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Structure-properties relationships in alkaline treated rice husk reinforced thermoplastic cassava starch biocomposites

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Abstract

The study focuses on structure-properties relationships in thermoplastic cassava starch (TPS) based biocomposites comprising 5-20 wt% of untreated and treated rice husk (RH). Alkaline treatment with 11 % w/v NaOH removed the hemicellulose layer of RH as confirmed by Fourier-transform infrared spectroscopy (FTIR) and thermogravimetric analysis (TGA), and resulted in a larger population of –OH groups exposing on the fibril surface. Consequently, the filler-matrix interactions between treated RH and TPS were enhanced, although Brunauer-Emmett-Teller surface area analysis indicated that the surface area of treated RH was not increased. Interestingly, the biocomposites contained 20 wt% treated RH showed substantially improved tensile strength by a factor of 220% compared to the neat TPS. The biocomposite at 15 wt% treated RH showed high water absorption. TPS with all treated RH contents showed high biodegradation rate, while the thermal stability of the TPS/treated RH biocomposites was slightly decreased. These novel **composites** showed promising properties for applications as absorbents.

Keywords: thermoplastic cassava starch; surface treated; biodegradable

1. Introduction

An increasing number of countries have introduced regulations and laws of banning disposable plastics [1]. To that end, particular emphasis is given to natural fiber-reinforced degradable matrices, such as poly(lactic acid), poly(butylene succinate), polyhydroxybutyrate, and thermoplastic starch [2]. A range of starch-based biodegradable polymer composites have been investigated including okra-cellulosic fiber/corn starch [3], kenaf/starch [4], laver/starch [5], untreated bagasse/cassava starch [6], treated bagasse/cassava starch [7], luffa/cassava starch [8], cellulose fiber derived from newspaper/corn starch [9], wood fiber/potato starch [10], and almond shell/starch-based polymer composites [11].

Starch is a completely biodegradable polysaccharide and one of the most abundant renewable resources. It is a crystalline material consisting of linear amylose and highly branched amylopectin [12]. Thermoplastic starch absorbs water readily and has poor thermal and mechanical properties compared to synthetic polymers. However, plasticizers such as glycerol and additives such as luffa fibers [8] and rubber wood sawdust [13] were reported to improve its tensile strength, thermal stability, and water resistance.

Natural fibers are of particular interest due to their low density, biodegradability, reduced production of ash during incineration, and good adhesion of fiber-polar polymer matrix, such as starches and proteins. The most abundant natural fibers are cellulose (a semi-crystalline polysaccharide), lignin (a polymer composed of propyl phenol units) and hemicellulose (a cementing substance between cellulose and lignin). Cellulose and hemicellulose are hydrophilic, while lignin is relatively hydrophobic [14]. Plant fibers are typically derived from leaf (e.g. sisal), bast (e.g. flax, jute, and hemp), grass and reed fibers (e.g. rice husk), core fibers (e.g. hemp, jute, and kenaf), and seed fibers (e.g. cotton and coir) [1].

Natural fibers are promising reinforcement agents for polymer composites, due to their low production cost, energy-efficient nature and environmental friendliness [15]. A promising strategy to overcome their rather poor mechanical properties relies on the introduction of surface-treated fiber by means of by alkaline, silane, peroxide [15], acid, and ultraviolet-ozonolysis treatment [16]. Alkaline treatment is the most frequently applied method that leads to increased surface roughness and, thereby, improved mechanical properties of fibers [15].

