

Russell Hogarth, Associate lecturer and Honorary Fellow, School of Health, School of Social work, University of Central Lancashire.

At the age of 48, after 25 years of running his own companies, Russell decided to take early retirement.

His early retirement meant he could spend more time doing voluntary and charity work in the community. He quickly became the vice-chair of the local Pain Management charity, followed by membership of a number of local community support groups. His areas of interest are health, education, social care and the community.

Teaching

For the last 10 years he has been a volunteer, specialising in creative education, in a local primary school where his wife Dianne is a teacher.

In 2007 Russell became a member of the University of Central Lancashire School of Health advisory group. He then went on to become an associate lecturer with the Comensus team in the UCLan School of Health. This was followed by membership of the SUCAG [service user carer group] within UCLan's School of Social Work.

His university progress soon went from strength to strength. Russell employed his unique talent for networking with University staff, students and community members and soon led on a number of involvement opportunities. He became volunteer co-ordinator for the Comensus project, Chair of the annual UCLan World Mental Health Day community event and One in Four mental health film festival [now the largest university mental health film Festival in England and Wales].

His primary roles are Associate Lecturer at the University of Central Lancashire (UCLan) and co-ordinator of the highly successful Comensus programme, which involves service users, carers and the wider community in the training and development of health and social care students. This project has attracted national and international attention and earned UCLan recognition as a flagship university for community and service user/carers involvement in higher education.

In addition to his involvement at UCLan, Russell is now involved in a wide variety of projects, organisations and networks, as outlined below. He has represented the University of Central Lancashire at many health and social care conferences and events throughout Lancashire and the UK. Both personally and as co-ordinator of Comensus, and has developed connections with universities and health and social care organisations worldwide.

Russell designed and delivers the 'Comensus Teaching Experience' with his university community colleagues. This unique community-based teaching opportunity has been designed for

students to learn directly from service users and carers, via the use of narrative, media and creative techniques. The evidence-based feedback from students is consistently and overwhelmingly positive, with a special emphasis on the value of the unique opportunity to ask questions directly to service users and carers. Students have commented on many occasions that after working with Russell and his colleagues, they understand why they have chosen nursing/social work as a career.

Russell created the 'Teddy Bear Clinic' for the Nursing students in the School of Health at UCLan and the children of Queens Drive Primary School, Preston. This project was reported by OFSTED as an excellent working partnership between a local primary school and the University of Central Lancashire. The Teddy Bear clinic is now a regular curriculum based activity in many local primary schools throughout Lancashire.

Independent Community Involvement Team

Russell chairs this diverse group of volunteer service users and carers, who bring value to the UCLan experience by contributing their perspective on teaching and learning methods and materials, doing research, assisting the school of Health and the School of Social work with decision-making and participating directly in teaching. Their fundamental role is to embed awareness of service user and carer issues within Health and Social Care training at UCLan.

He is heavily involved in research and publication in Health, Education and Social Care, and has co-published a book entitled *Service User and Carer Involvement in Education for Health and Social Care*. Russell has also personally co-authored a number of publications with academic colleagues at UCLan on the subjects of health, social care, media and education.

Recent publications

McKeown, M., Malihi-Shoja, L., **Hogarth, R.**, Jones, F., Holt, K., Sullivan, P., Lunt, J., Vella, J., Hough, G., Rawcliffe, L., Mather, M. & the CIT, (2012) '**The value of involvement from the perspective of service users and carers engaged in practitioner education: Not just a cash nexus**' *Nurse Education Today* Vol 32 pp. 178-184

McKeown, M., Downe, S., Malihi-Shoja, L. **Hogarth R.** supporting The Comensus Writing Collective (2010) **Service users & carer involvement in education for health and social care** Oxford: Wiley-Blackwell

McKeown, M., **Hogarth, R.**, Jones, F., Edwards, M., Holt, K., Traill, S., Cameron, F., Priestley, J., Watkins, G., Hellawell, M., Lunt, J. & Malihi-Shoja, L. (2012) **Qualitative research in arts and mental health: Movies, movements and moving moments: connecting film, user involvement and student learning** in T. Stickley & H. Spandler (eds) **Contexts, meanings and evidence**, Ross-on-Wye: PCCS Books

Reading the world. Shorter, Behar, Hogarth, Holt, Davis and the R.T.W authors. Community creative writing, asset and arts-based project. International School of social work UCLan.

Community involvement

Russell personally liaises on a regular basis with many community support groups to widen awareness of service user/carer, community involvement and participation in higher education.

He works directly with a number of Preston's Mental Health Community Support Teams to facilitate service user involvement and participation.

Russell collaborated with the International School of Social Work to help facilitate a creative writing group made up of service users, carers and members of the local community, which forms part of a larger international creative writing project. At the end of the four-month creative writing workshops, Russell helped to organise the grand finale in the UCLan arts centre [St Peters Church] featuring all the creative writers collectively onstage, performing their written work. This event was filmed and recorded for posterity.

Russell organises many community involvement and awareness-raising events throughout each year for UCLan, such as the hugely successful annual One in Four film festival that he chairs each year which raises awareness of mental health issues and helps to fight stigma and discrimination. This event involves not just UCLan members, but local arts organisations and educational institutions such as Preston College and the University of Cumbria, and the public.

Russell leads on the annual community involvement World Mental Health Day event which, like the One in Four film festival, is generating local, regional and international interest. This event is attended by senior academics, university students, service users, carers and community members, as well as representatives from many leading health and social care organisations throughout the North West. The 2012 event was bigger and better than ever. It was held in the 53rd venue and attracted not only UCLan staff, students and community members but also local talented singer/songwriters who played centre stage alongside artists from the album, '31' [featuring Noel Gallagher and Elbow]. The producers of the album, Factory Foundation, also came along for the day to support the event and help promote the charity CALM [suicide support network and helpline for young men] which benefits from the album sales. Another highlight [among so many] was the appearance of the band Section 17, featuring patients and staff from a local secure mental health hospital. Along with the One in Four film festival, this event was part of UCLan's Preston Guild contribution.

