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# Development of Occupant-Preferred Landing Profiles for Personal Aerial Vehicles

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With recent increased interest in autonomous vehicles and the associated technology, the prospect of realizing a personal aerial vehicle (PAV) seems closer than ever. However, there is likely to be a continued requirement for any occupant of an air vehicle to be comfortable with both the automated portions of the flight and their ability to take manual control as and when required. This paper, using the approach to landing as an example maneuver, examines what a comfortable trajectory for PAV occupants might look like. Based upon simulated flight data, a ‘natural’ flight trajectory was designed and then compared to constant deceleration and constant optic flow descent profiles. It was found that PAV occupants with limited flight training and no artificial guidance followed the same longitudinal trajectory as had been found for professionally trained helicopter pilots. Further, the final stages of the approach to hover could be well described using Tau Theory. For automatic flight, PAV occupants preferred a constant deceleration profile. For approaches flown manually, the newly designed natural profile was preferred.

## Nomenclature

$a_x, a_z$	= acceleration in the $x$ and $z$ axis, $\text{ft/s}^2$
$a_{xc}$	= longitudinal commanded acceleration, $\text{ft/s}^2$
$a_{xd}$	= commanded acceleration to drive this symbology, $\text{ft/s}^2$
$c, C$	= constant parameters
$k$	= coupling constant

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$k_a, k_d$	= coupling constants for constant acceleration and deceleration
$k_f$	= tangent value of the constant flight path angle
$k_r$	= coupling constant for flight path guidance
$k_r$	= gain to account for the velocity difference
$K_g$	= collective input to the command flight path angle
$K_I, K_p$	= integral and proportional gains
$g$	= acceleration of gravity, $ft/s^2$
$h$	= instantaneous height above the ground, $ft$
$m, n$	= number of ratings given by each test subject
$p$	= number of the current profile
$t$	= time, $s$
$\bar{t}$	= normalized by the maneuver period
$T$	= maneuver period, $s$
$T_r$	= flight path arising period, $s$
$u$	= forward velocity in the body axis, $ft/s$
$x, y, z$	= pilot's viewpoint distance ahead and lateral of the aircraft and height above the ground, $ft$
$\dot{x}, \ddot{x}$	= closure rate and acceleration to a boundary (x-axis), $ft/s, ft/s^2$
$\dot{z}, \ddot{z}$	= closure rate and acceleration to a boundary (z-axis), $ft/s, ft/s^2$
$Z_w, Z_{\delta_{col}}$	= collective heave and control damping derivatives
$\gamma_a, \dot{\gamma}_a$	= flight path angle gap to go and gap closure rate, $deg, deg/s$
$\gamma_f$	= final flight patch angle, $deg$
$\delta_{col}, \delta_{lon}$	= collective and longitudinal control input, $inch$
$\eta$	= pilot's control deflection, $inch$
$\dot{\eta}_{pk}$	= peak of the rate of control input, $inch/s$
$\tau$	= instantaneous time to contact boundary in the optical field, $s$
$\tau_g$	= intrinsic $\tau$ guidance, $s$
$\tau_d$	= time delay between the cyclic input and acceleration response, $s$

$\dot{\tau}$  = rate change of optical tau

$\omega$  = eye height velocity, 1/s

## I. Introduction

Global interest in autonomous vehicles continues apace, with the introduction of some form of automatically driven or autonomous ‘car’ seeming increasingly likely with 5 – 10 years [1-3]. However, within that community, there is still intense debate concerning the role of the human operator. Thinking further ahead, it is conceivable that these technologies could also be used to finally realize the concept of a personal aerial vehicle (PAV). Given the more stringent regulatory framework that exists around current aviation technology, it is likely that the requirement for the human operator to be able to intervene will exist. Indeed, current thinking around unmanned aircraft is that, to remain within current regulations, a remote pilot will always need to be in command [1-3]. A truly autonomous aircraft i.e. an aircraft that does not allow human intervention in a flight [4] will not be able to be integrated into the current airspace framework in the foreseeable future as it would not conform with Article 8 of the Chicago Convention [4]. On the reasonable assumption that PAVs will not be remotely operated i.e. the pilot is located somewhere other than the vehicle itself, the operator of a PAV must, therefore, be ‘in the loop’ and be capable of intervening effectively. It is anticipated then, that some form of trajectory guidance assistance will be required in the case of PAVs being operated by their human occupants. These PAV occupants will generally not be professionally-trained pilots. Phases of flight close to the ground will be of most concern in terms of the ability of the occupants to both follow and accept the required vehicle trajectories. It is these phases of flight, and specifically the landing approach, that is the focus of this paper.

Guidance for the landing approach maneuver for professional pilotage has evolved over the period of modern manned aviation. The use of the ubiquitous instrument landing system localizer and glideslope indicators provides the pilot with precision lateral and vertical guidance cueing to assist with the task of flying the aircraft along a prescribed flight path down to the runway. Primarily in use in military aircraft, the conformational flight-path vector symbol on a head-up display (HUD) allows the pilot to place that symbol on the runway threshold to achieve the same outcome in visual meteorological conditions. For private pilots, such technologies are not necessarily available. This is either because the aircraft is not suitably equipped or because they are not qualified to use them. One technique that is therefore employed to fly the correct trajectory is to pick a reference point (the runway threshold markers, for

example), and to ensure that this reference maintains its position in the windshield in the pilot's field of view down the approach path.

For future civilian aerial operations, the European Commission's Framework VI project, 'OPTIMAL' [4], focused on defining and validating innovative solutions for the approach and landing phases of both fixed- and rotary-wing aircraft to deliver greater airport capacity, improved transport efficiency, reduced environmental impact and increased safety. This project differs from the results of the current study. First, OPTIMAL developed state-of-the-art trajectories using both new and existing precision instrument landing aids as well as new Air Traffic Management technologies. The research in the current paper develops profiles that are based upon the available visual information from outside the cockpit. Second, the innovative approach and landing methodologies developed in the OPTIMAL project are intended for use by highly trained, highly motivated professional pilots. For the present research, the subjects of interest are not professional pilots. Third, the present work concentrates on the comfort of the PAV occupant which is not a feature of the OPTIMAL project.

It is anticipated that the more intuitive and salient the perceptual information provided to the occupant of a PAV is, the greater will be their ability to make rationale and correct decisions regarding control of the aircraft. It is proposed in Ref. [5;6] that a future PAV will require a hover capability. PAVs may therefore share some similarities, in terms of allowable trajectories, with modern rotary-wing aircraft. Numerous previous studies have been undertaken to understand rotary-wing pilot control behavior during a visual landing task [7]. Some of the salient pioneering research was conducted by NASA during a study to design a flight director system to provide an approach profile based upon "natural physiological" cueing [8-13]. The characteristic shapes of 236 professionally-piloted visual approaches using four helicopter types and nine sets of initial conditions were analyzed. The altitude, ground-speed, and deceleration profiles of the visual approaches were thus mathematically determined. The following kinematic relationship for the deceleration phase in the horizontal ( $x$ )-axis resulted from the analysis of the flight-test results:

$$\ddot{x} = \frac{c\dot{x}^2}{x^n} \quad (0)$$

in which  $c$  and  $n$  are constants. The results have been verified by flight simulation trials at the UoL [10] and by Heffley's mathematical model of the human operator [14].

For helicopter visual approaches, pilots are trained to maintain a constant optical flow (OF) during the approach to landing [8]. Guidance using OF is also widely reported to be used in both the animal kingdom [15] and in

autonomous robotic systems [16]. More recently, the research of Ref. [17-19] proposed an improved deceleration guidance cueing system within the Brown-Out Symbology Simulation (BOSS) display to provide the pilot with intuitive guidance cues to enable the safe landing of a rotorcraft in brownout, zero-visibility conditions. This comprised a hybrid profile, consisting of constant deceleration (CD) and constant OF phases of flight.

If PAVs were to become a widely-used transportation method, the expectation is that the ‘piloting’ of them should demand no more skill than that associated with driving a car today [20]. Therefore, it would be expected that the number of hours of training received by a novice PAV ‘pilot’ would be lower than that currently required to gain and maintain a Private Pilot’s License (PPL) – a level that might be termed ‘flight naïve’. It is not expected that the general public will all become private pilots, rather, that different ‘modes’ of operation might be employed, ranging from ‘manual’, with ‘highly augmented’ flight control to ‘fully automatic’ flight, perhaps leading to a new licensing category specifically for PAV pilots. For the maneuvers where a manual mode was available, it would be of interest to design a flight trajectory to provide cueing that is as “natural” as possible. Such cues would be indicated to the pilot by some kind of flight director system. Such a system would need to ensure that the PAV and its occupants followed the desired trajectory in a safe manner [7]. For automated flight, it is further anticipated that, to allow the human operator to intervene quickly, the automated trajectories would need to be, in some way, what the operator is both expecting and is comfortable with. The question therefore arises as to whether the trajectory guidance provided for a given maneuver needs to be the same for the cases where a PAV is being flown either automatically or manually. This paper addresses these questions, using the landing approach as the exemplar maneuver.

The methodology described in this paper will draw heavily on the use of tau ( $\tau$ ) theory. This theory is based upon the premise that purposeful actions are accomplished by coupling the motion under control with either externally or internally perceived motion variables – the so-called motion guides [21]. Motivated by its basis in visual perception, researchers have applied tau to both flight control and handling qualities problems [20]. The hypothesis here is that, in terms of a visual guidance strategy, the overall pilot’s goal is to overlay or close the gap between the perceived optical flow-field and the required flight trajectory. For manual flight, the pilot then works directly with the available optical variables to achieve prospective control of the aircraft’s future trajectory. For automated flight, the observer must be comfortable that the available visual gaps are being closed in a manner such that the future vehicle trajectory corresponds to their expectations.

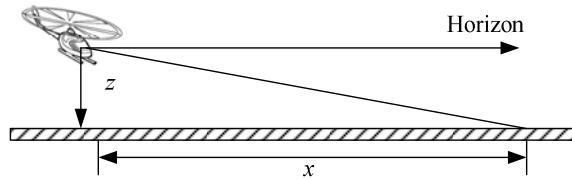
The paper proceeds as follows. First, a brief resume of the associated theories being used is presented. Second, the experimental setup used to gather approach trajectory data flown by flight-naïve participants is introduced. Third, the paper then focuses on the development of an approach profile based upon the flight-naïve participant's performance. Fourth, the designed profile is evaluated by comparing it with two popular guidance methodologies using both automatic and manual flight. Finally, a set of conclusions draw the paper to a close.