Rice husk (RH) is a byproduct from rice processing and separated from the grain during the milling process. The main components of RH are cellulose (25-35%), hemicellulose (18-21%), lignin (26-31%), silica (15-17%), solubles (2-5%), and moisture (ca. 7.5%) [17-20]. Silica (SiO_2) is intrinsic to the outer layer of RH [21]. The use of RH as a reinforcement in biocomposites is increasing rapidly [16]. Alkaline is the most common surface treatment of RH [22]. Alkaline treatment using sodium hydroxide (NaOH) depolymerized the cellulose component of RH, exposing short length crystallites. Alkaline treatment removed certain amounts of lignin, wax, and oils from the outer surface of cell walls of RH fiber [23]. A number of reports explored the use of alkaline treated fiber. For example, Ndazi et al. modified RH with 2-8 % w/v NaOH solution at 25°C for 24 h then used it to reinforce phenol formaldehyde resin [24]. The removal of carbonyl groups and SiO_2 , observed by Fourier transform infrared spectrometer in attenuated total reflectance mode (ATR-FTIR), improved the interfacial bonding between RH and resin, hence the modulus of elasticity increased. Kaewtatip and Thongmee studied the TPS/treated bagasse fiber composites [7]. The bagasse fiber was treated by low alkaline concentration (1 wt% NaOH). The rough surfaces of treated bagasse caused the strong adhesion between the fiber and TPS matrix observed by scanning electron microscopy (SEM). The addition of treated bagasse fiber decreased the water absorption of the composites. Royan et al. prepared 2 %w/v NaOH

treated RH reinforced high density polyethylene (HDPE) [16]. Surface treated RH was rough and improved the adhesion with HDPE matrix. Tong et al. studied the effect of high alkaline concentration (10 wt% NaOH) on bamboo fiber, the morphology and physico-chemical properties on treated fibers [36]. The treated and untreated fibers were characterized by FTIR, thermogravimetric analysis (TGA), and SEM. The mechanical properties of a single fiber were determined. Tensile strength and modulus of the alkali-treated fiber were improved by 45.6% and 72%, respectively, compared to the untreated fiber. The roughness of treated surface fiber was reduced after the alkaline treatment. However, in that work, the treated fiber was not further used to prepare polymer composites.

The high potential fiber modification was made by *in-situ* biological fiber modification during the TPS/wood fiber composite processing [10]. Incorporation of modified wood fiber up to 41.5 wt% in potato starch composites was prepared by a mechanical mixing and subsequently by a thermocompression. Wood fiber was simultaneously modified during the processing by the deep eutectic solvents (DES), i.e. choline chloride with urea or glycerol and imidazole with glycerol. DES played three important roles in the composites: i.e. plasticizing effect, modification of fiber surfaces, and improving the interfacial adhesion between fiber and starch. The mechanical, thermomechanical, moisture sorption, and surface wetting properties of the composites were dependent on DES type. The TPS/wood fiber/glycerol/imidazole composites exhibited the tensile strength up to 11 MPa, Young's modulus to 590 MPa, moisture sorption to 4 wt%, and water contact angle about 100°. The recent work of TPS/almond shell fiber was reported by García et al. [11]. The composite containing 30 wt% almond shell and starch (Mater-Bi DI01A) was prepared. The different varieties of almond shell on the properties of the composites were studied. Tensile, flexural, Charpy impact, hardness tests, and thermal properties by differential scanning calorimetry (DSC) and TGA of the composites were

determined. The results showed that the different types of almond shell had no difference on the properties of the composites.

In this study, a systematic investigation on the effect of ground RH both untreated and high concentration of NaOH-treated, on a series of physico-chemical properties of cassava starch-based biocomposites is reported. The paper is organized in two parts. In the first part, the structural characterization of untreated RH and treated RH fillers is reported. In the second part, the structure and the properties of the thermoplastic cassava starch/RH biocomposites is reported. In particular, emphasis is given on the evaluation of their thermal and mechanical properties, water absorption, and biodegradation. The effect of particle size of untreated RH on the biocomposites was also studied. To our knowledge, such a systematic study is absent from the literature.

2. Experimental

2.1 Materials

Cassava starch was purchased from a local market (Red Cat Brand, Kriangkrai Company, Ltd.). Rice husk (RH) was obtained from a local rice mill. Glycerol (Sigma-Aldrich, Steinheim, Germany) and sodium hydroxide (NaOH) pellets (Lobachemie) were used as received.