I am wholeheartedly supporting the One in Four Film Festival as a positive way of raising awareness about one of the most important health issues of our time." **Esther O'Callaghan OBE - Founder, The Factory Foundation**

National and International Networks

Russell has developed an extensive network of senior university lecturers and senior members of the health and social care sector in the UK, with whom he is in frequent contact. This network is rapidly extending to include individuals in similar posts worldwide.

Russell is a board member on the Design In Mental Health Network, an international team specialising in the design and construction of built environments which assist patient recovery, which advises on and designs hospitals and health centres worldwide.

Universities and colleges

Russell has personally worked with and supported UCLan students in the fields of nursing, social work, media, psychology, film and art and design, including supporting students with research and publication.

He supports and mentors mental health service users and carers who are in higher education, helping to empower them and increase their confidence and self-respect.

Russell is part of the Bradton Project, a collaboration with the University of Bradford, a unique 'virtual city' accessible to students 24 hours a day, including its own university, hospitals and health centres and accurately reflecting the lived experience of service users and carers.

He also leads on, and helped design the Health and Social Care resource library. A useful web based resource bank of Health and Social care information. Designed as a database to reflect the many different and diverse conditions experienced by service user/carers. The site is intended to assist students, academics and service-user/carers and will continue to be updated with new information on a regular basis.

Due to the success of the One in Four film festival and the Comensus project as a whole Russell now advises universities in the UK and worldwide on community involvement, service user and carer representation and how to set up their own One in Four film festival. This is often a result of his representation of UCLan and Comensus at participation conferences nationwide, including in the Lake District, Preston, Manchester, Liverpool, Bristol and London.

Russell has opened the last two UCLan International Service User/Carer conferences, and at both has delivered his own service user workshops based on media and education.

He has been liaising with students and academics at Preston College for the last three years in connection with the One in Four film festival, and is now actively exploring possibilities for engagement and participation with UCLan.

Russell is also part of the National Co-ordinating Centre for Public Engagement, the UK Community Partner Network and the Higher Education Academy.

Russell was involved in facilitating the Healthy Aged Project with Professors Remco Polman [Victoria University Melbourne Australia] and Prof James Selfe [UCLan], working with older service users in a workshop-style setting and corresponding with other universities about the success of the project, including the University of Hong Kong. He is now working with Prof. Self on a research project funded by the Arthritis Research Council.

He is also a community adviser at Cumbria University and external on the validation panel.

Russell is a member of Lancaster University's Public Involvement Network (LUPIN), where his role includes assessing clinical psychologists.

Policy and regulatory bodies

Russell has represented UCLan at the Higher Education Funding Council for England on a number of occasions. In addition, he remains in frequent contact with HEFCE and his many university HEFCE colleagues around the country.

He has met with the Nursing and Midwifery Council, the Chief Nursing Officer and the General Social Care Council, the Health and Care Professions Council to discuss service user and carer involvement in higher education.

Russell is a Regional Committee member for Skills for Care in Lancashire and has been involved in a number of Skills for Care programmes at UCLan.

He is a member of the Physical Disability Partnership Board and Reference Board for Lancashire, which represents the views of physically disabled service users and carers in the community.

Russell has a position on Preston councils planning committee advising on disabled access.

Russell is also a member of the Houses of Parliament Community Outreach Network and has attended a number of parliamentary community meetings.

NHS

Russell sits on the Lancashire and Cumbria Health, Innovation and Education Cluster, advising on funding projects for universities and health authorities.

He was an advisory member to Collective Voice for the Mental Health Improvement Programme North West. In this capacity he interviewed potential committee members over a period of 12

months on behalf of UCLan, Rethink and the Mental Health Improvement Programme North West.

Russell is an advisor to Guild Lodge Secure Mental Health Unit for service user involvement and participation, where he is developing participation and involvement work for long-term patients. 'Russell has been giving us hope after hospital,' patients said recently.

He works with Preston's Mental Health Support Unit, The Bridge, on service user involvement and participation.

Russell has met with NHS commissioners to discuss policy proposals.

He has liaised on a number of occasions with the Engagement and Customer Care Support Officer for NHS Central Lancashire.

Russell is also a member of the Primary Care Trust patient focus group for Lancashire, which supports and advises service users and carers and feeds their views back to NHS commissioners to influence policy and improve services and conditions.

He is also a member of the Royal Preston Hospital Trust.

Russell has involvement with the NHS Ownership Programme has attended many patient-focussed community meetings.

Mental health and community groups

Russell has been a volunteer for a number of years in a primary school specialising in creative education.

Russell is a member of the Mental Health in Higher Education Hub

He has been the vice-chair, spokesperson and representative on a voluntary basis for Smile, the chronic pain charity in Preston. His work involved liaising with Smile and the Pain Management Team at Royal Preston Hospital on behalf of chronic pain patients. In addition, he delivered chronic pain workshops for patients at both Preston and Chorley hospitals for a number of years.

He is a member of the mental health support organisations Mind and Rethink, as well as the Survivors Network UK and the UK Mental Health Forum.

Russell's proudest moments and achievements

His marriage to his wife, his children and grandchildren. His daughters achievements including, receiving her University Degree, climbing Ben Nevis, taking part in the great North run and skiing down Whistler in Canada, despite suffering from cystic fibrosis. Rachel is an inspiration to him and others who live with long-term conditions. His son Daniel becoming a senior IT consultant and father to his two granddaughters and his grandson.

The success of his business, his voluntary and charity work, his journey over the years at uclan including, becoming the Chair of the Independent Community Involvement team. Chairing the annual one in four mental health film Festival [held within the week of world mental health Day [10th Oct] and now become the largest university mental health film Festival in England and Wales] Leading on the world mental health Day community event, including Standing on the stage at the 53rd venue at UCLan on world mental health Day welcoming the UCLan Pro Vice Chancellor Prof Rod Dubrow-Marshall and Esther O'Callaghan OBE - Founder, The Factory Foundation.

Opening the last two international community involvement conferences for UCLan.

Supporting community members this year from the one in four film Festival committee who gained confidence and experience to successfully become UCLan students in Health, Computing, and TV production.

Helping to organise, as a member of the UCLan Guild steering group, the UCLan Preston Guild contributions for 2012, including co-ordinating and taking part in the community procession.

And of course the highlight of the year will be receiving his UCLan Honorary Fellowship.