## II. Theory

The following Section defines the relevant theory used to understand and construct the different approach profiles used as part of the associated experimental test campaign.

### A. The Eye-Height Scale

The eye-height scale is used to derive body-scaled information about the environment during motion [22-24]. It is particularly convenient to derive the visual and motion cues available to a pilot in the optical flow field using this scale. Recent research indicates that this scale can be used as a 'perspective index' to characterize how and when pilots know when to stop, turn or pull up [25]. Fig. 1 illustrates the parameters used when describing flight in terms of eye-heights.



**Fig. 1 Illustration of the parameters used to compute eye-height distance**

The eye-height distance can then be simply computed as follows:

$$\text{Eye Height} = \frac{z}{x} \quad (0)$$

in which  $x$  and  $z$  are the pilot's viewpoint distance ahead of the aircraft and instantaneous height above the ground, respectively.

### B. Constant Deceleration Kinematics

The CD profile algorithm adopts a CD value ( $a_x$ ) that can be determined using Eq. (0) in the longitudinal axis during the whole maneuver,

$$a_x = \frac{V_{x0}^2}{2x_0} \quad (0)$$

in which  $x_0$  is the initial distance to the end of the maneuver and  $V_{x0}$  is the initial ground speed. Therefore, the longitudinal position ( $x$ ) at any time  $t$  is given by,

$$x = V_{x0}t - 0.5a_x t^2 \quad (0)$$

The forward velocity ( $V_x$ ) and the total maneuver period ( $T$ ) can also be determined. The vertical velocity ( $V_z$ ) is then defined by maintaining the flight path angle ( $\gamma$ ),

$$V_z = V_x \tan \gamma \quad (0)$$

### C. Constant Optical Flow Kinematics

The optical flow of a point in the scene directly ahead ( $\omega$ , the velocity in eye-heights per second) perceived by a subject during the flight is given by Ref. [26-28],

$$\omega = \frac{V_x}{h} \quad (0)$$

where  $V_x$  is the ground speed and  $h$  is the instantaneous height above the ground. With an assumed constant flight path angle,  $\gamma$ , the position information in the  $x$ -axis can be derived as follows,

$$x = x_0 e^{-\omega \tan \gamma \cdot t} \quad (0)$$

The  $V_x$  information as well as the speed and position information in the vertical axis can then be derived from Eq. (0) for a fixed flight path angle. As shown in Eq. (0), a PAV being flown with a constant OF profile approaches the target at an exponentially decreasing rate with respect to time. In theory at least, following such a trajectory, the vehicle will never reach the destination. Pilots have been found to adapt their control strategies when following exponential trajectories to avoid this problem in, for example, Ref. [13].

### D. Optical Tau Theory

The following provides a brief overview of tau theory as it pertains to flight control. For a more complete description, see Ref. [29]. Optical tau ( $\tau$ ), the time-to-contact variable, in the optical field is defined in Eq. (0),



$$\tau_x = \frac{x}{\dot{x}} \quad (0)$$

It has been constructed using the conceptual framework for understanding information used in detecting an upcoming collision [25], where  $x$  is the motion gap to be closed and  $\dot{x}$  is the instantaneous gap closure rate. The term ‘motion gap’ refers to a perceived difference between the observer’s current and desired target state.

Tau theory further hypothesizes that the observer’s motion is guided using  $\tau$  coupling. Here the tau of one motion gap is kept in constant ratio with the tau of another motion gap. In practice, there are often two or more gaps that need to be closed simultaneously, such as the coordination required between lateral and forward motions, or forward and vertical motions, in order to achieve combined horizontal-vertical maneuvers [15;27-29]. Two motions,  $x(t)$  and  $z(t)$ , are said to be tau-coupled if the following relationship is satisfied,

$$\tau_z = k\tau_x \quad (0)$$

The coupling term  $k$  in Eq. (0) regulates the dynamics of the motions in the  $x$  and  $z$  directions in this specific example. If a second externally perceivable motion gap is not available, it is hypothesized that self-guided motion can still be achieved by coupled onto an intrinsic motion guide,  $\tau_g$ . Intrinsic  $\tau$  guidance is modeled using the relationship,

$$\tau_x = k\tau_g \quad (0)$$

in which  $\tau_g$  can take the form of constant deceleration (with coupling term  $k_d$ ) for deceleration-to-stop motions (e.g., car braking [22;30] and prospective guidance in a fixed-wing aircraft flare maneuver [31]) or constant acceleration (with coupling term  $k_a$ ) for acceleration-deceleration motions (e.g., prospective guidance in a stopping maneuver [30]).

The analysis of vehicle motion therefore comes down to selecting an appropriate motion gap or gaps:

$$x_{gap} = x - x_{final} \quad (0)$$

where ‘ $x$ ’ is the current value of the motion parameter and ‘ $x_{final}$ ’, for the purposes of this paper, is the value of  $x$  when  $\dot{x}_{final} = 0$ . The motion gap profile can be compared to the motion of the appropriate tau guide. The coupling constant,  $k$ , and total maneuver time, ‘ $T$ ’ that define the motion can then be computed using the method shown in Ref. [29].

## E. The Attack Parameter

A pilot’s workload can be measured by calculating the control attack parameter which measures the size and rapidity of a pilot’s control inputs [32], defined as,

$$attack = \left| \frac{\dot{\eta}_{pk}}{\Delta\eta} \right| \quad (0)$$

where  $\eta$  is the pilot's control deflection and  $\dot{\eta}_{pk}$  is the peak of the rate of control input. The number of times that a pilot moves a particular control can be used to describe the pilot's control activity (the attack number).

### III. Experimental Set-Up

The results presented in this paper arise from the conduct of two distinct but related test campaigns. Both of these are described in this Section.

#### A. Flight Simulation Facility

Both of the test campaigns reported in this paper were conducted in the HELIFLIGHT-R simulator shown in Fig. 2 (Ref. [33]). The simulator was configured as described in Ref. [14].



**Fig. 2 External and interior views of the HELIFLIGHT-R flight simulator**

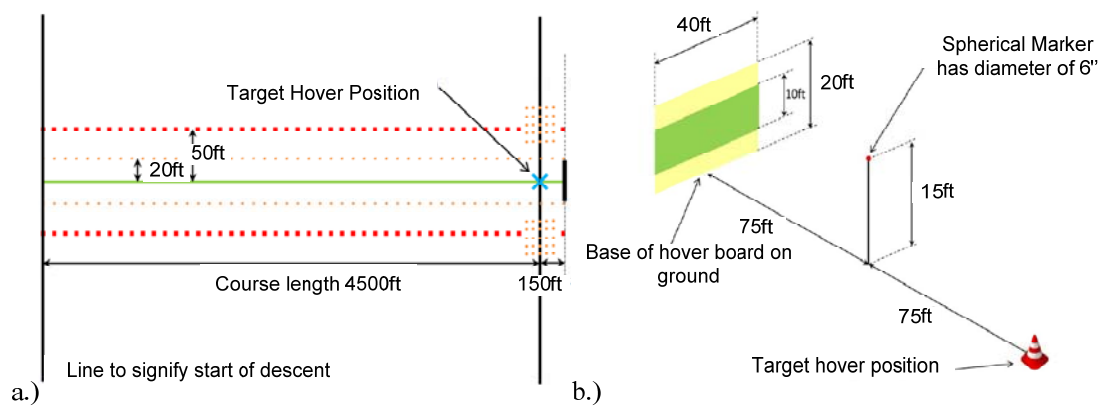
#### B. PAV Flight Dynamics Model

The PAV flight dynamics model used for the experiments described in this paper is the 'Hybrid' model reported in Refs. [34]. This model was configured to give excellent handling qualities for non-professional pilots with a wide range of flying aptitudes. It is equipped with the ability to hover. However, it is not anticipated that PAVs will exhibit any significant helicopter-like control cross-couplings by design and so, unlike a conventional helicopter, its off-axis responses are decoupled i.e. there is no response in the roll axis to a longitudinal axis input and vice-versa. For the experiments conducted, conventional helicopter cyclic and collective controls were used. The novice PAV pilots were

instructed in the use of the collective control to command flight path angle and the longitudinal cyclic to control forward speed.

### C. Experimental Flight Test Maneuver Description

The PAV commuting mission, described in Ref. [7;34], was broken down into a number of Mission Task Elements following the method of Ref. [7]. The decelerating-descent MTE is the one that relates to the landing approach. A schematic of the entire maneuver course is shown in Fig. 3a and a zoomed-in schematic of the final hover position is shown in Fig. 3b [21].



**Fig. 3 Description of decelerating descent maneuver – a.) General arrangement; b.) Enlarged hover board**

The maneuver shown in Fig. 3a begins with the aircraft in a stable, straight and level cruise at a forward speed of 60 kts, at a height of 500 ft above ground level (AGL) and 4500 ft from the desired hover position. The descent begins as the aircraft passes over the first runway threshold in the visual scene. This approach profile results in a mean glide slope angle of -6 degrees. The original lateral track and heading had to be maintained during the maneuver. The maneuver was completed once a stabilized hover was achieved at a height of 20 ft AGL within pre-defined lateral and longitudinal ground positions (Fig. 3b).

### D. Exploratory Visual Approaches

The first experiment was conducted to allow potential PAV pilots to fly a series of visual approaches to ascertain what their preferred trajectory might be. To be able to do this, the participants were given basic instruction on the function of the control inceptors and the displays available to them. The test campaign involved 11 test subjects (TSs) who were not professional pilots (10 male, 1 female, with an age range of 20-43 and a mean age of 26). The TSs were broadly categorized by their prior flight experience: No Flying Experience, Simulator Flying Experience only, and

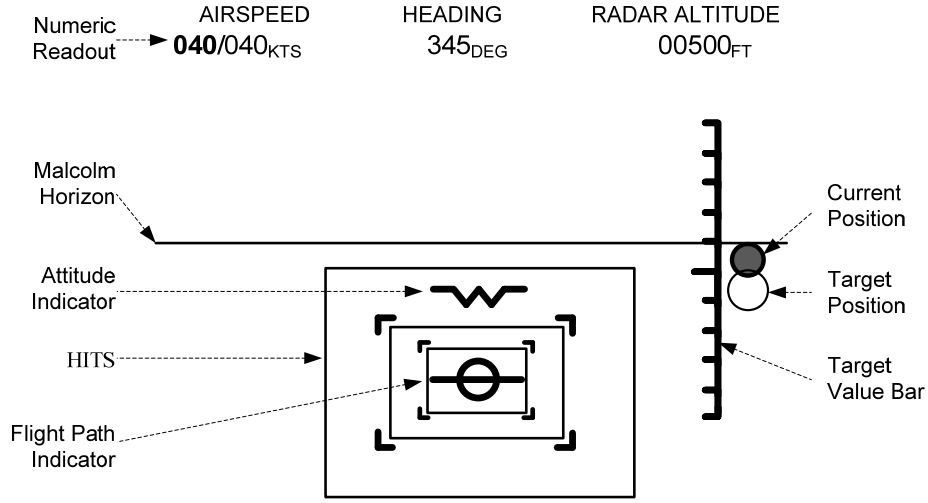
Flight Experience (to Private Pilot level). In addition, for this purely visual landing task, the subjects were instructed to fly the maneuver to comply with the requirements in Fig. 3a, with recourse only to the outside world visual cueing provided. All TSs were required to repeat each test maneuver at least three times. Data-gathering test runs were only conducted once a number of familiarization runs had been completed by each test subject. The number of familiarization runs used was varied based upon both the participant's previous flight experience and observed aptitude/competence on the day (in terms of being able to achieve the task to at least an adequate level).