2.2 Preparation of ground rice husk and alkaline treated rice husk

RH was thoroughly washed with water to remove dust and other impurities and dried in an oven at 80°C for 24 h. The washed and dried RH was ground in a grinding machine (Fritsh, motor grinder pulverisette 2, Industriestraße 8 6580. Idar-Oberstein W. Germany) at 75 rpm for 2 h. The ground RH was collected as samples of three sizes and labeled *RH1*, *RH2*, and *RH3* (Figure 1). RH was first sieved through a 33 mesh to remove the biggest particles, which were discarded. The remaining RH was labeled *RH1*. A part of *RH1* was then

sieved through a 100 mesh to separate the smallest particles, which were labeled *RH2*. The remaining RH that did not pass through the 100 mesh was labeled *RH3*. Only *RH1* was treated with alkaline solution. To do so, 40 g of *RH1* was soaked in 180 mL of 11% w/v NaOH for 24 h at room temperature ($T = 29 \pm 1^\circ\text{C}$), followed by repeated washing with distilled water until neutral pH readings. The obtained alkaline treated RH was dried at 80°C for another 24 h and at 60°C for 24 h and was labeled *treated RH1*. All samples were kept in a desiccator at 21% relative humidity prior to use. The length of 100 particles for each RH was measured by the ImageJ software.

Figure 1. Illustration of alkaline treatment process.

2.3 Preparation of thermoplastic cassava starch sheet

Cassava starch (50 g) and glycerol (22.5 g) was mixed to prepare thermoplastic cassava starch (TPS) [7,8]. The amount of RH added to the starch/glycerol mixture was varied at 5, 10, 15, and 20 wt% based on the weight of starch. Compression molding (KT-7014 produced

by Kao Tieh Ltd., Taipei, Taiwan) was used to prepare the neat TPS and composite sheets at 160°C for 20 min with a pressure of 250 kg/cm².

2.4 Characterization

Scanning electron microscopy (SEM) and energy dispersive X-ray micro analysis (SEM-EDX). The morphologies of samples were determined using SEM (SEM-Quanta 400). The morphology of RH, cryo-fractured surfaces (the samples were immersed in liquid N₂ and subsequently broken), and tensile-fractured surfaces of thermoplastic cassava starch composites were observed by SEM. The specimen was coated with a thin layer of gold. Untreated and treated RH samples were analyzed for microstructure and elemental compositions.

Fourier-transform infrared spectroscopy (FTIR). The FTIR spectra of the films were recorded on a Bruker Tensor 27 Fourier transform infrared spectrometer in attenuated total reflectance (ATR) mode using an accessory with a diamond crystal. The FTIR spectra of RH prepared as pellets and TPS composites were recorded in the range of 4000-600 cm⁻¹ with 512 and 64 consecutive scans, respectively, using a resolution of 4 cm⁻¹.

Thermogravimetric analysis (TGA). Thermal decomposition of RH and thermoplastic cassava starch composites was determined using the PerkinElmer TGA7. The analyses were conducted at a heating rate of 10°C/min from 50-600°C in a nitrogen atmosphere.

Brunauer-Emmett-Teller (BET). The surface area of RH samples was determined by a static volumetric N₂ gas adsorption method (ASAP 2460 and ASAP 2060, Micrometrics, USA).

Mechanical properties. Specimens were cut according to ASTM standard D638-03, type IV (width = 6 mm, distance between grip = 65 mm, and thickness of sample = 2.23±0.23 mm). Determination of tensile strength and elongation at break was carried out with a

Universal Testing Machine (Instron 3365) equipped with a 100 N load cell and operated at a cross-head speed of 50 mm/min. The samples were kept for 7 days in a desiccator before testing. The measurements were taken at 25°C and ten specimens were determined per composite formulation.

Water absorption. The method of determination was modified from Yew et al. [25]. Samples (10 mm × 10 mm) were dried in an oven at 80°C for 24 h. The dried samples were immersed in water at room temperature for 24 h. After taking out of the water, they were quickly removed excess water on the surface. The weight gain of starch sheets was measured using Equation (1) [26]:

$$\text{Water absorption (\%)} = (w_a - w_0) \times 100 / w_0 \quad (1)$$

where w_a was the weight of the sample at the absorbing equilibrium and w_0 was the initial dry weight of the sample.

