



Article

Prescribing emollients

Davies, Janice Anne

Available at <http://clock.uclan.ac.uk/34820/>

Davies, Janice Anne (2020) Prescribing emollients. Journal of Prescribing Practice, 2 (9). p. 484. ISSN 2631-8385

It is advisable to refer to the publisher's version if you intend to cite from the work.
10.12968/jprp.2020.2.9.484

For more information about UCLan's research in this area go to
<http://www.uclan.ac.uk/researchgroups/> and search for <name of research Group>.

For information about Research generally at UCLan please go to
<http://www.uclan.ac.uk/research/>

All outputs in CLoK are protected by Intellectual Property Rights law, including Copyright law. Copyright, IPR and Moral Rights for the works on this site are retained by the individual authors and/or other copyright owners. Terms and conditions for use of this material are defined in the [policies](#) page.

Prescribing emollients: answers

Janice Ann Davies

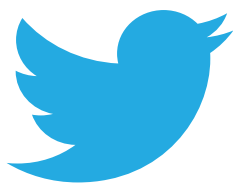
QUESTION 1

Complete the table (Table 2, page 484) with the quantity of emollient to prescribe for eczema for one month.

The answers can be seen in Table 3.

Table 3. Prescribing emollient for eczema for one month

Emollient	Pack sizes available	Adult or child	Body part affected	Quantity to prescribe for one month
Exocream	50g, 500g	Adult	Face	60-120g (could try 2 x 50g)
Epimax ExCetra cream	100g, 500g	Child	Whole body	2 to 4 x 500g
Epimax Oatmeal cream	500g	Adult	Trunk	1600g (could try 3 x 500g)
Epimax Original cream	100g, 500g	Adult	Both legs	400-800g (could try 1 x 500g)
Zero Double gel	100g, 500g	Child	Whole Body	2 to 4 x 500g
Zeroderm ointment	125g, 500g	Adult	Both hands	100-200g (could try 125g)
Epimax ointment	125g, 500g	Child	Whole body	2-4 x 500g
Cetaben	125g, 450g	Child	Whole body	1000g to 2000g (could try two to 5 x 450g)
Hydromol ointment	125g, 500g	Adult	Mild dry skin on both legs	none – self care



Journal of
Prescribing Practice
@PrescribingPrac

Follow *Journal of Prescribing Practice* on Twitter