### **E. Enhanced Guidance Approaches**

As previously stated, for the initial stage of the research, the approach task was flown purely with reference to the outside world visual cues. Based upon these flights, an idealized approach trajectory was developed. The same group of TSs (with one exception due to availability - the female TS was replaced by a male participant with simulator flying experience) was asked to fly the approach task once again, but this time using some basic guidance symbology. The guidance symbology was driven using various algorithms to generate the required trajectories. Specifically, approaches were flown using a new trajectory design (reported later in the paper), a CD approach, and an approach profile generated utilising constant OF. This series of simulated flights were then repeated with the vehicle under automatic control i.e. the TSs were passive 'passengers'. The order of the three profiles was randomised for each TS to try to avoid any bias due to learning. For the automated flight test points, only outside-world visual cues were provided.

#### ***1. Guidance Display for Manual Flight***

For the assessment of the manually flown approach trajectories, the TSs were provided with the HUD guidance symbols as illustrated in Fig. 4. The symbols have been arranged for clarity in the Figure.



**Fig. 4 Head up display used for PAV manual landing tasks**

Airspeed, heading, and radar altitude were provided in the numeric readout section. The airspeed indicated on the left is the current commanded velocity. The airspeed indicated on the right shows the current actual velocity. The Malcolm horizon line [21;34] was provided across the full field of view of the simulator. The HUD symbology also included a flight path vector symbol and an attitude indicator. To provide inceptor guidance control information to the TSs, two symbols were provided. The first was a ball (filled) and circle symbol, shown to the right of the display. The circle showed the required position of the longitudinal cyclic for the current descent profile, whilst the ball indicated the current actual position. To follow the desired trajectory, the TSs were required to maintain the ball within the circle which moved up and down the vertical bar shown. The information ( $a_{xd}$ ) used to drive this symbology is given by,

$$a_{xd} = a_{xc}e^{\tau_d s} + k_x(V_x - V_{xc}) \quad (0)$$

in which  $a_{xc}$  and  $V_{xc}$  are the longitudinal commanded acceleration and velocity respectively.  $V_x$  is the current PAV forward velocity. The first term on the right-hand side of Eq. (0) provided the acceleration information to drive the circle symbol. The term  $\tau_d$  was introduced to compensate for the time delay between the cyclic input and the vehicle's acceleration response, to increase the symbol tracking accuracy. The second term on the right-hand side of Eq. (0) contains the difference between the actual and commanded velocities with a gain  $k_x$ . This term removed the observed velocity drift that following the acceleration command alone induced.

The second symbol-set used was the graphical highway-in-the-sky (HITS) flight path display system [35]. This intuitive cockpit display shows the desired trajectory by way of “tunnel” in the visual scene ahead that the aircraft must follow to maintain the desired Earth-referenced lateral and vertical positions. The inner brackets defined the

MTE desired performance requirements and the outer black brackets defined the MTE adequate performance requirements for the maneuver.

## 2. Subjective Assessment Method

After three attempts had been made for each descent profile for both the automatic and manual flight cases, the TSs were asked to provide subjective assessments using the Comfort and Presence questionnaire, shown in Appendices A1 and A2. These two scales were developed in collaboration with the Faculty of Psychology, Health and Society at the University of Liverpool.

## IV. Results

### A. Design of an Idealized Approach Trajectory

The first objective of this study was to design a landing profile that felt both natural and comfortable to PAV occupants. The start point for this exercise was to observe how the TSs undertook the landing maneuver using only the outside – world visual cues available to them. Fig. 5 shows the velocity and flight path angles from the trajectories achieved by the 11 subjects against the longitudinal distance along the test course. The associated control inputs are shown in Fig. 6. Only the final attempt at the task made by the TSs is shown in the Figures for clarity.

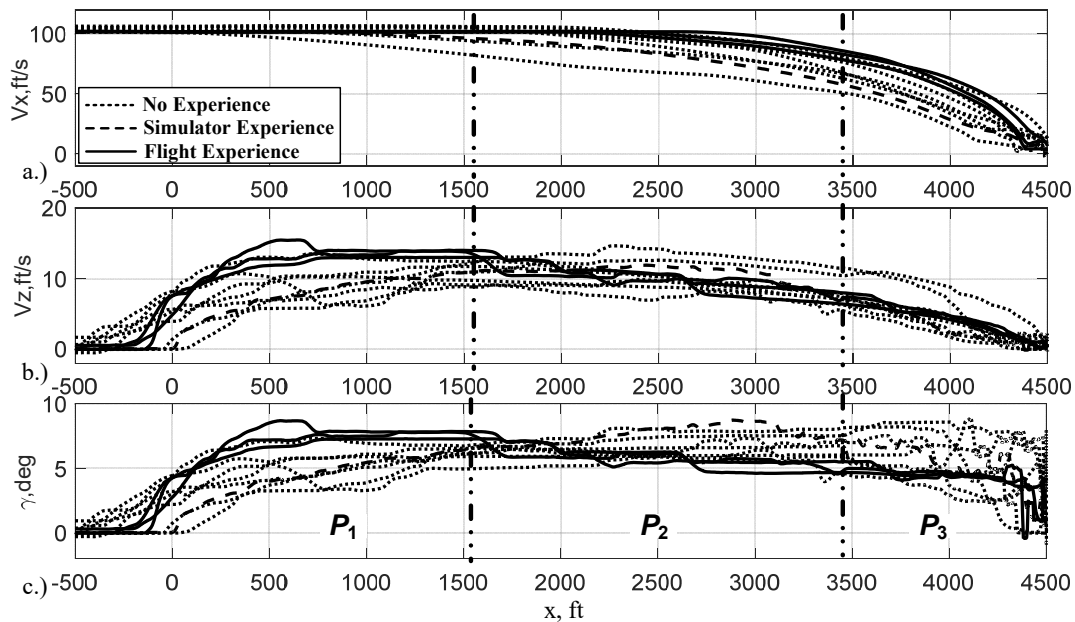
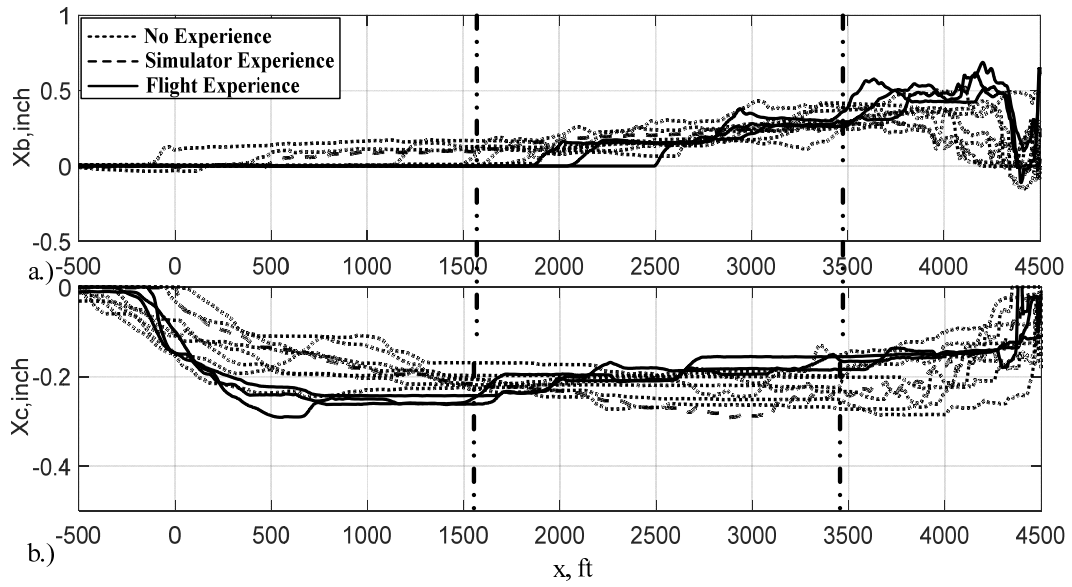


Fig. 5 Body velocity and flight path angles achieved by 11 test subjects during the landing maneuver