Soil burial test. To obtain degraded samples, a soil burial test was carried out indoor using a procedure from Boonsuk et al. [27]. Briefly, the samples were cut into squares 10 mm × 10 mm, dried in an oven at 80°C for 24 h, weighed, and buried in soil in separate 500 mL cups. Six specimens were tested per composite formulation. The soil was watered with 10 mL every other day. Samples were buried for 1 week and 4 weeks. The degraded starch sheets were taken carefully from the soil and gently and quickly washed with water using a paint brush to remove soil. The degraded samples were dried at 80°C for 24 h. The weight losses of the degraded samples were calculated using Equation (2):

$$\text{Weight loss (\%)} = (w_0 - w_d) \times 100 / w_0 \quad (2)$$

where w_0 and w_d were the weight of the dried sample before and after soil burial, respectively.

3. Results and discussions

3.1 Untreated and treated rice husks

3.1.1 Morphology

The SEM images of untreated RH (*RH1*, *RH2*, and *RH3*) and *treated RH1* are shown in and Figure 2. *RH1* consisted of *RH2* (48.8 ± 3.6 wt%) and *RH3* (51.2 ± 3.6 wt%). *Treated RH1* (55.9 ± 3.8 wt% based on weight of *RH1*) was prepared from *RH1* (Figure 1). The average sizes in length of *RH1*, *RH2*, *RH3*, and *treated RH1* were 204 ± 132 , 147 ± 69 , 358 ± 101 , and 236 ± 115 μm , respectively. The outer surface of particles of untreated RH (Figure 2(e)) exhibited linear ridges while the inner surface was flatter (Figure 2(g)). The outer surface of untreated RH in the present study was consistent with previous observations [21,28]. Cracks, indicated by a yellow arrow (Figure 2(e)), were observed in the outer surface of untreated RH. After alkaline treatment, *treated RH1* exhibited more cracks and holes developed in the outer surfaces (Figure 2(f)) while the inner surface was smoother (Figure 2(h)). These morphological characteristics were due to the removal of hemicellulose [24,29] and lignin [30]. An increase of outer surface roughness was obtained after the alkaline treatment [7,16,31,32].

Figure 2. SEM images of (a) *RH1*, (b) *treated RH1*, (c) *RH2*, (d) *RH3*, (e) outer and (g) inner surfaces of untreated RH, and (f) outer and (h) inner surfaces of *treated RH1*.

3.1.2 Structure

FTIR spectra of untreated RH and alkaline treated RH are shown in Figure S1 in the Supporting Information. In the spectra of all samples, the peak located $\approx 3336\text{ cm}^{-1}$ was obtained from the --OH stretching of free --OH groups and hydrogen bonded --OH groups in

cellulose fibers [33]. The peak at 1732 cm^{-1} , observed in the spectra of untreated RH, was attributed to a carbonyl group of hemicellulose (indicated by arrow in the spectrum of *RH3*) [34]. However, this peak disappeared in the spectrum of *treated RH1*. This result confirmed the removal of hemicellulose. The peak at 1513 cm^{-1} was derived from the C=C stretching of lignin [35]. It has been reported that the alkaline treatment using 10 wt% NaOH of bamboo fibers resulted in the partial removal of lignin and hemicellulose [36]. The peaks around 1025 cm^{-1} [37] and 790 cm^{-1} [38] related to the O–Si–O bonds in SiO_2 of untreated RH and *treated RH1*. Interestingly, the intensity of the –OH peak at $\approx 3336\text{ cm}^{-1}$ was greater in the spectrum of *treated RH1* than those of untreated RH. This effect might be attributed to expose of –OH-rich fibrils of the inner structure after removal of hemicellulose and lignin. However, Royan et al. reported a reduction of peak intensity of –OH groups after alkaline treatment (2 % w/v NaOH) possibly due to the chemical reaction of accessible –OH groups with NaOH [16]. Alkaline treatment produced a smoother inner surface which revealed the fibrils (Figure 2(h)) and made –OH groups more accessible. The removal of hemicellulose and lignin caused the formation of new hydrogen bonds between cellulose chains [39].