In addition, the University of Central Lancashire have also asked Russell, 'in the true spirit of fully embracing Community Involvement and Participation', to co-ordinate and lead on this year's annual UCLan Equality and Diversity conference.

http://www.uclan.ac.uk/information/uclan/equality_diversity/events.php

Expertise and experience

Russell's areas of particular expertise and experience are community and service user/carer involvement in higher education and policy-making, as well as the use of narrative, media and creative techniques in education to help raise awareness, educate and combat stigma and discrimination often associated with many health and social care conditions.

Russell enthusiasm is infectious and he has a unique ability to discover and bring out the very best in the people he works with.

He mentors, motivates, and empowers service user/carers and community members. Russell also gives a voice and helps to support some of the harder to reach in society.

Russell's creativity, networking skills, entrepreneurial style and unique talent to communicate and bring together University staff, students and community members is now very much in demand throughout UCLan.

He is looking forward to being a very active Honorary Fellow and community ambassador for the University of Central Lancashire. This role will involve organising community-based involvement and participation activities across campus, thus widening the network to include more UCLan schools, staff, students and management from across the University.

Russell Hogarth received over 80 letters of support for his Honorary Fellowship. He continues to be an inspiration not only to our UCLan staff, students and community members here in Lancashire, but also nationally and internationally.

Below are extracts from some of his supporting honorary Fellowship nominations.

Selected extracts from Honorary Fellowship nomination support letters

I thought I had a good insight into the many different topics discussed, but it soon became apparent that what I knew was only the tip of the ice-berg! You certainly gave us "food for thought" and that will stay with us for the remainder of our careers.

What you deliver was an inspiration to us all, in fact two of my group were reduced to tears because they realised how much information they had been lacking and felt they had previously failed to deliver the care that was required by service users.

I would also like to add (after discussions with two of the service users) how much the people you involve in your group trust and admire not only you but the work you do without any grumbles or complaints.

Janice Corr

1st year student, Lifelong Studies/Assistant Trainee Practitioner

University of Central Lancashire.

The presentation you gave was the most interesting, interactive part of our course so far. What a breath of fresh air to get real opinions and feedback, the interplay was great.

The added bonus was the enthusiasm and commitment you have to your group, which was so evident. Your energetic approach encouraged everyone to get involved so please do carry on the great work you do.

Gail Yarwood

Trainee Assistant Practitioner (Year 1)

University of Central Lancashire

From my first meeting with Russell it was evident that he is totally committed to his work with UCLan. Having been involved with Russell's lectures, the service user perspective has given a very different experience for students and allows honest and open interaction that would otherwise be missing. It also allows service users to give their experiences both good and bad giving a great learning experience for students so that they can build on these issues. Russell's division of the lecture and its materials is visionary and emotive, allowing students to assess their skills and conceptions. With Russell's input towards designing modules, this has allowed future professionals to have a more in-depth and patient focused work ethic as well as being pre-disposed to service users with a wide range of physical and mental health issues.

One great quality that Russell has is his ability to make everyone around him feel at ease. He has so much understanding and empathy towards the people he works with and ensures that everyone is involved in the way that they want. Overall, he is a fantastic asset to the university.

Allison Stableford

Service user and mental health nursing student

School of Health, UCLan

I remember my induction week, a long arduous series of rules and regulations. Where most of these are now half-forgotten, the talk from Russell and Comensus (which, at the time, we all thought was just another body of regulators) served to rejuvenate the entire lecture hall's drive to become nurses through fascinating, tragic and often humorous anecdotes involving their time spent as patients & carers. Many of my colleagues still to this day talk about that first lecture and it continues to inspire us all to this day!

Benjamin A. Wallace

2nd Year Mental Health Nursing DipHE student representative

University of Central Lancashire

A one man army - that is what comes to my mind when I think of Mr. Hogarth.

I have also attended the SUCAG workshops that Russell has been teaching as part of my course and have gained a lot of knowledge attending these workshops. The way the workshop is organised has helped students understand the topic well and also gives us the chance to speak to service users and understand their point of view. We were encouraged to ask questions that we could probably never ask to people outside that setting. All my classmates have found these workshops extremely helpful in choosing the area of work we want to get into.

Florussel Sathya Banerji

Student

MA Social Work

University of Central Lancashire.

For my placement I am co-facilitating a community education programme called, 'Reading the World', (RTW) which we deliver to a group of service users, of which Russell is one. My experience of Russell in this capacity is where his personality really shone. He enthusiastically rallied for the users' participation and each week he exudes an energy which is infectious. The core of Russell's personality is his passion, commitment and dedication to the work he does.

It is my belief that through Russell's work he is not only providing a path that allows service users to self actualise, but also by educating, raising the awareness of and challenging so many students' perceptions of oppressed groups in society he is hopefully playing a small part in changing these attitudes on a cultural and structural level for the future generation of professionals.

Lois Ward

CCC Foundation Entry Programme Student

University of Central Lancashire.

I have had the pleasure of knowing Russell for a short time, only a few years. In this time I have seen his dedication, hard work and strong commitment to the service and work of UCLan School of Nursing and especially with being Chair of the 1-in-4 Film Festival. He has a passion to raise more mental health awareness and drive out stigma. His role as President of the 1-in-4 Film Festival Committee has been challenging to him. After five years of actively being involved he has taken the film festival to a new level, so much that other universities in other countries have asked his advice and followed his example and set up their own festival.

Paul Ridyard

UCLan Film & Production student

Upon meeting him the first thing that struck me was his enthusiasm and exuberance. He was extremely helpful to my research and keen to develop a working relationship with the School of Pharmacy. He liaised with a number of members on my behalf to organise a Pharmacy focus groups and also arranged a meeting room for us to use. During the focus group he also participated in his role as a patient and carer and assisted with facilitation of the discussion. I witnessed how effectively he interacts with other members and puts a lot of effort into tasks he undertakes, which I'm sure extends to his other roles. Russell comes across as driven, enthusiastic and well respected amongst his peers, and his work cements vital links between the university and community.

Louise Bullen 3rd year MPharm student

School of pharmacy University of Central Lancashire

I first met Russell three years ago when I was a Preston College film student after coming along to the one in four film Festival. By the end of the week listening to Russell's film introductions and closing question and answer sessions I was completely hooked, and volunteered to become a film festival committee member.