**Fig. 6 Longitudinal and collective inputs introduced by 11 test subjects**

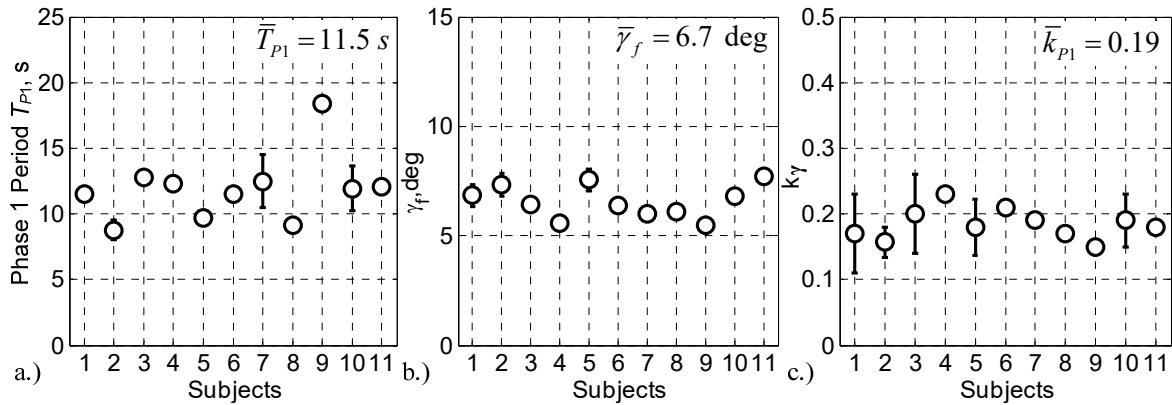
The test course, shown in Fig. 3, should have been initiated as the first runway threshold is crossed ( $x = 0$  ft). It is complete when a stable hover is achieved at the hover board ( $x = 4500$  ft). However, as shown in Fig. 5c and Fig. 6b, seven of the TSs initiated some form of change to the vehicle flight path angle some 300 ft ahead of the runway threshold (where  $\gamma \neq 0$  at  $x < 0$  ft in Fig. 5c). What is clear from the Figures is that three phases of guidance control are discernible for each of the TS's descent profiles. The initial phase ( $P_1$ ) of the maneuver only involves flight path control. This can be seen from the almost constant forward velocity ( $V_x$ ) in Fig. 5a (with negligible longitudinal control inputs indicated in Fig. 6a) and the sharp change of the flight path angles in Fig. 5c (and also the collective control inputs of Fig. 6b) during this period. The second distinct phase ( $P_2$ ) of the descent profile is distinguished by a change in both the forward and vertical vehicle body velocities. The test subjects attempt to maintain the flight path angle profiles (Fig. 5c and Fig. 6b) for a certain period before initiating the deceleration phase for the remaining part of the maneuver. This indicates that the subjects adopt a constant flight path angle during this part of the maneuver. Finally, Fig. 5c shows that, as the landing point is approached, maintaining a constant flight path angle is no longer the desirable strategy. Intensive activity is evident in Fig. 6 in both control channels in this phase ( $P_3$ ).

Based upon these observations, each phase was scrutinized more closely to allow the profile to be generalized for use in the second part of the study.

### 1. P1: First Phase - Flight Path Angle Control

An important feature in the early stage of the landing process shown in Fig. 6 is that flight path control was performed using only the collective, with only minor longitudinal control inputs being performed to maintain the desired speed. Given that none of the TSs were professional (helicopter) pilots, it is possible that they preferred to focus on using only one control axis at a time for the landing maneuver. This was helped, of course, by the fact that the collective control of the PAV model used in this project was completely decoupled from the other axes. The TSs also commented that, due to the length of the test course, the final landing marker was barely visible. As such the TS preferred to maintain their initial forward speed to avoid having to make abrupt longitudinal cyclic control inputs to correct errors introduced at an early stage later in the maneuver. This kind of operation is consistent with normal helicopter operational procedures for the final approach to a runway [36] whereby the descent is commenced by selecting a recommended vertical speed.

In relation to  $\tau$  theory then, there is only one motion gap to be closed in this phase i.e. the flight path angle, which starts with a zero value and ends with some fixed value. This indicates that the flight path motion gap closure would be most suitably modelled using a constant acceleration tau guide velocity profile. Fig. 7 shows the average Phase 1 period  $T_{P1}$ , the final flight path angle achieved at the end of Phase 1,  $\gamma_f$ , and the tau guide coupling constant  $k_r$  values determined for the 11 subjects.



**Fig. 7 Phase period, final flight path angle, and coupling term values obtained from the simulated flight trials**

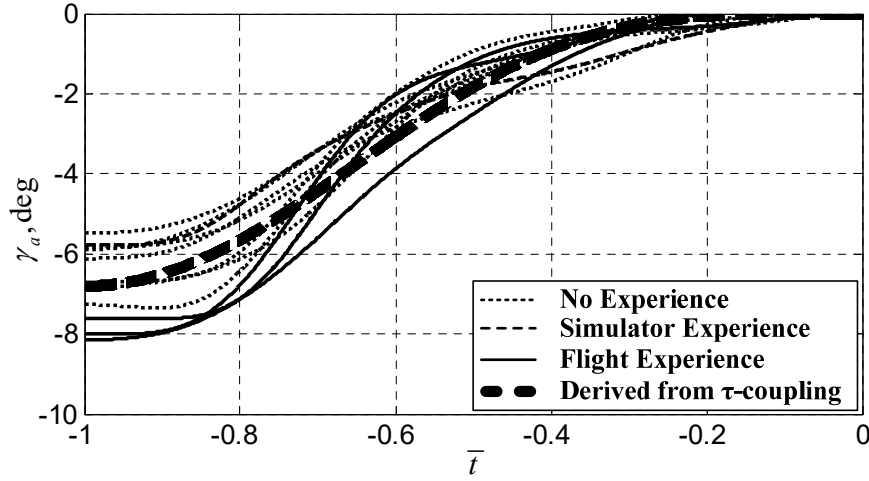
The Phase 1 period values in Fig. 7 range from 9 to 13s, with the exception of Subject 9 (the only female) where the value is 18s. The  $\gamma_f$  values vary from 5.4 to 8.2 deg. The  $k_\gamma$  values range from 0.13 to 0.26. The mean values



obtained are indicated in Fig. 7 with a bar. They were used to determine the  $\gamma_a$  profile as shown in Eq. (0) derived from Eq. (0), using the intrinsic constant acceleration guide.

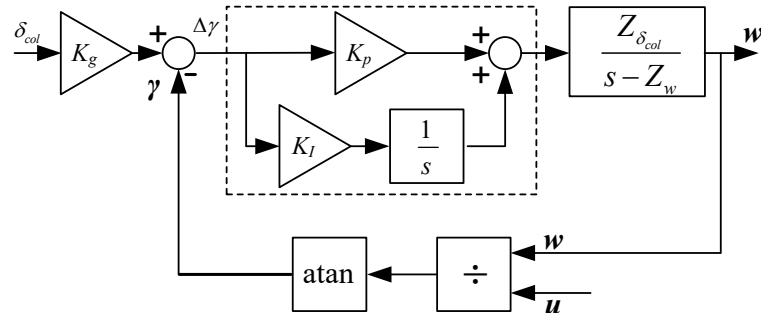
$$\gamma_a = C(\bar{T}_{p1}^2 - t^2)^{1/\bar{k}_{p1}} \quad (0)$$

in which  $C$  is a constant parameter. The resultant  $\gamma_a$  profile is compared with those of the actual data in Fig. 8.



**Fig. 8 Comparison of  $\gamma_a$  profiles between the actual data and the derived using the intrinsic constant acceleration guide**

The good ‘fit’ between the derived  $\gamma_a$  profile and the actual data supports the methodology used above. The  $\gamma_a$  information can be further validated by a comparison of the derived  $\tau$ -coupled collective inputs and the actual subject inputs. To accomplish this validation, the simplified flight path control loop used in the PAV model [15;22;24;29;30] is illustrated in Fig. 9.



**Fig. 9 Flight path angle loop with collective control ( $V_x > 25\text{kts}$ )**

in which  $K_g$  ( $= 30$ ) is the control gearing from the collective input to the command flight path angle,  $K_p$  ( $= 0.30$ ) and  $K_I$  ( $= 0.25$ ) are proportional and integral gains of the introduced proportional and integral controller for the flight path

feedback. The symbols  $Z_{\delta_{col}}$  ( $= 18.47$ ) and  $Z_w$  ( $= -1.20$ ) are the collective control and heave damping derivatives, respectively.

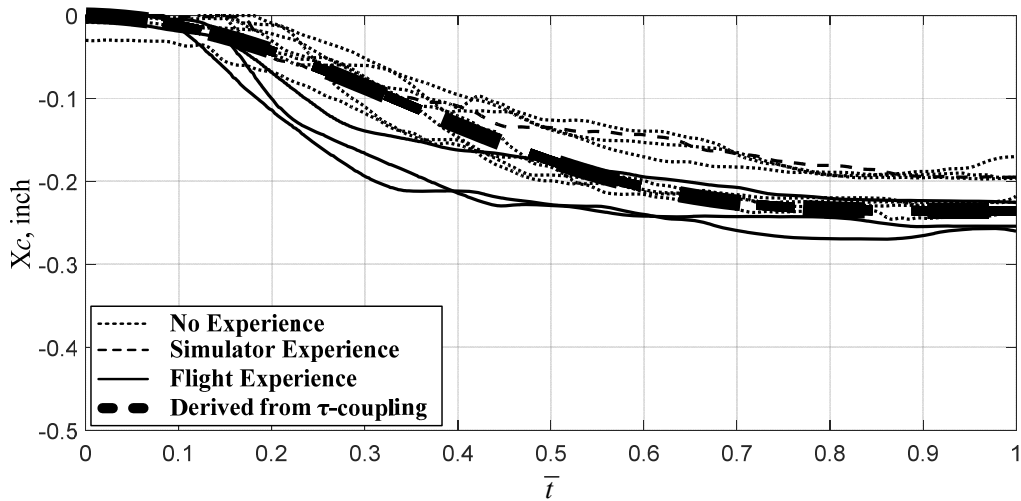
The following collective to flight path transfer function can be modeled from Fig. 9 (the initial surge speed  $u = u_0 = 60 \text{ kts}$ ).

$$\gamma \approx \frac{-309.3}{s + 10.7} \delta_{col} \quad (0)$$

From Eq. (0), the collective control can then be written in the following form,

$$\delta_{col} \approx \frac{-1}{309.3} (\dot{\gamma}_a + 10.7(\gamma_a - \bar{\gamma}_f)) \quad (0)$$

By replacing the necessary information into Eq. (0), the derived collective input can then be compared to those made by the test subjects. This comparison is performed in Fig. 10.