3.1.3 Thermal analysis

The thermal behaviors of untreated RH and *treated RH1* were investigated by TGA. In the TGA and derivative thermogravimetric (DTG) thermograms of untreated RH and *treated RH1*, three steps of weight loss were observed (Figure 3). The initial weight loss between 50°C and 130°C was attributed to moisture vaporization. The second decomposition step, observed in all untreated RH but not *treated RH1*, located between 240°C and 325°C was attributed to the thermal decomposition of hemicellulose [19,40,41] and glycosidic links of cellulose [19,41]. It has been reported that the degradation of cellulose, hemicellulose, and lignin took place within the temperature range of $200\text{--}400^\circ\text{C}$ [42–44]. The absence of the

second decomposition step in *treated RH1* indicated its hemicellulose-free nature, which was consistent with FTIR spectrum [45]. The third step, between 330°C and 400°C, was attributed to the degradation of cellulose [40,46]. It was reported that a peak at 360°C was due to the thermal decomposition of α -cellulose (crystalline cellulose) [19,20,41,47] and lignin degradation [48]. The residual weight of *RH2* was the highest which could be due to the high amount of SiO₂, while the residue weight of *treated RH1* was the lowest possibly due to the degradation of RH by high alkaline solution.

Figure 3. (a) TGA and (b) DTG thermograms of untreated RH (*RH1*, *RH2*, and *RH3*) and *treated RH1*.

3.1.4 Elemental analysis

Park et al. used field-emission SEM and SEM-EDX to study the distribution of SiO₂ in untreated RH and they concluded that SiO₂ was predominantly located at the tips and shoulders of the ridges, and was present in lower amounts in other regions of RH [21]. The high SiO₂ content on the outer surface provides strength and stiffness to the husk [21,49]. In this work, the SEM-EDX images of outer, inner, and cross sectional surfaces of untreated RH

(either *RH1*, *RH2*, or *RH3*) and *treated RH1* are shown in Figure 4 and 5, respectively, while the associated elemental contents are listed in Table 1.

Table 1. Carbon, oxygen, silicon, and sodium contents in untreated RH and *treated RH1* obtained from SEM-EDX.

Surface	Element (%)							
	Untreated RH				<i>Treated RH1</i>			
	C	O	Si	Na	C	O	Si	Na
Outer	30.8	44.6	24.6	0	30.9	45.5	23.5	0.1
Inner	45.9	43.3	10.8	0	56.2	43.3	0.3	0.2
Cross section ^a	✓	✓	✓	0	✓	✓	✓	✓

^a The presence of the element is represented by using ‘✓’.

The percentage of elements was not calculated for cross sections of samples (Figure 4(i,j) and 5(i,j)) because the carbon tape used to fix RH produced a carbon signal that altered the percentage of carbon and other elements. The grinding process damaged the ridges and thus SiO₂ was released from the ridges and deposited on the whole surfaces of untreated RH particles (Figure 4(a, e, and i)). The clean inner (Figure 5(e)) and cross sectional (Figure 5(i)) surfaces of *treated RH1* confirmed that the removal of SiO₂ by the alkaline treatment was incomplete. SiO₂ was located densely on the outer surface of RH. In contrast, Shrestha et al. used SEM-EDX elemental mapping to show that SiO₂ was completely removed from RH pre-carbonized at 300 °C in air followed by washing with 4 % w/v NaOH [50]. NaOH dissolved SiO₂ and formed water soluble sodium silicate (Na₂SiO₃) [50,51] which was

washed out with water [50]. However, the SiO_2 located at the outer surface of RH was not removed during the alkaline treatment.

Figure 4. SEM-EDX images of untreated RH: (a)-(d) outer, (e)-(h) inner, and (i)-(l) cross sectional surfaces.

Figure 5. SEM-EDX images of *treated RH1*: (a)-(d) outer, (e)-(h) inner, and (i)-(l) cross sectional surfaces.

3.1.5 Surface area

The *BET* surface areas of *RH1*, *RH2*, *RH3*, and *treated RH1* were 1.88, 3.77, 1.64, and 1.45 m²/g, respectively. *RH2* had the largest surface area and this was consistent with its particle size which was the smallest (147 ± 69 μm) (Figure 2(c)). The surface area of *treated RH1* was lower than those of untreated RH due to the removal of SiO₂ by alkaline treatment. The cracks and holes in the outer and cross sectional surfaces of *treated RH1* did not affect its surface area. NaOH treatment of *RH1* did not lead to the formation of micropores or mesopores [50]. Therefore, the surface area of *treated RH1* was not greater after NaOH treatment.