Working alongside Russell over the years as an active member of the film festival committee has been truly inspirational and life changing.

He has a unique creative talent and ability to network and communicate with everybody he meets, from student to staff, to community member.

On a personal level, Russell enthusiastically encouraged me to develop and discover my own film, photography and IT skills. In doing so, and with his support and recommendation I have now successfully become a full-time UCLan student.

I also know of two other university students who have started at UCLan as a direct result of working with Russell on his many community projects.

I now successfully film and photograph a number of community-based activities on behalf of Russell and the University

He will continue to be an inspiration to me and many other UCLan students for many years to come.

Russell's Honorary Fellowship is thoroughly deserved, especially as he has gained much respect from a great number of UCLan students and staff.

Keith Byers

TV production student BSc

University of Central Lancashire.

As a result of Russell's direct involvement the One in Four film festival has gone from strength to strength, tapping into mental health related films and light entertainment prior to each showing that has now put UCLan on the map in raising mental awareness with the use of creative involvement.

He brings out the best in the people he works with, which helps them to develop and grow in confidence. This quality is something that makes Russell stand out from others.

Alex Ashworth Mental Health service user and Preston FM presenter.

To be able to help other people because of what I have been through is, to me, priceless and means all I endured wasn't in vain. I was struck by Russell's obvious capacity to empathise - genuinely and not at all in a patronising way. By the end of our conversation, I was so excited and looking forward to a new avenue in my recovery. I felt included, appreciated and that what I had to say mattered.

Nicola Parr Mental health service user

Firstly, you made me feel that I was the only person that really mattered ... that I could do the teaching and planning of the sessions within the curriculum. You were so supportive when I showed you the power point and I felt uplifted ... [that] I would be a valued member of the team. Even though I work with all the team at Comensus I feel honoured to work alongside you. You take the time to explain what you require of me and value my thoughts and ideas.

Dr Jane Titherington PhD

Service-user and former University of Central Lancashire student

Discovering our own creativity and 'voice' has been a really empowering experience and way of getting to know each other more.

This has been a result of Russell's ability to network and know a huge number of people in the community.

Those of us who work with Russell would confirm that he seems to have a huge capacity to be involved with many projects as well as the massive impact he has on the lives of both Comensus members and the students at UCLan.

Lou Rawcliffe

Comensus Member

I have known Russell Hogarth since June 2011 when I left Guild Lodge Hospital in Whittingham and moved into the community in Preston.

Russell has taught me so much about what it means to overcome adversity and move forward with your life. In lectures he has given me the confidence to talk about my life experiences and know that I can do a good job.

Last year in October I introduced a film at the Film Festival, at the University, of which Russell is chair of the Film Festival organising committee. I never thought I would and could be trusted to speak at such an important event, but the engagement with Comensus and Russell in particular gave me the enthusiasm and willing to do such a task.

I have faced so much discrimination in my life because of my mental health conditions but the work with Comensus has shown me that from small acorns big trees can grow.

Russell is proactive in engaging service users like myself at Guild Lodge Hospital into returning to the community and putting something back into services which have helped and nurtured us during our times of ill health.

John Crossley

UCLan Student

Mental health service user and survivor

Through such projects as the 1 in 4 Film Festival Russell is not only facilitating widespread community engagement but also promoting UCLan as a world leader in this kind of engagement. Indeed, he is now guiding universities nationally and internationally in how to develop the level and kind of community engagement that UCLan prides itself on.

Russell has friends and contacts in more organisations and networks than one can easily keep track of – his energy and enthusiasm are infectious and are connecting UCLan in meaningful ways with both local community groups and national bodies such as the NHS and HEFCE, as well as universities nationally and internationally. He is a real asset to UCLan.

Amy Verhagen

Note-taker

University of Central Lancashire.

Russell was both professional and very hard working in his efforts to ensure that the [One in Four film] festival received all the publicity it could in order to meet the goals of increased awareness of mental illness. He has been relentless in his efforts to ensure that everyone from all walks of life not only had access to the festival but also that their voices were heard by all who attended. This included both carers and people who had experienced a mental illness and various mediums are encouraged for them to express their feelings.

Pauline Wright RGN, RMN, Adv.Dip.Couns.
Hospital Director
Priory Hospital Preston and Quayside House Preston

Russell is an asset to the University and the community. His tireless work, often on behalf of those people from the more vulnerable areas of society, is an example to us all. Russell brings a ray of light to often uncared for areas of the community. He is a strong advocate and challenger for the rights of marginalised groups and, as I noted above, someone who really makes a difference.

Professor Aidan Worsley
Dean of the School of Social Work University of Central Lancashire

I work in the field of social inclusion, having founded and led the cross-government National Social Inclusion Programme prior to my current role as Director of the Inclusion Institute at UCLan. I have, therefore, been well-positioned over some years to understand the nature and type of approach to professional and community activity that advances most convincingly the changes needed to produce lasting outcomes in such a key field for social justice. These involve a strength and breadth of conviction, a strong personal values base and significant lateral vision as to how best to mobilise and inspire change across organisational boundaries. Russell brings these qualities to his work with Comensus and beyond, seeing, inspiring and helping to capitalise the potential of individuals and communities of all kinds in the cause of social change. In this, Russell draws on a huge breadth of personal experience, deep commitment and unswerving enthusiasm for collaborative engagement.

David Morris PhD, BA, DASS, CQSW, FRSA
Professor of Mental Health, Community and Inclusion
School of Health
University of Central Lancashire

Russell never loses sight of what he wants to achieve on behalf of service users and will go out of his way to make their experiences valuable. He is a champion who never stops being a champion for people.

He is an asset to the University. He is an asset to projects such as those managed by The Children's Society.

Pauline Geraghty, MBE, MSc, BEd, CQSW

**Programme Manager
The Children's Society**

Mr. Russell Hogarth plays an important role concerning my university's intention of involving service users and carers in social work education. His advices and experiences are widely appreciated and he is invited to visit the Catholic University of Applied Social Sciences Berlin as an expert in order to share his know-how.