**Fig. 10 The derived  $\tau$ -coupled collective inputs compared with the actual subject inputs**

The results in Fig. 10 show that the derived collective control provides a reasonable ‘best fit’ with the experimental measurements, which in turn validates the  $\gamma_a$  profile of Fig. 8. Compared to the actual inputs, the derived input profile is generally smoother. Notably absent are the oscillations observable on the actual input signals which are primarily a characteristic of the pilot’s higher-frequency stabilization control activities [7;34]. The guidance activity only consists of low-frequency control inputs. Furthermore, the control strategies undertaken by all subjects are reflected in the large manoeuvre period ( $\bar{T}_{p1} = 11.5 \text{ s}$ ) and are far removed from the abrupt, open-loop characteristic theoretically associated with the large pole of Eq. (0) ( $-10.7$ ) that gives an effective time delay  $\approx 0.1\text{s}$ . It could therefore be argued

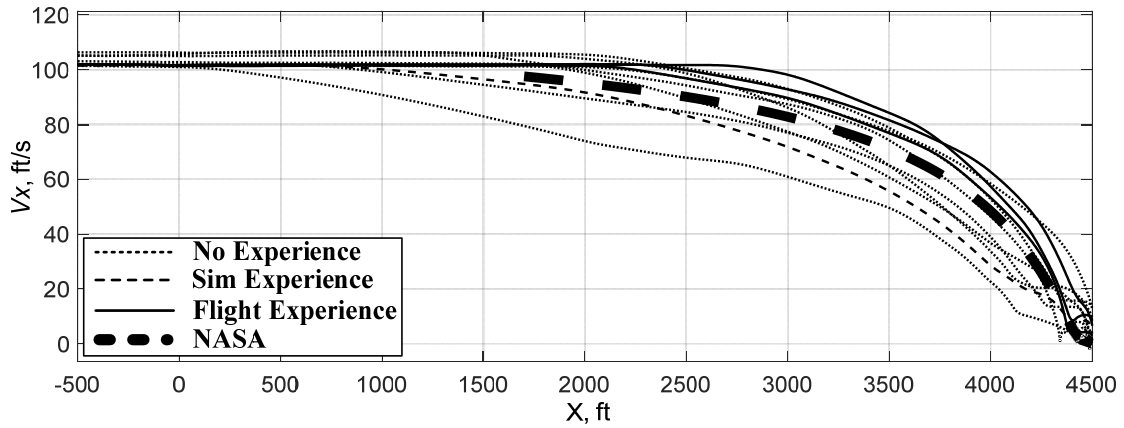
that, besides, the augmented stability loops shown in Fig. 9, the test subjects formed an additional outer feedback loop in the vehicle's control system.

## 2. P2: Second Phase - Constant Flight Path Control

Whilst the authors are not aware of any similar results being available for non-professional pilots, it was of interest to compare the longitudinal trajectories flown by the TSs with those of Ref. [32] and Eq. (0). To be able to do this, an analysis had to be conducted to determine the conditions necessary for the application of Eq. (0). First, the initial deceleration level  $\ddot{x}_0$  and value for  $n$  are estimated with regard to the initial forward speed from the charts given in Ref. [10]. They were determined to be approximately:  $\ddot{x}_0 = 0.024g$  ( $g$  is the acceleration due to gravity,  $\text{ft/s}^2$ ) and  $n = 1.56$ . Second, the NASA research points out that 80% of the deceleration phase usually occurs within the last 2800 ft of the landing maneuver. Therefore, the initial position  $x_0$  was chosen to be 1700 ft and  $\dot{x}_0 = 101 \text{ ft/s}$  for the current investigation. Based on these initial values, the constant  $c$  can be solved for as follows:

$$c = \frac{x_0^n \ddot{x}_0}{\dot{x}_0^2} \quad (0)$$

The derived longitudinal-speed profile from Eq. (0) with Eq. (0) is compared with those achieved by the TSs from the experiments in Fig. 11.

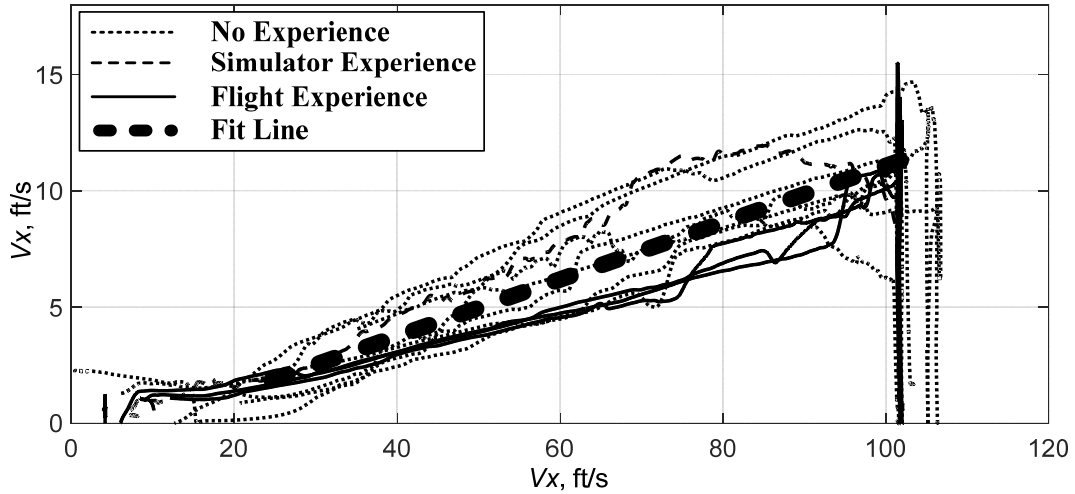


**Fig. 11 Comparison of ground speed profiles between the actual data and NASA results**

As shown in Fig. 11, the correlation between the results generated by the model of Ref. [10] and the recorded data is, perhaps surprisingly, reasonably good. The computed trajectory forms a good 'best fit' line (with a mean R-square fit value: 0.89) for the experimental data. This result seems to indicate that the NASA deceleration formula is not only

applicable to professional pilots but also to the PAV experiment test subjects. Thus, the longitudinal trajectory defined by Eq. (0) was adopted to design the remaining trajectory phases ( $P_2$  and  $P_3$ ) for the current study.

The second phase of the approach profile, characterized by constant flight path control, can be described by plotting  $V_z$  against  $V_x$ , as shown in Fig. 12.



**Fig. 12 Illustration of constant flight path angle in phase two of the approach maneuver**

The slope of the  $V_x - V_z$  curves is, of course, the flight path angle. As can be appreciated from Fig. 12, the flight path angle appears to be held reasonably constant between  $V_x = 30\text{ft/s}$  to  $100\text{ft/s}$ . The average flight path angle is given by  $\bar{\gamma}_f = 6.7\text{deg}$  and this is shown on the Figure. As such, constant flight path control, described by Eq. (0), was used to develop the desired profile for the second phase of the approach as follows,

$$V_z = k_f V_x \quad (0)$$

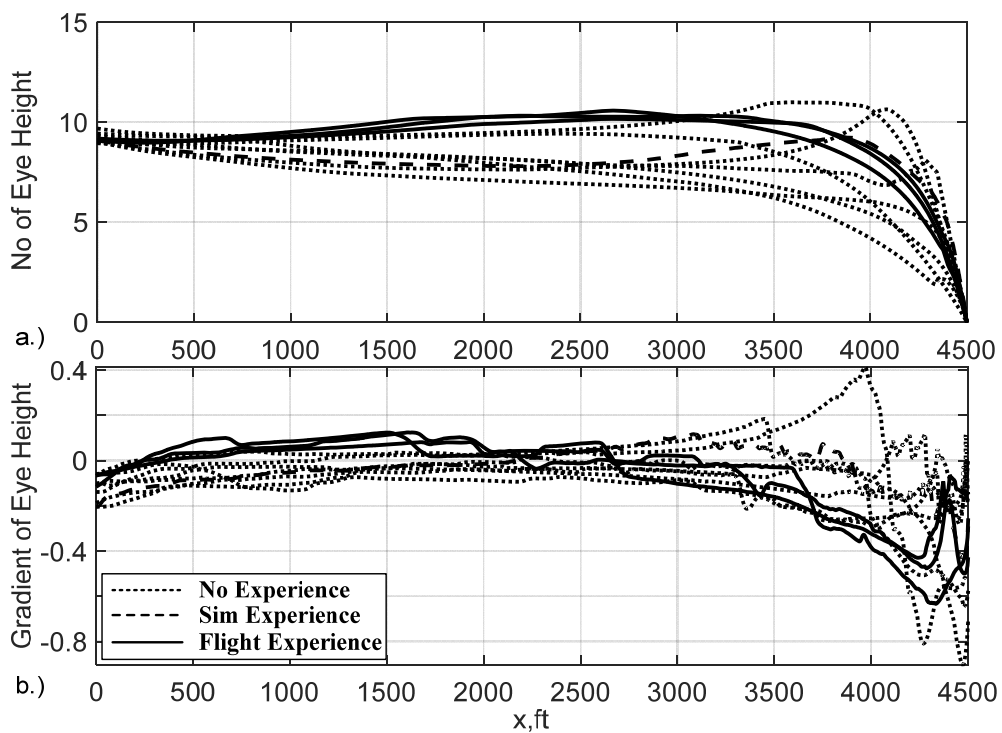
in which  $k_f$  is equal to the tangent value of  $6.7\text{deg}$ .

### **3. $P_3$ : Third Phase: Final Approach to the Hover Point**

Although there is good agreement with the best fit line shown in Fig. 12 over a broad range of velocities, the fit degrades somewhat below a  $V_x$  of around  $30\text{ft/s}$ . The velocity profile changes to a concave-like form when approaching the final landing spot. This is posited to be the subjects adapting their control strategy from the constant flight path control during the second phase to ‘something else’ during the third, final approach phase. The determination of the switching point between the second and third phases as well as the control strategy used in the third phase gives rise

to the question as to how the transition timing point from the second phase to the third should be determined. This is addressed here.

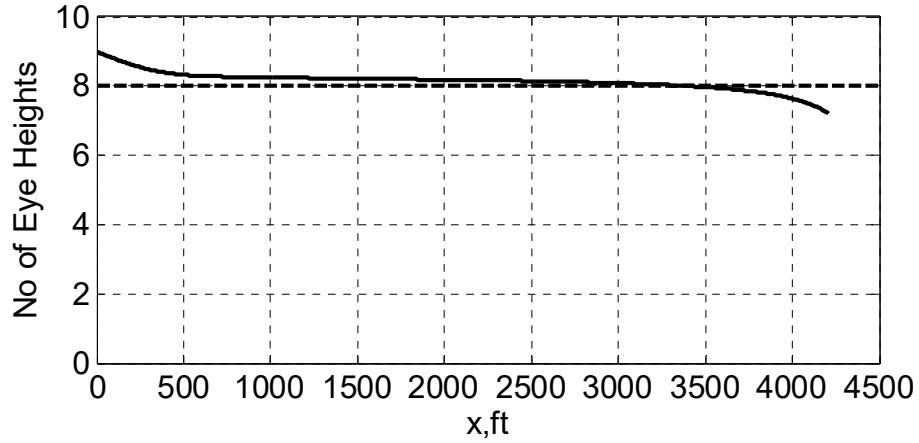
The moment of transition, from the second to third phase, determines the required control inputs to be made by the TS to guide the vehicle successfully to the hover point whilst maintaining an adequate safety margin. The studies in Ref. [10] reported that professional pilots typically need 12 eye-heights, which corresponds to about six-second look ahead time, to initiate a maneuver [10]. To determine the final deceleration point, the number of eye-heights of the 11 subjects during the maneuver was needed and this is plotted in Fig. 13.