3.2 Thermoplastic cassava starch/rice husk composites

3.2.1 Structure

The TPS containing 0-20 wt% of all RH showed similar FTIR peaks (Figure S2 in the Supporting Information). The absorption peaks located ≈ 3284 , 2928-2888, 1648, 1413, 1149 and 1107, 995, and 759 cm^{-1} were respectively attributed to the –OH stretching vibration [52,53], the stretching vibration of –CH₂ [52,53], the –OH bending of bound water [52], the bending of –CH₂ [52], the C–O stretching in C–O–H [53], the C–O stretching in the C–O–C groups [53] of glycosidic linkage [54], and the C–O bending in C–O–C groups of the anhydrous glucose ring [53]. The peaks around 1025 cm^{-1} [37] and 790 cm^{-1} [38] related to the O–Si–O bonds in SiO₂. The peaks of –OH stretching vibration of neat TPS and TPS/RH composites appeared at similar position (Table S1 in the Supporting Information), possibly due to the dominating role of the matrix. However, in a related study, the –OH stretching vibration peak of the TPS/untreated luffa fiber was shifted to lower wave number compared to the neat TPS, thus providing direct evidence for the development of hydrogen bonding between the starch and the fiber [8].

3.2.2 Morphology

From this section onwards, the results of TPS/*RH1* and TPS/*treated RH1* composites were mainly compared for clarity. The results of TPS/*RH2* and TPS/*RH3* composites were shown in the Supporting Information. The cryo-fractured surfaces of TPS/*RH1* and TPS/*treated RH1* composites are shown in Figure 6 (Figure S3 in the Supporting Information displays images of the cryo-fractured surfaces of TPS/*RH2* and TPS/*RH3* composites). The sizes of all RH particles resemble the RH images in Figure 2. The enlarged SEM images of all TPS/RH composites are shown in Figure S4. No void was observed between the starch

matrix and RH particles, suggesting a good interfacial interaction between RH and the matrix due to their similar chemical structure [13,55].

Figure 6. SEM images of cryo-fractured surfaces of TPS composites containing (a)-(d) *RH1* and (e)-(h) *treated RH1*. RH contents are indicated.

3.2.3 Thermal analysis

Most of the thermal degradation of TPS/untreated RH composites took place between 280°C and 400°C as shown in Figure 7 for neat TPS, TPS/*RH1* and TPS/*treated RH1* composites (Figure S5 in the Supporting Information for TPS/*RH2* and TPS/*RH3* composites). The weight loss that occurred between 100°C and 200°C was attributed to the evaporation of water and glycerol, respectively [8]. The highest decomposition temperature of neat TPS took place at 336°C (0 wt% RH). All TPS/untreated RH composites showed an improvement in thermal stability of the composites up to $T \approx 350^\circ\text{C}$ due to the enhanced thermal stability of hemicellulose and cellulose in untreated RH. This finding was in agreement with previous studies in similar systems [8,9,55].

Figure 7. TGA thermograms and derivatives of (a)-(b) TPS/*RH1* and (c)-(d) TPS/*treated RH1* composites.

The DTG peaks of all TPS/*treated RH1* composites were lower than that of neat TPS (336°C), especially at high content of *treated RH1* (15 and 20 wt%) ($\approx 328^\circ\text{C}$). *Treated RH1* slightly reduced the thermal stability of TPS, possibly due to the more pronounced hydrophilicity of the surface. The residual weight at $T > 400^\circ\text{C}$ of TPS/*treated RH1* systematically increased with increment of *treated RH1* content (Figure 7(c)). It has been reported that thermal decomposition of phenol formaldehyde resin/*treated RH* composites

was lower than that of a resin/untreated RH composite owing to the degradation of RH by 2 % w/v NaOH [16]. However, treated bagasse fiber with 1% w/v NaOH reinforced in cassava starch composites slightly improved their thermal stability compared with neat TPS [7].

The residual weights of cassava starch-based composites at 600°C were compared with the neat TPS (0 wt% RH) (Table 2). The neat TPS showed a DTG peak at 336°C and its residual weight at 600°C was estimated at 8.01 wt%. All TPS/untreated RH composites showed significantly increased residual weights at 600°C, whereas the composites containing *treated RH1* consistently showed only marginally higher residual weight compared with the neat TPS, an effect that is in line with the low SiO₂ content of the filler and the degradation of RH by alkaline treatment as previously stated. It was reported that the residual weight at 700°C of RH in nitrogen atmosphere was composed of carbonaceous products and SiO₂ [28].