The issue of involving service users and cares in social work education is not yet known in Germany. The intended project at the Catholic University of Applied Social Sciences Berlin will be the first one of its kind in Germany. In this sense, by supporting the university within the involvement of service users and carers in social work education Mr. Hogarth makes a tremendous contribution in bringing that topic forward not only at the Catholic University of Applied Social Sciences in Berlin but also in Germany itself.

Franziska Anna Leers

Graduate from Catholic University of Applied Social Sciences Berlin Master of Social Work

**Catholic University of Applied Social Sciences Berlin
Köpenicker Allee 39-57
10318 Berlin Germany**

I know Russell Hogarth when he was a Comensus representative on our MRC working group in 2010. This was the first time the University of Central Lancashire received a grant from the MRC through myself, Professor Remco Polman. The grant was obtained to develop a network of researchers and a programme of research on health ageing. The group consisted of academics from a number of Universities in the UK and Hong Kong. Having external non-academics involved in the development of research programmes is crucial. Russell provided a welcome addition to the team.

Professor Remco Polman PhD

**Institute of Sport, Exercise and Active Living
Victoria University
Melbourne
Australia.**

I have been involved in facilitating community engagement in medical education for several years and can attest to the significance of the work that Russell Hogarth is doing with his collaborators in Comensus, the Service User Carer Advisory Group of the University of Central Lancashire.

Russell and his colleagues similarly play an important role in helping to incorporate social justice and social inclusion into health care policy and practice.

Dr Louella McCarthy

**School of Medicine
University of Western Sydney
Australia**

Russell has been one of the most engaged and active members of the [Comensus] team since it began. He was instrumental in the set up of the Comensus philosophy and ideology, and in the formation of effective working structures and procedures. He has continuously and effectively contributed to the work of the team as it has developed and expanded over the last five years. His input has been dynamic, consistent, and productive. His contribution has been, and continues to be, invaluable.

Dr Soo Downe OBE
Professor of Midwifery Studies
School of Health
University of Central Lancashire

I have a huge amount of respect for Russell which has been earned over many years of him fighting other people's corners. Of him stepping forward and carrying the torch for others less robust.

Russell approaches people and organisations with fresh eyes and an inspiring and authentic positivity rarely seen. As a consequence he had made a tremendous impact at every level. On a person level, he is a man of integrity, a determined and genuine individual.

Karen Wright
Principal lecturer and Lead for Mental Health
School of Health
University of Central Lancashire

I have come to value Russell highly in his contribution not only to professional education but also his dedication to user involvement in this field.

Russell is a kind-hearted gentleman who always treats others with respect and kindness. He seems to have endless energy when it comes to giving his time whether it involves chairing meetings, teaching and mentoring others or just sharing his experiences.

I have no hesitation in recommending him for an important position of this sort, which requires integrity, enthusiasm and above all a will to make a difference.

Professor Joy Duxbury
Head of Centre for Mental Health & Wellbeing
University of Central Lancashire

It is Russell's capacity to communicate on affective and intellectual levels with people that makes him a gifted educator and his uncompromising and unwavering commitment to democratic, inclusive and participatory practice that makes him an inspiring role model and colleague. Russell's work is worthy of recognition.

Lynn Shorter
Senior Lecturer
School of Social Work
University of Central Lancashire

International Social Work Centre for Community Development

Russell has undertaken sterling work for a number of years as a member of SUCAG, in terms of social work research, education, conference presentations and publishing. He already is an asset to UCLAN:.

Pat Cox

Reader in Social Work and Social Justice

School of Social Work

University of Central Lancashire

Russell's sincere and supportive character brings together an increased awareness of the level of participation that the university is committed to, raising its profile locally and nationally to improve and reevaluate cultural contexts.

The work of Russell will hopefully alter the lives and opportunities of those who may once have been ostracised and alienated from modern society, into a situation of inclusive care and appreciation for the contribution that they bring to society in many disciplines.

Louise Janvier

BTEC Graphic Design lecturer

Visual & Performing Arts

Preston College

From a personal point of view Russell epitomises everything that is good in a lecturer, leader and role model for our students. When we want positive role models for people to aspire to and empathise with, I can't think of anybody else I would turn to.

Barry McRory

Course Leader school of Health

University of Central Lancashire

Recently a new set of educational standards for pharmacy training have been released by the General Pharmaceutical Council and these place a strong emphasis on patient involvement, not only in workshops, but also in curriculum design. Russell has once again been able to provide expert advice and also his wide range of links to other carer groups. He has recently been involved in our scoping study using focus groups to identify key issues in delivery and we are very grateful for his input and look forward to developing our links with Comensus and our continued relationship with his work.

Gordon Becket

Professor of Pharmacy Practice

School of Pharmacy & Biomedical Sciences

University of Central Lancashire

Russell has made a significant contribution to developing patient-focussed medical and dental education at UCLan.

Barbara Alice Brown
Principal Lecturer Learning and Teaching
School of Postgraduate Medical and Dental Education
University of Central Lancashire

Russell has been an active co-applicant & research facilitator for a MRC funded project on healthy aging. Russell was part of the grant writing team where he was able to bring his wealth of knowledge as a service user representative to the application. The process of successfully gaining this grant has been long and complex and I have received tremendous support from Russell who has demonstrated his commitment and determination over a long period of time to support research activities.

James Selfe PhD, MA, GD Phys, FCSP
Professor of Physiotherapy
School of Sport, Tourism and The Outdoors
University of Central Lancashire

Initially, I contacted Russell with a view to incorporating the user perspective in UCLan's MSc in Health Informatics Programme that is currently delivered via distance learning. His high quality input was welcomed and valued by academic colleagues and multidisciplinary students alike.

Beverley Ellis MA PhD PGCE FHEA MBCS CITP
Principal Lecturer
Health Informatics Team
School of Health
University of Central Lancashire

Russell has made a substantial contribution to UCLan provision through development and delivery of material (e.g. Comensus). In particular he has promoted the use of innovative techniques in education. These contributions have been recognised by external agencies such as the Nursing and Midwifery Council.

Russell often promotes UCLan on a national or international level. For example, on the Lancashire and Cumbria Health, Innovation and Education Cluster he advises on funding projects for Universities and Health Authorities. Furthermore, Russell has consistently promoted involvement between UCLan and the wider community encouraging community members to engage with the University.

