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Table 4 Characteristics and details of the research papers

Author(s)	Location	Study	Participant(s)	Findings	COREQ or
		Design			QATSDD
1.	Urgent	SSI	Total number	Benefits of autonomous working identified by	COREQ
Armstrong	care setting	Questi	of participants:	staff and patients.	50%
(2015)	in England	onnair	25	Concern over increase workload for NP.	
		e	Senior Nurses	Enhanced staff experience. Seen as a natural	
			1	progression for advance nurses and continuity	
			Doctor 1	of care for patients.	
			NPs 2		
			PP 1		
			Patients 20		
2.	Primary	Quasi-	Total number	Patients were asked for feedback on their	COREQ
Carey et al	Care	experi	of participants:	consultations with their clinicians and then	31%
(2019)	in England	mental	329	compared with prescriber and non-prescribers.	
		, post-	4 P. physio and	Patients overall satisfied with care,	
		test	3 podiatrists	professional care ease of access to care and	
		group	compared to	satisfied with informations on medicines.	
		design	4 Non-P physio		
			and 3		
			podiatrists		
			315 patients.		
3.	All settings	e-	Total number	21 statements were generated and 9 factors	QATSDD
Courtenay et	in Wales	Delphi	of participants:	that promoted the implementation of NMP –	76.2%
al (2018)		survey	34	Positive organisational recognition, colleague	
			NP 28	support and CPD.5 A	

			PP 3	ctions were required for NMP, clinical	
			Physio 2	supervision, CPD, and that NMP were valued	
			Radiographer 1	by patients, colleagues and the organisation.	
4.	All settings	Questi	Total number	NMP reported that they prescribed across a	QATSDD
Courtenay et	in Wales	onnair	of participants:	broad range of therapeutic areas. Infections	59.6%
al (2017a)		e	376	for nurse, pain for pharmacist and MSK for	
			NP 321	physiotherapists. Lack of funding was the	
			PP 46	barriers to prescribing.	
			ANP 9		
5.	Scotland,	SSI	Total number	Focus on prescribing for respiratory tract	COREQ
Courtenay et	Wales and	And	of participants:	infection. 96% of the patient population was	53%
al (2017b)	England	questio	137	satisfied or very satisfied due to a patient-	
		nnaires	Patient	centred approach. Patients reported being	
			questionnaires	listened to and being taken seriously by	
			and follow up	NMPs. NMP addressed patient expectations	
			120	and concerns.	
			SSI with 22 of		
			those patients		
			SSI – 16 NP		
			SSI - 1 PP		
6.	England	Case	Total number	Data was compared from patients with	COREQ
Courtenay et		study	of participants:	diabetes who had been treated by diabetic	31%
al (2015)			226	specialist nurse who could prescribe compared	
			12 case study	to diabetic nurses who could not prescribe.	
			sites in the UK	No statistical significant differences were	
			IP (n=6)	founds in the management of clinical	
			Nurse (n=6)	outcomes such as diabetic control defined by	
			Patients	levels of HbA1c. Increased satisfaction with	
			(n=214)	all nurses but more so with nurse prescribers.	

7.	CC two	SSI	Total number	NMP enhanced their role and knowledge from	COREQ
Herklots et	PCTs in		of participants:	the prescribing course was beneficial for their	50%
al (2015)	England		7	whole practice. Support included CPD was	
			NP 7	variable with difficult being able to access	
				formal CPD, however GP were very	
				supportive. Being able to prescribed allowed	
				speedier access to medicine for patients was	
				also noted.	
8.	PC in	Questi	Total number	Patient strongly agreed that IP improved the	COREQ
Hindi et al	England	onnair	of participants:	quality of care for the patient. Key barriers:	50%
(2019)		es	84	IP's knowledge, competence and	
			IP 20	organisational factors such as workload,	
			Colleagues 26	effective teamwork and support from	
			Patients 38	colleagues.	
9.	PC in	Questi	Total number	One per cent of physios approaching OA were	COREQ
Holden et al	England	onnair	of participants:	prescribers. However, they were not keen on	50%
(2019)		es and	1646	extra responsibility despite acknowledging the	
		SSI	Physiotherapist	GP burden. Did identify patient convenience	
			s (physios)	as a benefit for prescribing. Lack of support	
			1637	to prescribe, burden of extensive training, and	
			Physio	potential legal consequences.	
			Prescribers 9		
10.	PC and CC	SSI or	Total number	NMPs cautious when prescribing; confidence	COREQ
Maddox et	– in NW	Focus	of participants:	improved with good support. NMP required	63%
al (2016)	England	group	30	improved access to CPD, clinical support and	
		x3	PP 5	cohesive team culture.	
			NP 25		
10. Maddox et al (2016)	PC and CC – in NW England	SSI or Focus group x3	s (physios) 1637 Physio Prescribers 9 Total number of participants: 30 PP 5 NP 25	as a benefit for prescribing. Lack of support to prescribe, burden of extensive training, and potential legal consequences. NMPs cautious when prescribing; confidence improved with good support. NMP required improved access to CPD, clinical support and cohesive team culture.	COREQ 63%

11.	PC	SSI	Total number	Themes analysis captured:- purpose and place	COREQ
Nelson et al	England	and	of	of new roles in general practice, such as	53%
(2019)		focus	participants:38	physician associates as well as advanced	
		groups	SL 9	practitioners. Findings: -unclear role	
			AP 8	definitions and tension at professional	
			PA 4	boundaries. The need for training to ensure	
			PP 6	feasibility of skill mix.	
			GP 5		
			PM 6		
12.	CC	Questi	Total number	Identified benefits such as improved medicine	QATSDD
Taylor &	England	onnnai	of participants:	management and earlier interventions. Job	64.3%
Bailey		re	20	satisfaction and credibility as being able to	
(2017)			School Nurses	prescribe. Barriers: lack of need and lack of	
			20	organisational support and CPD.	
13.	England	SSI	Total number	Personal anxiety undermining confidence to	COREQ
Weglicki et		and	of	prescribe, external barriers and other factors	56%
al (2015)		focus	participants:15	that exacerbate anxiety. Need for support	
		groups	PP 1	identified through coping strategies, preferred	
			NP 11	mode or style of learning.	
			Physio 3		
14.	PC	SSI	Total number	Looked at how prescribers identify themselves	COREQ
Weiss et al	England		of participants:	"The doctors are king" NP unsure who to	53%
(2016)			21	align to, either nurses or GPs as now	
			GP 7	prescribers. PP did not feel part of the	
			NP 7	surgery as a secondary role. Organisational	
			PP 7	barriers identified.	
15.	Out of	SSI	Total number	Examined GPs and NPs prescribing	COREQ
Williams et	Hours		of participants:	antibiotics for respiratory tract infections in	67%
al (2018)	(OOH)		30	OOH in PC. Found that NP reported	
			GP 15	perceptions of greater accountability for their	

service in	NP 15	prescribing compared to GPs. Participants	
PC		agreed more complex cases should be seen by	
		GPs.	

PC = Primary Care; CC= Community Care; CPD=continuing professional development;

MSK = Musculoskeletal; NP=Nurse Prescribers; OA = Osteo arthritis; OOH = Out of Hours

service; PP = pharmacist prescriber; SSI = Semi-Structured interviews; AP = Advanced

practitioner; PA = Physician associate; PM= Practice manager; SL = Service Lead.