Table 2. DTG results and residual weights of the TPS/RH composites.

RH content (wt%)	DTG (°C)				Residual weight at 600°C (%)			
	<i>RH1</i>	<i>RH2</i>	<i>RH3</i>	<i>Treated RH1</i>	<i>RH1</i>	<i>RH2</i>	<i>RH3</i>	<i>Treated RH1</i>
5	354	349	347	332	8.43	8.32	8.46	8.01
10	351	346	344	331	9.90	9.86	9.47	8.15
15	343	345	344	327	11.05	11.06	10.53	9.54
20	355	346	347	328	11.81	11.47	12.83	9.86

3.2.4 Mechanical properties

As shown in Figure 8, the tensile strength in TPS/*treated RH1* (and to a lesser extent for TPS/*RH1*) composites increases with filler loading, reaching a value of 2.43 kPa for 20

wt% loading compared to 0.76 kPa for the neat TPS. (Figure S6 in the Supporting Information displays the tensile strength for TPS/*RH2* and TPS/*RH3* composites, also suggesting a rather limited effect upon increasing the filler loading). Among TPS/untreated RH composites, TPS/*RH2* composites showed the lowest tensile strength but the highest elongation at break. This behavior possibly stemmed from the smallest size ($147+69\text{ }\mu\text{m}$) of the dispersed particles. In contrast, TPS/*RH1* composites showed the highest tensile strength due to the broad particle size distribution ($204\pm132\text{ }\mu\text{m}$) of the RH. The results were similar to those previously reported for tensile strength of the TPS/luffa composites at 10 wt% fiber [8]. The incorporation of *treated RH1* significantly increased tensile strength (220% at 20 wt%) but decreased elongation at break of the TPS composites (Figure 8(b)) which points to improved matrix/filler load transfer presumably facilitated by the loss of hemicellulose and the rough outer surfaces after NaOH-treatment [16,22]. The filaments of treated fibers were split after the alkaline treatment due to the dissolution of hemicellulose, thus improving the interfacial adhesion between fibers and matrix [29]. A number of previous studies reported that high fibers content of the composites resulted in improved tensile strength [6,8,9,13,31,55]. Edhirej et al. reported that TPS composites reinforced with untreated bagasse with size of $< 300\text{ }\mu\text{m}$ exhibited higher tensile strength compared with those reinforced with bagasse sized within 300-600 μm [6]. TPS/*RH1* and TPS/*treated RH1* composites showed similar levels of elongation at break (Figure 8(b)).

Figure 8. (a) Tensile strength and (b) elongation at break of neat TPS (filled circle), TPS/*RH1* (open circles), and TPS/*treated RH1* (open squares) composites.

The fractured surfaces of TPS composites containing 15 wt% obtained from tensile testing are shown in Figure 9 for TPS/*RH1* and TPS/*treated RH1* composites. It was found that only starch matrix surrounded by *treated RH1* was torn (Figure 9(b)) due to the good adhesion between starch matrix and *treated RH1*. The enhancement in tensile strength after alkaline treatment points to more effective fiber/matrix load transfer [56,57] as a result of stronger interfacial interactions arising from favorable topological and wetting contributions [58-60]. In principle, interface bonding in fiber reinforced composites takes place via electrostatic forces, chemical bonding and mechanical interlocking mechanisms [61]. Alkaline treatment increases crystallinity index of fibers, enhancing formation of hydrogen bonds between cellulose chains and hence chemical bonding between the fibers in composites [62-64]. The mechanical interlocking mechanism is dominant when the surface of the fiber is rough [56].

Figure 9. SEM images of fractured surfaces of TPS composites containing 15 wt% of (a) *RH1* and (b) *treated RH1*.