Dr Gayle Brewer, CPsychol, AFBPsS, FHEA
Senior Lecturer in Psychology
University of Central Lancashire

I have known Russell through his work as a board member of the Design in Mental Health Network (DIMHN), I have been greatly impressed by his generous and warm nature, insightful comments, holistic perspective and dedication of time and energy

to a small but ambitious group determined to make a difference through the quality of the environment to mental health patients and their carers.

Marc Sansom

Director

International Academy for Design & Health.

Russell will make an excellent ambassador for UCLan

Dr Robert MacDonald RIBA

Emeritus President

Liverpool Architectural Society

Chair Merseyside Branch RIBA

Reader in Architecture Liverpool John Moores University

Elected Councillor

NHS Merseycare

Russell is a co-opted member of the DIMHN Board, advising on issues particularly relating to service users. Russell's input over the past year has been invaluable, his networking skills have been a great asset, his energy and enthusiasm are delightful, and he can always be relied upon to contribute in a positive and generous way.

Bev Lamey

Principal Lecturer

Programme Area Coordinator: Fashion & Textiles Course Leader: MA Surface Pattern and BA (Hons) Surface Pattern

School of Art, Design and Performance

University of Central Lancashire

Russell Hogarth played a key role in galvanizing service users and carers (people with mental health and physical challenges) to participate in a community education programme called Reading the World (RTW).

He is the type of person who lends his knowledge and expertise to any initiative he believes will benefit other people. It is this genuine desire to serve others, backed by tireless do-energy and irrepressible enthusiasm, that makes Russell unique not only in the professional arena but also as a human being.

Joan Behar Programme Director of Reading the World

I co-ordinate the Mental Health in Higher Education project and facilitate the Developers of User and Carer Involvement in Education (DUCIE) network – a national initiative for service user and carer involvement workers based in UK higher education institutions. I have sought Russell's advice in relation to my own teaching and development work. Russell brings an intelligent, calm and insightful approach to his work. He is an active, inspiring and unflagging ambassador for the work of the Comensus team. He richly deserves recognition.

Jill Anderson

**Senior Project Development Officer
Mental Health in Higher Education
University of Cumbria**

I was introduced to Russell Hogarth in 2009 whilst working for Rethink on the development a mental health service user and carer standing conference for the North West, Collective Voice NW (CVNW). He contributed to CVNW organisation, spoke enthusiastically and knowledgably at conference and was always open, honest and positive in his approach. Accordingly he earned the respect of everyone around him.

I am aware that Russell now works extensively in community and educational settings both nationally and internationally. I think he would be an asset to any project in which he chose to get involved and deserving of recognition for the work he carries out.

**Graham Browning
Independent Mental Health Trainer/Facilitator and former Development Manager for Rethink**

Russell has been an inspirational member of the Champion Forum. His energy and enthusiasm has encourage others to strive and think about educating others regarding mental health. Service users at Guild Lodge have worked with Russell and connected with him and value his input. This is a relationship that I feel very passionate about and I know that our work together now and into the future will change people's lives.

**Carol Bristow
SEED Project Lead Service User Involvement
Guild Lodge
Preston**

Russell's commitment to mental health in the community is self-evident and the work he does brings credit on all associated with him, particularly UCLan.

**Andy Swarbrick
STR Worker
Recovery Team
West Strand House
Preston**

Mr Hogarth has a particular ability in enabling professionals to relate to service users and carers, ensuring that their voices are remembered amidst organisational systems and pressures. It was for this reason that I have asked Mr Hogarth to be a member of Lancashire County Councils AMHP selection panel over the past two years.

I fully support Mr Hogarth.

**Amanda Murphy
Learning & Development Lead – Mental Health
Adult and Community Services Directorate
Lancashire County Council**

Russell has impressed me with his flexibility and 'can do' attitude, and my students assert that the service user input in their studies is one of the things that really makes the difference when studying here at UCLan.

Russell is in many ways reflective of the qualities that the University seeks to demonstrate as an organisation. He truly values equality of opportunity and seeks to ensure that this also applies to students' opportunities. He strives for excellence in all that he does.

Nick Bohannon

Senior Lecturer

School of Health.

University of Central Lancashire

Russell has also been involved in the strategic development of the curriculum, course enhancement and in the promotion of good practice on an international basis. The extent of his involvement activities and his energy and drive knows no bounds.

Russell's nomination would recognise the efforts, passion and drive that he has to bring the University to the Community and the Community to the University in all its diversity.

Marie Mather

Senior Lecturer in Mental Health

University of Central Lancashire

I have known Russell Hogarth through his work on a project group I chaired in 2010/2011. The role of the group was to survey the views of Health and Social Care Professionals and Patients and Carers on the Education and Training required for those caring for people at end of life.

Russell was very supportive, both within the steering group and also with his commitment to the external work we were doing regarding this.

He selflessly shared his own personal experiences and insight as a carer to help develop the work.

He demonstrated a strong team ethic and excellent communication skills in working with his colleagues.

I would be delighted if Russell was recognised for his work.

Elaine Owen

End of Life Care Lead for Acute and Specialist Services

Cheshire and Merseyside Clinical Networks

Palliative and End of Life Care Network

Wirral

Russell is always approachable and happy to help in any way he can. He is a mine of useful info and has a wealth of personal contacts and experiences which informs much of his work. Russell's hard working and friendly approach make him a pleasure to be around.

I would have no hesitation in recommending Russell.

Joseph Cooper

**Volunteering and Employability Manager
University of Central Lancashire**

I am Creative Director of the Lancashire International Film Festival, an annual event run through University of Central of Lancashire (UCLan). I am also a part-time lecturer at UCLan.

I have met Russell in both of my UCLan capacities and have found him to be one of those rare individuals who are able to balance a creative, pragmatic, practical and caring to his work, his colleagues and to the people he deals with in daily life.

Russell is a skilled professional, whose skills and energy represent UCLan in a positive manner of which it can be proud. He is a man who is sensitive to the needs and motivations of those around him, looking to facilitate them where possible. He is also a man who has proved that he is not daunted by difficult work and life situations and will strive to find a way to deliver the best possible results for all concerned.

Ric Michael

Partner at Puma Events and Training Creative Director at Co-ordinator Lancashire International Film Festival

Visiting Lecturer at UCLan Writing for Television.

