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# Prescribing emollients: answers

Janice Ann Davies

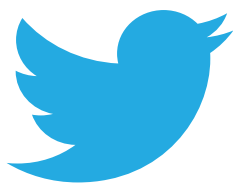
## QUESTION 1

Complete the table (Table 2, page 484) with the quantity of emollient to prescribe for eczema for one month.

The answers can be seen in Table 3.

**Table 3. Prescribing emollient for eczema for one month**

Emollient	Pack sizes available	Adult or child	Body part affected	Quantity to prescribe for one month
Exocream	50g, 500g	Adult	Face	60-120g (could try 2 x 50g)
Epimax ExCetra cream	100g, 500g	Child	Whole body	2 to 4 x 500g
Epimax Oatmeal cream	500g	Adult	Trunk	1600g (could try 3 x 500g)
Epimax Original cream	100g, 500g	Adult	Both legs	400-800g (could try 1 x 500g)
Zero Double gel	100g, 500g	Child	Whole Body	2 to 4 x 500g
Zeroderm ointment	125g, 500g	Adult	Both hands	100-200g (could try 125g)
Epimax ointment	125g, 500g	Child	Whole body	2-4 x 500g
Cetraben	125g, 450g	Child	Whole body	1000g to 2000g (could try two to 5 x 450g)
Hydromol ointment	125g, 500g	Adult	Mild dry skin on both legs	none – self care



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