning curve to the left by leading to rapid accomplishment of surgical competencies. Traditionally more light is shed on the number of

logbook cases rather than the individual of surgical involvement and quality/intensity of surgical supervision. This is mainly due to the fact that some of the latter factors are qualitative and difficult to measure.

The present paper describes the process of designing, rendering and the assembly of a novel device that is intended to allow senior surgeons to exert greater control in the training environment and potentially alter some of the undesirable metrics described above. To allow distinctive reference to the device we have chosen to call it the abortive diathermy footswitch (ADF).

## Materials and Methods

The primary purpose of the ADF is to allow a second surgeon (usually senior or more experienced) to control the activation of energy devices by junior or trainee surgeons by utilising a secondary or an accessory foot or hand switch mechanism. Whilst in training it is understandable that junior trainees are still in a learning curve in terms of their experience and in view of that there is a potential of commission of errors.

The idea behind the device was realised following an experience by one of authors when he was a trainee performing a laparoscopic cholecystectomy under supervision by a senior surgeon. While the gallbladder was dissected off the gallbladder bed the wall of the gallbladder was inadvertently picked by the laparoscopic hook. This was recognised by the senior surgeon who promptly highlighted the error but only after the diathermy current was activated resulting in a hole in the gallbladder wall and subsequent leakage of bile.

*Developing earlier (proof of principle) prototype iterations (2015-16)*

The first concept was built around developing a device allowing an experienced surgeon to control the use of energy devices. Earlier prototypes demonstrated this principle in the form of a custom designed hand controlled diathermy pencil that allows connectivity to a second hand or foot controlled switch operated by the experienced surgeon. In this case every time this facility is needed the device cannot be reused and will have to be disposed of. This would in turn raise questions concerning costs and uptake of the device given that such a device is an accessory rather than an essential component of surgical diathermy.

### *Revised working prototype version (2017-18)*

The ADF prototype was revised to allow the accomplishment of the same dual control principles while addressing practical issues that can govern its application. Figure 1 provides a view of the standard diathermy footswitch setup connected to the diathermy generator. In contrast, the ADF prototype included a non-disposable setup utilising foot controlled switches (Figure 2: Yellow and blue circular pedals are the primary footswitches operated by the junior surgeon and the single rectangular accessory pedal is operated by senior surgeons) that can be connected directly to the energy device generator with an intervening (T connecting) control switch box (Figure 3). A provisional US patent has been obtained at this stage that included the final device setup as well as variations of the original concept.

## Results

### *Device development*

After finalising the determined concept and function of the device being aided by earlier iterations the medical engineering department was consulted to develop the device. A process of sourcing and assembly of the ADF device components was initiated. The components included the accessory

footswitch, an electrical switch enclosure box that connects the accessory footswitch to the primary footswitch. Within the electrical switch enclosure box a Normally Closed (NC) switch (an essential electrical component allowing the required function of the accessory switch) was incorporated. When activated by the accessory footswitch this will open the circuit and deactivate the energy source device activated by a second operator (trainee or resident surgeon).

Therefore, the default system belongs to the trainee or resident surgeon who would activate the energy device using a primary footswitch but that could be interrupted when an experienced surgeon activates the accessory footswitch. In this case the accessory footswitch will have an emergency 'stop' function.

### *Approval and testing standards*

The device was finalised and approved for use by the medical engineering department after it passed electrical testing standard requirements. Due to the inherent classification of the device as a low risk device it fell under the Medicines and Health Regulation Authority (MHRA) guidelines that allow in house manufacturing and clinical use of low risk devices without need to resort to clinical trials.

The NHS (Health Research Authority) Research Ethical Committee decision on the need of ethical approval was sought and the authors received a confirmation that and NHS research ethical approval is not needed. The authors retain confirmatory evidence of this. Further approval was sought at the level of the local clinical governance department at the Cumberland Infirmary, Carlisle, United Kingdom. A confirmation was received that no former approval was required to undertake this clinical evaluation.

