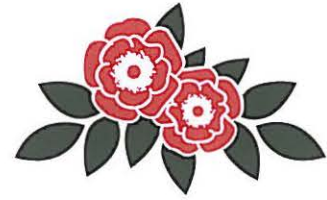


# NEWS RELEASE

UNIVERSITY  
— OF CENTRAL —  
LANCASHIRE



## Major conference looks at 'total' healthcare

The University of Central Lancashire has an established reputation within the north west for its innovative health initiatives. As a 'health promoting' university it aims to create a 'complete' approach towards healthcare, building a commitment to good health into every aspect of university life for the benefit of staff, students and the wider community. Practical examples of work include the *touch* student volunteer project, which provides outreach work around drugs and sexual health at events within the University Students' Union. This project recently won a prestigious North West Health Challenge Award. Other initiatives include on-going support for World Aids Day, 'green' transport plans, and food and nutrition policies – all in collaboration with other agencies and the local community.

With this in mind, the University is keen to share its good practice with other health organisations throughout the country and is hosting a major conference next week, focusing on the delivery of well being and health within the context of 'healthy settings'. The conference is organised in collaboration with a range of agencies, including the Department of Health, the UK Public Health Association and the North West Development Agency, and aims to explore the ways in which the healthy settings approach, used by the University and other institutions such as hospitals and schools can be an effective way of promoting good health. Although this approach is usually applied to organisational settings, it is also part of broader-based initiatives such as Healthy Cities and the development of healthy communities and neighbourhoods.

'Delivering Wellbeing and Health through Settings and Partnerships' has been organised by The Healthy Settings Development Unit within the University's Faculty of Health.

Mark Dooris, Director of the Unit, says: "The Healthy Settings Development Unit has been working to support a range of initiatives across the North West. The level of interest in the conference shows that its focus on delivering wellbeing and health through settings and partnerships - and in particular its concern to encourage greater integration and 'joined-up' policy and practice - is extremely relevant and timely."

Delegates at the conference include representatives from local authorities, education institutions, local community organisations, voluntary agencies and public health authorities.

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9 July 2003  
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-Notes to editors follow-

**Note to Editors:**

1. 'Delivering Wellbeing and Health through Settings and Partnerships: Synergy & Strategy' will be taking place at the University of Central Lancashire on 14/15 July 2003. For more information, please contact Mark Dooris, Director, Healthy Settings Development Unit, tel: 01772 893760 or 01772 893765 email: [mtdooris@uclan.ac.uk](mailto:mtdooris@uclan.ac.uk) web site: [www.uclan.ac.uk/hsdu](http://www.uclan.ac.uk/hsdu)
2. Agencies supporting the Conference include: the Department of Health, the Health Development Agency, the Health for All Network, the UK Public Health Association, the Government Office for the North West, the North West Regional Assembly and the North West Development Agency