3.2.5 Water absorption

The water absorption for TPS/*RH1* and TPS/*treated RH1* composites contain various amounts of RH is shown in Figure 10 (Figure S7 in the Supporting Information for TPS/untreated RH composites). The first step of water uptake was from the direct capture of water molecules through microgaps between polymer chains. Secondly, water molecules directly diffused through capillary transport into the gaps and flaws at the interfaces between the fiber and matrix [65]. As shown in Figure 10, incorporation of *treated RH1* resulted in substantial enhancements in water absorption, reaching a maximum value of 365 wt% at 15 wt% loading, compared to 124 wt% for the neat TPS. In contrast, addition of 5, 10, 15 and 20 wt% of *RH1* resulted in a marginal decrease in water absorption. For comparison, as shown in Figure S7 in the Supporting Information, it was noted that within the TPS/*RH2* series, the highest water absorption of 177 wt% was observed at 10 wt% loading, while within the TPS/*RH3* series, the highest water absorption of 224 wt% was observed at 15 wt% loading. Note that previous studies reported that the addition of untreated fibers in starch composites increased the water resistance as a direct consequence of their hydrophobic nature [3,9,13,55]. Regarding TPS/*treated RH1* composites, high water absorption behavior might be attributed to the improved hydrophilicity of the fillers (indicated by the pronounced –OH

peak in the FTIR spectrum), the presence of cracks that functioned as additional water channels and facilitated water diffusion, and the fiber swelling after the alkaline immersion [16]. These phenomena increased the hydrophilic nature of *treated RH1* and thus raised accessibility of water molecules. The TPS/*treated RH1* composites loaded at 20 wt% contained numerous filler particles that might create a network that blocked the diffusion of water molecules and limited the water storage capacity of the composite. By virtue of their remarkable water absorption capabilities, the TPS/*treated RH1* biocomposites carry promise for the development of novel highly absorbent materials that show certain advantages compared to their petroleum-based counterparts in terms of their improved biodegradation, and their non-toxic nature [66,67].

Figure 10. Water absorption of neat TPS, TPS/*RH1* and TPS/*treated RH1* composites.

3.2.6 Soil burial test

All TPS/RH composites were buried in soil after 1 week and 4 weeks. The weight loss for neat TPS, TPS/*RH1* and TPS/*treated RH1* composites are plotted in Figure 11 (Figure S8 in the Supporting Information for TPS/untreated RH composites). Among the TPS/untreated

RH composites, all TPS/*RH2* composites showed the highest weight loss following a 4-week burial period (Figure S8(b)). Higher amounts of untreated RH marginally decreased the weight loss of the composites following a 4-week burial period (Figure 11(b)). It has been reported that increasing the percent okra fibers in the composites delayed the degradation rate, as a consequence of the slower degradation kinetics of the okra cellulosic fibers compared with the matrix [3]. The neat TPS and TPS/*treated RH1* composites showed remarkably high weight losses after 1 week (Figure 11(a)) and had similar weight losses after 4 weeks (Figure 11(b)). The weight loss of TPS/*treated RH1* composites was the highest at 4 weeks which could be attributed to the fact that *treated RH1* was more hydrophilic than untreated RH. The similarity at 4 weeks in the weight loss of neat TPS and TPS/*treated RH1* indicated the good biodegradability of the alkaline *treated RH1* composites. The TPS/*treated RH1* composite combined superior mechanical properties with excellent biodegradability.

Figure 11. Weight loss after burial in soil (a) 1 week and (b) 4 weeks of neat TPS and TPS/RH composites containing *RH* and *treated RH* with RH loadings of 5-20 wt%.

4. Conclusions

The incorporation of high alkaline treated RH within TPS matrix is an effective strategy to generate biocomposites with advanced properties over TPS/untreated RH composites. High alkaline treatment of RH resulted in the partial removal of hemicellulose and lignin, giving rise to an increased number of –OH rich-fibrils on the filler surface. TPS reinforced with alkaline treated RH showed substantially improved tensile strength, an effect that points to effective matrix/filler load transfer that can be traced back to improved matrix-filler interface interactions. At the same time, this class of TPS/treated RH composites retained the excellent biodegradable behavior of the pristine matrix and showed enhanced water absorption capability. The various sizes of untreated RH in TPS composites had no effect on tensile strength up to 20 wt% RH, but affected the water absorption at 15 wt% RH and slightly affected the biodegradation in 4 weeks.

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