### *Pilot clinical evaluation*

Prior to use and installation a verbal briefing was given to the relevant theatre staff about the introduction of the ADF device, its basic functionality and installation instructions. The ADF device was installed by one of the authors and developer of the device by connecting it to the Covidien ValleyLab force triad diathermy generator and the primary footswitch was connected to the electrical switch enclosure box (figure).

The ADF device was utilised during two elective theatre lists including five elective laparoscopic cholecystectomies that were at least partly performed by a trainee surgeon who was supervised by a consultant surgeon. One of the theatre lists was in the main theatre department while the other was in the day surgery theatre department.

The ADF device was activated on multiple occasions mainly to direct the trainee surgeon to modify his dissection strategy. There were no instances where specific surgical errors were committed and there were no near-miss incidents. In each of these occasions the ADF device continued to function properly during the aforementioned procedures. No specific adverse events were noted throughout the period of use. When not in use the device was initially stored in a tray underneath the generator but it was later left connected to the generator to encourage repeated use on the basis that the primary footswitch retains its basic functionality even if it was still connected to the device. This however led to a logistical issue when the entire generator was moved to other theatres utilised by other specialties.

## **Discussion**



Consequences of surgical errors may be significant and may result in permanent harm or even a risk to the life of patients [18, 19]. These direct action based surgical errors are not well reported in literature due to multiple factors including difficulty in quantifying such errors, the late onset of some of their associated complications (e.g. intestinal injury) and medicolegal implications [18]. When considering the theatre environment itself industrial tools are lacking in allowing a safer transition in the adoption of surgical skills. We propose that the ADF device may play a role in that respect and may primarily represent an asset in limiting action based and communication based errors.

The conventional way of managing that risk in the context of surgical training in the operating theatre is through direct commands by senior surgeons instructing the perceived correct way of utilising energy sources during each step of a surgical procedure. However, this has to be made in a timely fashion raising the prospect of harm being done if prompts are not passed through quickly as described in the real life example described above. In addition it is notable that if a certain degree of risk or difficulty is perceived during any given operation the senior surgeon may take over thus reducing the risk of training opportunities.

### *“Error of omission” of surgical training opportunities?*

When considering that every surgical procedure represents a potential for acquisition of vital surgical skills it is reasonable to evaluate the reasons that can limit surgical training opportunities. Two of the commonest causes of such missed surgical opportunities include the perception that trainees may initially lack surgical experience or skills to permit them to accomplish certain parts of a given procedure or that the operation (or part of the operation) may be considered to be more complex and may exceed the ability of (even more senior) trainees. In that context both junior and senior trainees may be affected and thus the ADF device primary impact could be viewed as a risk management tool

that can reduce the risk of error omission by omitting surgical training opportunities altogether in specific circumstances.

It is recognisable that the threshold above which senior operators take over a surgical case is a subjective metric and varies between individual senior surgeons involved. Through the development of the ADF device such threshold may be raised with the knowledge that senior surgeons can now exert greater control on the use of energy devices by their trainees. However we anticipate that not all surgeons may consider that there is a place for it in their training practice and it may be adopted by a risk averse subgroup of surgeons.

## Conclusion

We conclude that the use of our dual-controlled accessory ADF foot switch device (and potentially expanding its use to various energy devices) may be a safety asset in surgical training by encouraging senior surgeons to provide a more inclusive surgical experience to trainees. The role of the ADF device in the operating theatre is palpable given its basic functionality and may be more significant in expanding training opportunities in the operating theatre rather than just simply considered to be an error preventing tool.

## Contributorship

Abdalla Eisawi contributed to the planning, conduct and reporting of the work described in the article.

Abdalla Eisawi is responsible for the overall content as a guarantor. Myat Aung contributed to the planning and conduct of the work. Ruben Canelo contributed to the planning and conduct of the work.

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## Competing Interests

None declared

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