Pitching, Working with New Media at Media Training at Creative Industries Trafford.

Russell is someone who lives up to being “true to the calling” of a caregiver for the sick and the infirmed. He has always been an inspiration to other healthcare workers and the public, and brings embodiment to the strength and virtues of the human spirit.

Ibrar Syed

Executive Council Member (IFMCH)

Senior Consultant (Relic Stone Publications)

CEO (Lilly's Consultant)

Russell has also taken forward consultation projects on behalf of Skills for Care using his network connections and contributing greatly to all the projects he has been involved in. I am delighted to offer support for Russell to be recognised as an honorary fellow of the university I believe he thoroughly deserves to be recognised in this way.

Brian Groves

Area Officer.

Skills for Care

Skills for Care develops skills and qualifications with employers of adult social care workers to improve the quality of service delivery across England.

It is with great pleasure I endorse others’ finding of the energetic, hard work and constant effort that Russell gives to everything he cares passionately about!

Russell has given time, tolerance and his expertise without any question to further the cause and to “enable” Service Users/Carers towards empowerment within the Community.

Russell leads from the front and deserves the recognition for his sacrifices and services given.

Evelyn Bitcon

Vice Chair - Cumbria Mental Health Group

I believe Russell makes a major contribution within UCLan in the support and delivery of curriculum and the Comensus programme. Russell champions very interactive, engaging and creative methods within the classroom which promote learning. Russell does not just work within his own team or school but actively and enthusiastically makes links right across the university and Student Union. He always finds the time to make real connections with people, and helps others benefit from his range of networks – which are impressive! Russell's approach also includes a strong commitment to bringing in members of the community to link with UCLan so all parties can benefit. The success of these initiatives such as the One in Four films festival owes much to Russell's open and friendly approach, his skills in facilitating large groups of people and his skills in lobbying support and funding.

Sharon Doherty (BA, MA)

Healthy University Co-ordinator

Healthy Settings Unit

School of Health

University of Central Lancashire

Russell is an asset to the University in his role, and has a significant positive impact on the many students he meets.

Jane Lloyd

Senior Lecturer

School of Social Work

Kendal College

Russell's membership of [SUCAG (Service Users and Carers Advisory Group), which operates in the School of Social Work] has added value to the working of the group and he brings a professional approach to his contributions that shows a high level of insight into the needs and experiences of service users and carers as well as to the needs of trainee professional social workers.

He champions the cause of service users with enthusiasm, energy and integrity.

Peter Mounsey

Higher Education and Professional Studies Manager

Burnley College

Making links, forging relationships, and being a pro-active and enthusiastic colleague makes Russell an inspiration to work alongside.

From what I have observed and heard over the past year, Russell makes a significant contribution within UCLan within his immediate area of expertise, but extends this networking far beyond the classroom and within the confines of the University. I am not aware of anyone else within UCLan that is so active externally and for the benefit of so many individuals and organisations.

Heather Booth

**Advancement Partnership & External Liaison Marketing Manager
UCLan**

Russell Hogarth has been a volunteer at Queens Drive primary school for a number of years. His involvement has been in creative education.

Russell designed and created the teddy bear clinic for Queens Drive and the School of Health at the University of Central Lancashire. The successful participation between a local primary school and the University is now going from strength to strength and is now part of the curriculum at many other primary schools in the area. The teddy bear clinic involves nursing students from the University going out to local primary schools to engage with schoolchildren who bring in their teddy bears for medical procedures. This has successfully helped break down the barriers and fears associated with clinical procedures. It is also a great learning opportunity for nursing students to get involved with young children before going on placement in the local hospitals. The teddy bear clinic has also successfully featured in a number of university conferences throughout the country. At an OFSTED visit to the school on teddy bear clinic day, the inspectors commented on the excellent working relationship between the local primary school and university

Mrs Stephanie Snape

Year 3 Teacher

Queens Drive Primary School, Preston

Russell's passion, energy and professionalism to all he is involved in are clearly evident and this helps to provide an excellent role model for our students. I have no hesitation in recommending Russell to be put forward for an Honorary Doctorate and wish him all the best.

Dr Lis Smith

Principal and Chief Executive

Preston College

Fulwood Campus

In my experience Russell is a tireless campaigner for social justice and inclusion. He reaches out to many of the harder to reach members of the community with support, help and advice. He has a vast experience of health and social care mainly as a result of using services for over 40 years.

In addition to Russell supporting and organising each Comensus teaching experience he also personally prepares us before each session helping to build our confidence and discuss any issues we may have prior to going into the classroom. Russell also takes the time to discuss the teaching opportunity with us afterwards to look at what worked best and what could be improved on for the next teaching session. He will also use this opportunity to talk to the individual members of the team who may have experienced anxiety or upset as a result of reliving difficult experiences with the students.

The film festival, as a direct result of Russell's guidance, has grown from success to success, achieving record audiences each year. This annual film festival (unique to UCLan) has now become one of the university's flagship events.

Each year Russell also co-ordinates a community involvement day for the University on the 10th of October, world mental health day. He always invites members of the Lancashire teaching hospitals to participate. As lead hospital governor for Lancashire teaching hospitals I would like to say how much we appreciate the opportunity to engage with the University and other community support groups. It is an ideal opportunity to raise awareness of the many involvement opportunities that the Lancashire teaching hospitals are currently involved in.

It's unusual in this day and age to come across somebody as genuine as Russell. He is not only an ambassador to the University of Central Lancashire he is also an ambassador to the community of Lancashire.

John Coxhead

Lead Governor

Lancashire Teaching Hospitals

Associate Lecturer

Comensus

University of Central Lancashire

Russell represents smile on a number of occasions throughout the year at the University of Central Lancashire and many local community health and social care support groups.

Russell has also been the voice of smile for the NHS, the local primary care trust and is a member of the skills for care regional committee.

Russell has been a great ambassador for smile for a number of years.

Kate Banks

Chair

Smile Preston.

Smile is a chronic pain self-help support group with charitable status.

Russell's reputation as a leading light in the community was known to us before he became part of Comensus Community Involvement Team in 2008.

Russell embraces everyone from the shy service user or carer to the high flying academic and no one can fail to be motivated by his enthusiasm.

