Audience Feedback from Flesh and Text 3rd March 2022

As part of the exhibition, we had a visitors' book for all to leave any thoughts and feedback with us:

"I love the installation and the mix of media used. It captured my attention in many ways. Particularly the video on two screens that was split, I thought that was interesting and it filled the space with active energy."

"Having videos to support the descriptions of the work was very helpful for me and enriched my experience"

"I found the visualisation intriguing. They gave me an insight into the work in more depth"

"I found that the videos helped me to understand the text on the walls and really visualised the art"

"It was nice to engage with the text in multiple platforms"

"It was nice to engage with the videos in relation to the text around us"

"I loved this retrospective – so fascinating to track the journey of Bodies in Flight and to see how things have evolved through time. I look forward to the book when it is completed. Lots and love and respect"

"Great exhibition! We enjoyed the different mediums shown in the exhibition."

"I loved being able to see all the work that has been created over the years and how much it has evolved. I had no idea. So humble."

"Great to have a variety of media! (Videos, pictures, notebooks). Loved it"

"We are just very lucky to have Bodies in Flight resident with UCLan Dance and to benefit from such a long, incredible body of work – totally amazing, thank you"

"To stand, move, feel into the ages of work. To crumble myself inside an image and breathe with care as moving screens softly find my eyes. Sounds of words accentuating moments and the layers of image and word dwell deep appreciation for the care, courage, love, and presence in this work. Thank you all for your collaborations and for sharing!"

"Dance liberates the soul and you have captured it in so many ways – feel the music"

"Wonderful to see the breadth and depth of Bodies in Flight's work. What an achievement. Congratulations"

"The combination of images, text and videos were very stimulating"

"The exhibition beautifully demonstrated a huge body of work – year after year, the work kept coming! Its testament to the strength of collection and a commitment to both deepen creative practice and remain receptive ad open to the new – technology, audience, performer... may there be many more years"

"It is very inspiring. The words really supported the word descriptions. I really loved the mixture of media used. It would look amazing on a bigger screen"

"I was blown away by this body of work. The archive detailing the range of projects, spaces, participants evidence such a deep understanding of the body. I was particularly interested to see the video documentation of Life Class as I missed the live event. Love this notion of documentary and

histories in an authentic space. My parents met dancing. I presume that is how many parents/couples met in previous generations – just beautiful to document and remember. The archive also provides inspiration for different ways to present performance material – I got lots of ideas for my own practice! Fragments of sound/ video really elevated the exhibition. Thank you for an amazing experience!"

"Very interesting and thought provoking"

"Gorgeous imagery, fascinating explorations in movement. Well done."

"A beautiful and moving (excuse the pun) exhibit. Very interesting and very intriguing"

"What an impressive collection of work! I would love to explore the video exhibitions in separate and varied spaces – to truly be submerged in the sound and visuals separately. I loved the moments of "you are present... to me" when they were dancing between screens – mesmerising