**Fig. 13 Illustration of eye height profiles and their gradients for all subjects**

It is clear from the almost zero gradients of the eye-height profiles shown in Fig. 13b that the subjects maintain a relatively constant number of eye heights as they fly lower and slower, until the distance to the landing point is around 1000 ft. The point at which the TSs adapted their control strategies for this experiment was computed to be  $8 (\pm 2)$  eye-heights. Eight eye-heights were therefore used as the transition point between the second and third phases.

The number of eye heights for the profile designed in the previous Sections is plotted in Fig. 14.

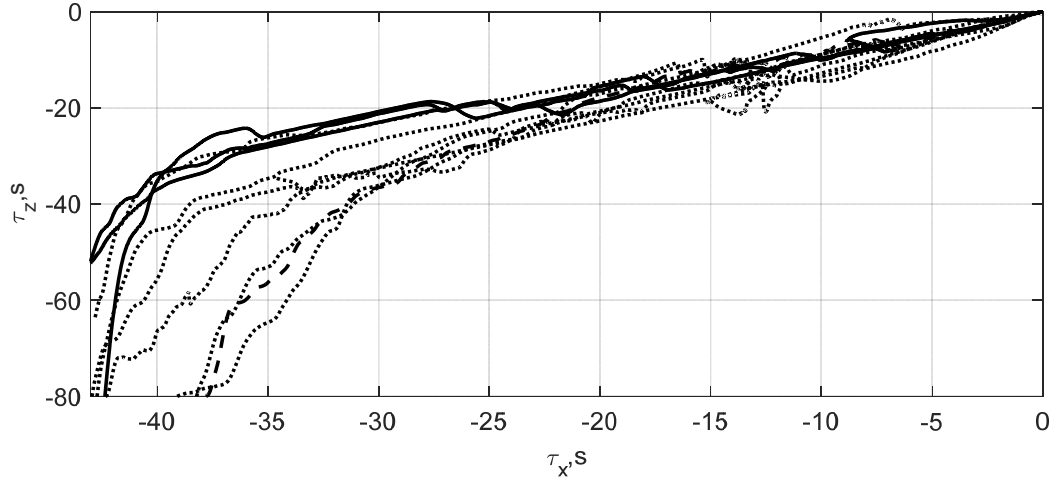


**Fig. 14 Determination of the transition point between the second and third phases**

Fig. 14 shows that the eye-height curve holds almost constant up to the distance (1000ft) to the landing point. Moreover, the selected 8 eye-height reference (marked as the dashed line) generally captures the turning point of the curve that initiates the final approach stage of the maneuver.

The final task was now to design the trajectory for the final stage of the maneuver. The first open question was to find what mechanism guided the subjects during this stage. Moreover, compared with the first two stages, more rapid and coordinated control activities between the  $x$ - and  $z$ -axis are required due to the required changes to  $V_x$  at the end of the maneuver, as shown in Fig. 5. To achieve this level of coordination of the vehicle motion in the two axes, accurate synchronizing and sequencing of the closure of the motion gaps in the  $x$ - and  $z$ -axes is required. Tau theory has shown that this coordination can be accomplished by the maintenance of the dynamic relationship described in Eq. (0) [27;28]. If these two gaps closely follow this  $\tau$ -coupling law, the desired hover can be automatically achieved just as the PAV arrives at the landing point.

Therefore,  $\tau$  coupling between multiple axes may also be applicable to the modeling of the coordinated motion of the final landing stage. To test this hypothesis, the  $\tau$ -information for the final approach was calculated from the simulation results and is illustrated in Fig. 15.



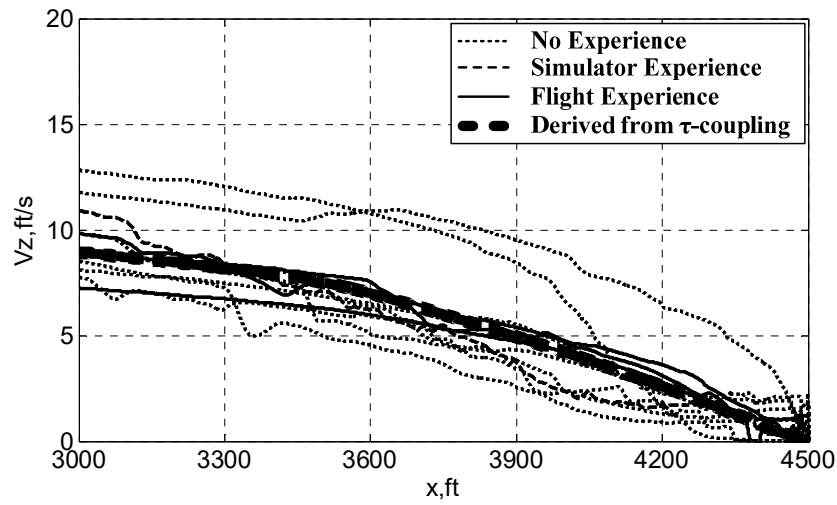
**Fig. 15 Plot of  $\tau_z$  vs  $\tau_x$  during the final approach**

As shown in Fig. 15, there is a reasonably strong linear correlation between  $\tau_x$  and  $\tau_z$ , regardless of the subject, during the final approach phase of the maneuver. Based on the gap closure relationship described in Eq. (0), the velocity, and acceleration information can be derived to be the following [25].

$$\dot{z} = C(1/k)(-x)^{1/k-1}(-\dot{x}) \quad (0)$$

$$\ddot{z} = C(1/k)(-x)^{1/k-2}[(1/k-1)\dot{x}^2 - x\ddot{x}] \quad (0)$$

Therefore, using Eq. (0) for the  $x$ -axis trajectory profile, the corresponding motion profile in the  $z$ -axis can be determined using Eqs. (0) and (0). Moreover, the  $k$  value can be derived using either Eq.(0) or Eq. (0). It was found to be 0.89. This value indicates that the rate of the gap closure in the  $z$  axis is faster than the one in the  $x$ -axis, which is consistent with the concave shapes of the profiles in Fig. 12 ( $V_x < 30$  ft/s). Finally, the derived  $\dot{z}$  profile ( $V_z$ ) has been compared with the actual data in Fig. 16.

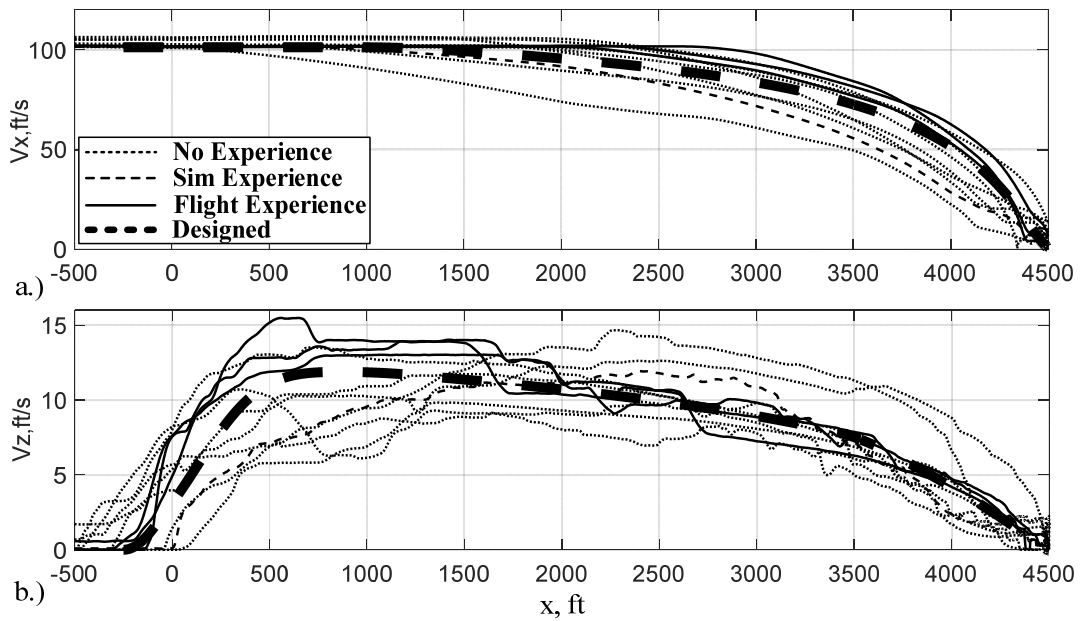


**Fig. 16 Comparison of  $V_z$  between the actual data and the derived using  $\tau$ -coupling**

The results in Fig. 16 show that the designed profile captures the features of the final phase, which indicates the applicability of  $\tau$  coupling used in the above procedure.

#### 4. Fit with the Piloted Simulation Results

Synthesizing each of the idealized phases derived in the sections above allows the entire designed trajectory to be compared with the simulated flight test results on which it is based, as shown in Fig. 17.



**Fig. 17 Profile comparisons between the designed and piloted simulation results**

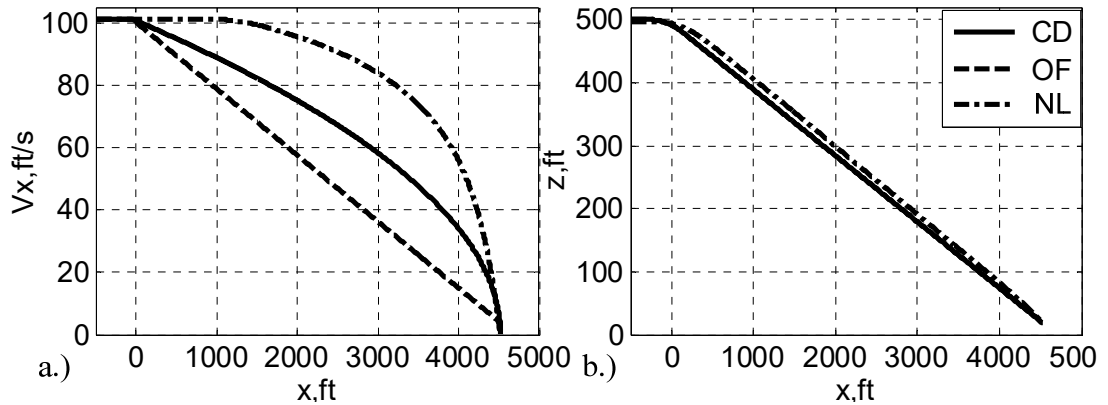


Fig. 17 shows that the designed velocity profile generally reflects the simulation results reasonably well and is located within the extremes formed by the test data. For the  $V_z$  profiles in Fig. 17b, besides the good fit of the first flight path phase that has been validated in Fig. 10, the designed version achieves good agreement with both the second and third phases of the simulation results.