When we are looking for volunteers to teach to students there seems to be hardly any categories physical or mental that Russell cannot speak with authority on

Peter Sullivan

Adult Carer Support Officer

Preston & District Carers Centre

A network member of the Princess Royal Trust for Carers.

As members of NHS Central Lancashire's staff we have been able to work with you since 2007. During that time you have made a significant contribution to our Patient Focus Group and to the Comensus project within the university.

It is widely recognised that you are well known across a range of statutory and voluntary organisations and we have appreciated your support to our Ownership Programme.

These two commitments to NHS Central Lancashire have demonstrated considerable knowledge about our local community and a tremendous enthusiasm for making sure that the needs of our community are heard and acted upon.

This positive commitment is clearly reflected in the work of Comensus where it brings together an equal partnership of students and academics. This model of understanding has clearly proved helpful to students and staff and is one that we feel would be transferable to many workplaces where sharing of knowledge will bring significant benefits.

Anthony Conder and Bob Minto

Engagement and Customer Care Officer and Community Engagement Officer

Central Lancashire Primary Care Trust

Russell is a fine ambassador for the University of Central Lancashire taking every possible occasion to promote and share developments within the University. Russell continually encourages involvement with UCLan whether this be as a service user or carer offering experiential learning opportunities.

Russell is a great networker and is willing to share contacts and connect people with particular skills, whether they be marketing, public relations, media, secretarial, IT to name but a few.

Giulia (Julia) Grieco

Strategic Improvement Officer

Programme Office

Lancashire County Council

Through a fantastic combination of ensuring inclusivity while recognising the individuality of everyone, Russell has created a [film] festival that is becoming more and more successful and well-known, showing how UCLan is innovative in its approaches to mental health and public engagement.

Marie Hutson

Knowledge Transfer

University of Central Lancashire

Preston FM representative and One in Four Film Festival committee member

The thing which marks Russell out as being particularly special is his dedication to service users. With Russell, the priority is never him, or UCLan – it's the people that his work ultimately affects that are always foremost in his mind. His dedication to the care user is writ large in his driving the Comensus initiative, and the key work he has done in raising mental health issues in the University, in the region and beyond, through the One in Four Film Festival, which has done so much to heighten awareness to a broad audience in an engaging, accessible way.

Joel Arber

**Director of Marketing and Communications
University of Central Lancashire**

I have had the privilege of knowing Russell since he participated in a workshop at Engage 2011, a conference I was organising last November. The workshop went down very well with conference delegates – receiving the highest scores for content and format, and was a welcome addition to our programme.

Since then I have been impressed by Russell's commitment to sharing the work that he has been doing, in order to inspire and support others to develop equally effective work within their own context. He is open to sharing his learning and experience, as well as being open to learn from others.

Russell's commitment to spanning the divide between academia and the public is exemplary –and he is an inspiring example of what can happen when universities and communities work together in mutually beneficial ways.

Sophie Duncan

Deputy Director

The National Co-ordinating Centre for Public Engagement (NCCPE)

Higher Education Funding Councils, Research Councils UK and the Wellcome Trust

I have been very impressed by Russell's tenacity and passion for raising the profile of service user involvement within the University of Central Lancashire and the wider community. Russell is an excellent example of the power and creative advantage of service user involvement.

Janice Horrocks JP, RMN, RGN,

Member of the University of Central Lancashire Board of Governors

I met Russell when I was Strategic Director of Adult Social Care in Blackburn with Darwen three years ago as the council was beginning to explore the opportunities for social enterprise solutions for care and health. I had a vision for the way in which students could be more involved in supporting people to remain at home and Russell introduced me to the Comensus Programme, his work and that of his colleagues.

Russell's tireless enthusiasm for innovation and change is remarkable. He helped me refine my model thinking for supporting disabled people by involving students in an approach to personalisation that will come to fruition in the not too distant future. This model aims to become replicable not just across the UK.

Russell is a tremendous ambassador for disabled people and the university. His sensitive and thoughtful consideration for new ideas and how, together, we can make a real difference across our communities, sets him apart as an individual. His ability to span the networks of academia, third sector and statutory services is both assured and highly credible.

Stephen Sloss

Chief Executive

“Support solutions you control: Salvere Independent Living”

Moor Lane Resource Centre

Preston

I am aware of much of Russell’s work over years past and was personally involved with his efforts during my time as Chair of the NHS North West Commission on Mental Health between 2007 and 2009. I know that he has done a great deal to further support and engagement for those affected by mental health challenges and that he has taught widely in this area.

Russell has a very considerable background in the mental health field coupled with a his reputation amongst a diverse range of colleagues.

Having worked extensively at local, regional, national and international level I am aware of many people who have contributed in a variety of settings to further the cause of those with mental health problems and I AM CONFIDENT THAT Russell is a person who stands out amongst these.

I have no hesitation in lending my wholehearted support to his nomination.

John Boyington CBE

Transition Support Director for NHS Greater Manchester

Formerly chair of the NHS North West Mental Health Commission,

Director of Health and Offender Partnerships at the Department of Health and Home Office and Director of the Collaborating Centre for the WHO Health in Prisons Project in Europe.

Russell is the mainstay behind the University’s Comensus project, which is a unique partnership with service users and carers of health and other local services which has created multiple points of input into our health curriculum with huge benefits to our students and which has also given new energy and hope to all who get involved from across the city. As volunteer co-ordinator for the Service User and Carer Advisory Group, Russell has really driven the wider involvement of both carers and service users in a wide range of activities in partnership with UCLan and others – the personal health benefits for the service users and carers is noticeable as their activity and involvement forges new possibilities for personal growth and development, sometimes against all the odds.

It is difficult to adequately sum up the contribution that Russell Hogarth has made to the wellbeing and life prospects of students, carers, service users and the wider community in Preston except to say that it is hard to imagine UCLan and the city without him and that he nurtured, sustained and energised many individuals and organisations with his tireless commitment and all of it in a voluntary capacity. Russell is an inspiration to many people

including myself and his impact on our University including on our curriculum and our students is profound and long lasting.

Professor Rod Dubrow-Marshall PhD, MBPsS

Pro Vice-Chancellor (Student Experience)

University of Central Lancashire