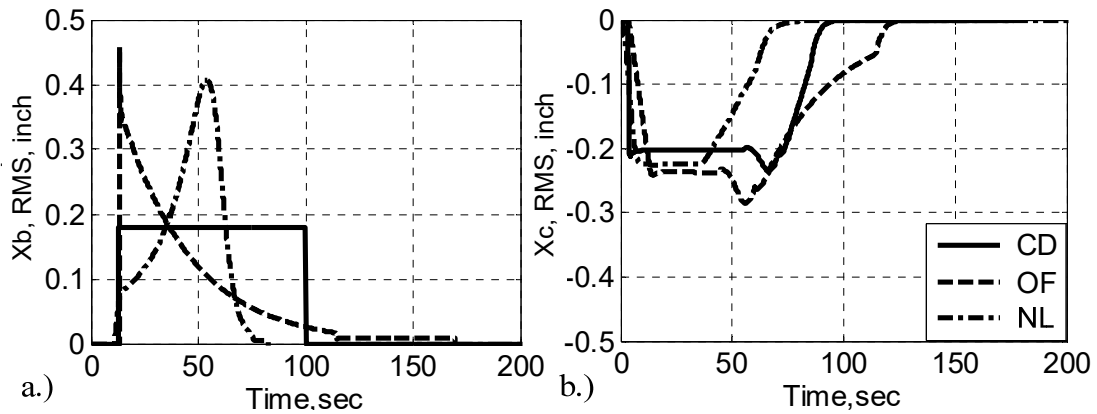
## B. Evaluation of the Designed Profile

The second stage of the work focussed on the evaluation of what will now be termed the "natural-landing" (NL) profile designed in the first stage, as described above, by comparing it to two other guidance profiles: a CD approach [25] and a constant optical-flow approach (OF) [11].

The evaluation started by comparing the key features of the three landing profiles. The forward velocity ( $V_x$ ) and the vertical position ( $z$ ) of the three profiles used in this paper are illustrated in Fig. 18. Moreover, two simple pilot models were implemented in the longitudinal and heave channels, one for each channel, to "fly" the three profiles adopted here to derive the required pilot inputs. The pilot models are modelled as a pure gain (2.0 for longitudinal; 0.06 for heave) with a time delay (0.1 sec). The adoption of this kind of pilot model was considered to be reasonable in that in a good visual environment (GVE), the approach and landing task using good runway visual cues is a typical example of human pilot dynamics that reflect pursuit behavior [15]. The use of a gain and a time delay to model human pilot pursuit behavior is well documented in Ref. [37;38]. The results from these pilot models 'flying' the different profiles are shown in Fig. 19.



**Fig. 18 Comparison of trajectory profiles used for investigation: constant deceleration (CD); constant optical flow (OF) and the newly designed natural landing profile (NL)**



**Fig. 19 Pilot model inputs for each of the designed profiles**

It can be seen that the forward speeds in Fig. 18 (note, these are plotted against along-track distance) are quite different for the CD, OF, and NL profiles. The forward speed difference is reflected in the longitudinal control inputs shown in Fig. 19 (note that these are plotted with respect to time), which, in turn, is a consequence of the acceleration command response type for this control channel. A review of Fig. 19 indicates that the NL profile has the majority of the deceleration occur in the later stages of the task. In contrast, the CD profile has a constant deceleration profile and the OF profile has an exponentially reducing deceleration throughout the whole maneuver (as is to be expected in both cases).

It should be noted that, by inspection of Fig. 19, the lower average speed of the OF case results in a significantly extended maneuver time when compared to the other cases used (170 sec, whereas NL is around 80 sec, and CD is around 100 sec). In addition, as shown in Fig. 19, the CD profile requires a constant longitudinal cyclic input for the acceleration command response type of the vehicle model. Conceptually, this might be the easiest to achieve for a flight naïve pilot, with the assistance of some form of guidance. The CD profile therefore potentially represents the lowest workload configuration since no additional control inputs are required to accomplish this profile. The constant OF profile requires an exponentially decreasing stick deflection, as expected, which might be harder to achieve for a TS. However, the small control deflection changes following the initial large input and the low speed at the final approach may make this profile the ‘safest’ approach for a flight-naïve pilot. Moreover, it is acknowledged that the initial spike associated with the OF's longitudinal input is due to the numerical issue relating to the model inversion process. However, the OF profile may suffer from the long-time spent at low speeds when approaching the stop point. The NL profile requires the highest peak control deflections and the most rapid control movements during the maneuver. At first glance, this may seem to indicate a high workload task with a high skill level required to achieve

it. On the other hand, given that it has been derived from what the TS actually did, it should be the most intuitive for flight naïve subjects in mimicking their natural operational mode discussed in Ref. [38].

### C. Comparison of TSs' Subjective Ratings

The subjective rating scale values awarded by the 6 TSs using the scales of Appendix A1 and A2 are presented in Fig. 20 for each test point. It should be noted that, to ensure that the responses are consistent for the subsequent analysis, those questions where a high score indicated a positive outcome were modified to reflect the opposite. Therefore, for all of the subjective results presented, a high rating/value indicates a more negative outcome.

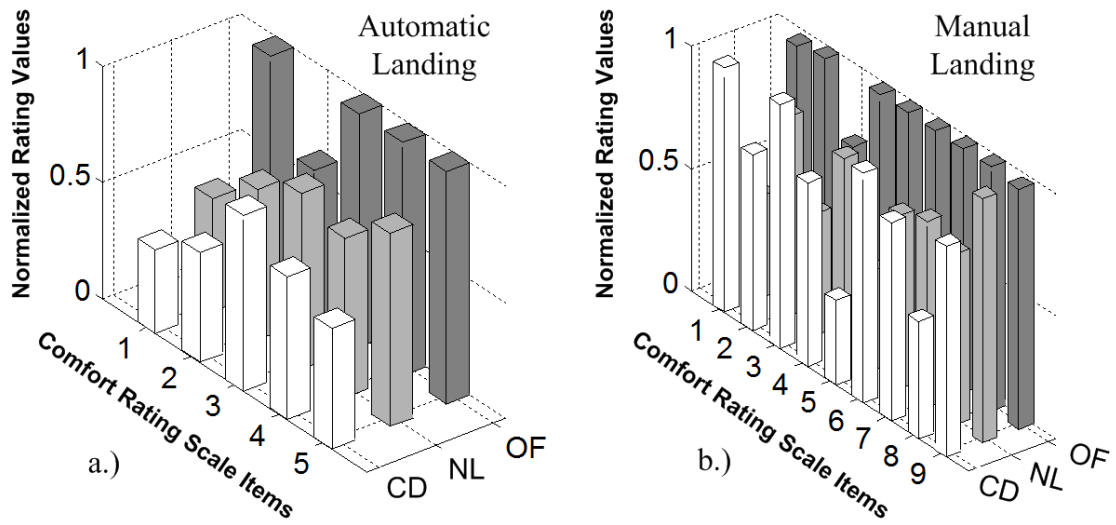


Fig. 20 Illustration of normalized summed rating values for all test subjects

Each bar ( $\bar{x}_p$ ) in these two figures has been normalized by the maximum value of the corresponding summed assessment item across the profiles, as shown in Eq. (0);

$$\bar{x}_p = \frac{\sum_{j=1}^m \sum_{i=1}^n x_{i,j}}{\max \left\{ \sum_{j=1}^m \sum_{i=1}^n x_{i,j} \right\}_{p=1,\dots,4}} \quad (0)$$

where  $n$  is the number of ratings for each TS,  $m$  is the number of TSs,  $p$  relates to the current profile, and  $x_i$  is the rating value.

For the automatic landing cases, the first thing to notice is that the OF profile is ranked highest (worst) 4 times out of 5 in Fig. 20a (Question 2 being the exception). This is interpreted to mean that the TSs felt the most uncomfortable and unnatural when being flown along the OF profile. On the contrary, the CD profile has been awarded the lowest

(best) rating 3 times (including Question 1- comfort level) out of the 5 possible. This suggests that the TSs felt at their most comfortable during this maneuver. The rankings for the NL profile exist in between these two extremes but, interestingly, it does achieve the best rating for feeling the most natural (Question 4).

The distribution of the ratings for the manual landing cases, shown in Fig. 20*b*, differs somewhat from the results of the automatic landing. First, although the OF profile is still rated with the highest (worst) scores for 6 out of the 9 assessment items, the CD profile has been rated as the most uncomfortable maneuver overall by a small margin (Question 1 in Appendix A2). Second, the NL profile has been rated the lowest (best) rating 5 times out of the 9 possible assessment items (including the key Questions 1 and 6 relating to the comfort level and how natural it felt, respectively). This is interpreted to mean that the TSs generally felt at their most comfortable for this profile during this form of the experiment.

Overall, these subjective results indicate that the OF is the least favorable profile among these three profiles for both automatic and manual landing cases whilst the TSs preferred the CD profile for the automatic landing cases and the designed NL profile for the manual landing cases, respectively.

#### D. Analysis of Control Effort

The root-mean-square (RMS) control inputs of the longitudinal and collective channels from the 6 TSs are presented in Fig. 21. An individual case conducted by TS 1 has been plotted in Fig. 22 for illustrative purposes.

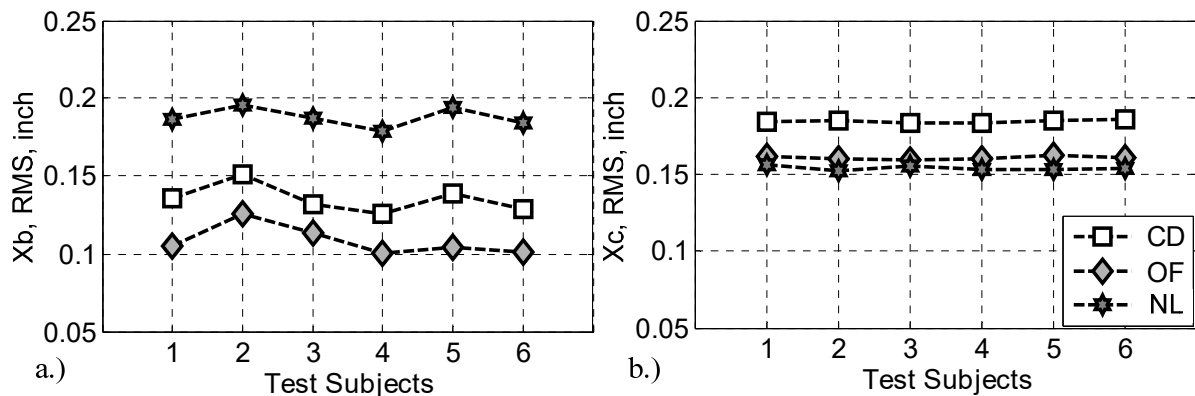
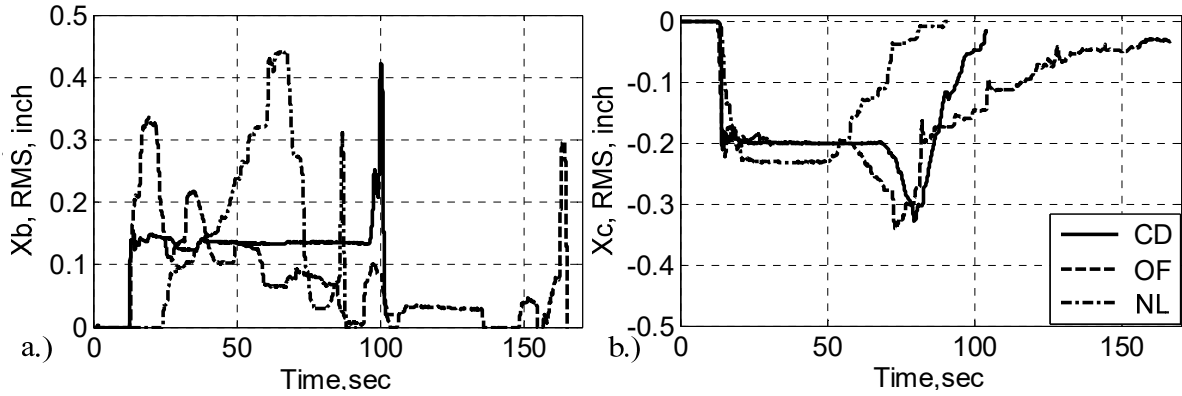


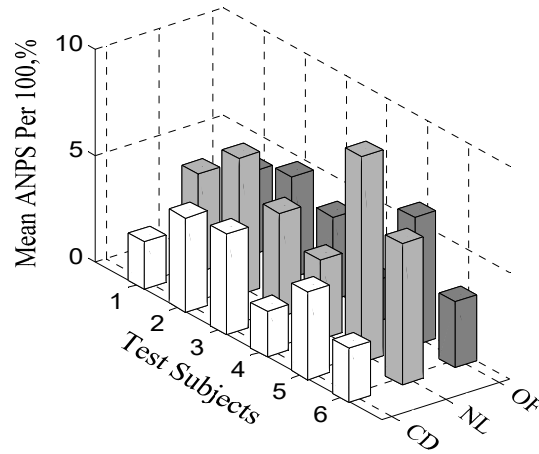
Fig. 21 RMS values of control inputs (manual landing)



**Fig. 22 Illustration of control inputs of three profiles (TS 1)**

The difference between the control inputs required for the three landing profiles in Fig. 21 is quite evident and consistent with the results from the pilot model analysis. For the longitudinal input, the designed NL profile has input amplitudes that are almost double the other two profiles. This is consistent with the theoretical analysis above. This is due to the requirement to decelerate the PAV during the latter part of these two profiles, as depicted in Fig. 18 and Fig. 22. For the CD profile, the TSs only need to move the stick to a fixed position and hold it there, as expected. For the OF profile, the exponentially decreasing profile as well as the longest manoeuvre period (170 sec) result in the smallest RMS value. For the collective input, the three profiles have achieved generally similar levels of average control input.

However, the control input information shown in Fig. 21 cannot provide any information about the TS's level of control aggressiveness, an effective measure of control workload, experienced during the manoeuvre. This can be addressed by calculating the control attack using Eq. (0). In this paper, one 'attack' is defined as being when a TS makes a control input of more than 2% of full travel. The attack number per second (ANPS) can then be used to describe the average number of control movements per second. The summed values of the ANPS, normalized by the whole manoeuvre period, are illustrated in Fig. 23.



**Fig. 23 Mean attack number per second of longitudinal control input (manual landing)**

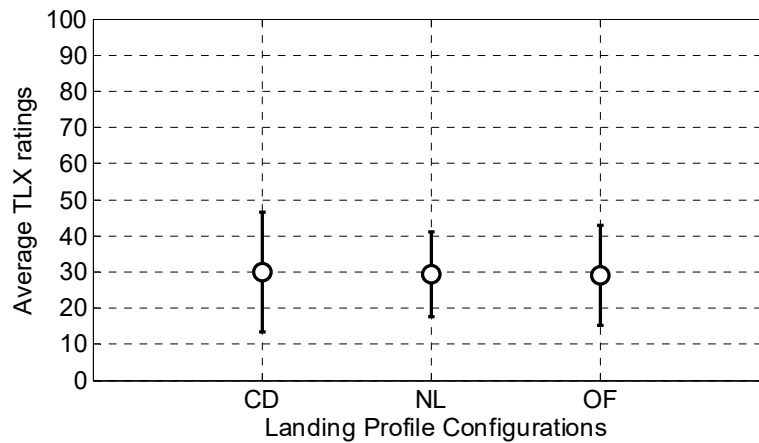
The results in Fig. 23 emphasize the lowest control activity associated with the CD profile. Four of the 6 TSs achieve the lowest ANPS for the CD approach during the three manual profiles flown. This is consistent with the theoretical prediction in Fig. 18 and Fig. 19 i.e. that the TS only need to hold the stick due to the acceleration command response type of the PAV system. The NL profile shows the largest attack number. This may be due to the aggressive deceleration required (due to a smaller flight path angle when approaching the terminal phase of the maneuver, as reflected in Fig. 19 and Fig. 22 ).

#### **E. Assessment of Subjective Workload**

The NASA Task Load Index (TLX) subjective workload assessment scale [39] was adopted for the qualitative assessment of workload for the three landing profiles. The TLX rating scale was designed to be straightforward for new test participants to understand the concepts involved in its use which was ideal for the flight-naïve TSs who had no experience of using such rating scales. The TLX rating consists of an assessment of six aspects of workload – mental demand; physical demand; temporal demand; performance; effort and frustration. A weighting system is then used to combine the ratings for each of these aspects, in which the TS compares each workload element to all of the other elements and decides in each case which represented the greater contribution to the overall workload of the task. A final single workload score for each task is produced to represent the workload.

The average TLX ratings for each profile configuration given by the TSs who took part in the testing are shown in Fig. 24. It can be seen that both the average TLX score and the TLX score standard deviation for each of the profiles

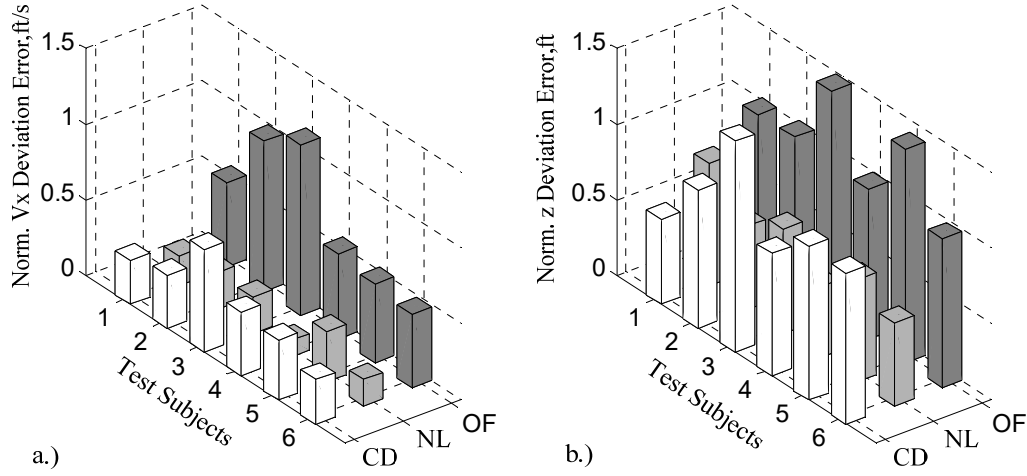
are very similar. Subjectively then, despite objective predictions and measures indicating that the NL profile might generate the highest workload and the CD profile the lowest, the actual workload perceived by the test subjects did not, on average, reflect this situation.



**Fig. 24 Average TLX ratings from 6 TSs for three different landing profiles**

#### **F. Manual Flight Guidance-Following Precision**

All three landing profiles for the manually-flown test cases were conducted by following the same form of guidance symbology. Therefore, it might be expected that the profile for which the TSs achieved the smallest deviations from the desired inputs might be considered to be the profile that is, in some way, ‘easiest’ to follow. The forward speed and vertical position information are shown in Fig. 4. These parameters have been chosen for analysis as they were the guidance signals used to drive the guidance symbology. The forward speed was not only used to drive the commanded velocity but also to derive the acceleration command signal for the longitudinal cyclic. The vertical position information was provided solely by the HITS. Therefore, the ability of a TS to successfully track a particular profile is associated with the precision with which they adhere to these two parameters. The deviation errors for the forward speed and vertical position, normalized by the maneuver period, are plotted in Fig. 25.



**Fig. 25 Illustration of the normalized  $V_x$  and  $z$ -position deviation**

The results in Fig. 25 show that the TS's achieved the best task performance with the designed NL profile compared with the other two tested profiles. For the  $V_x$  channel, Fig. 25a shows that all of the TSs exhibited the worst adherence to the desired profile for the OF trajectory. However, 5 of the 6 TSs achieve the best precision for the NL profile. The results for the vertical channel in Fig. 25b are similar, with the NL profile being the one that was followed most accurately.

## V. Discussion

The main thrust of the second-phase of the research was to answer the question as to which profile, amongst the three profiles tested, was the most preferred by the TSs. This question is answered here by considering a number of the issues of interest that arose during the above investigation. The rankings (1, 2, and 3 with 1 most favorable and 3 least favorable) of the three profiles with respect to the key features investigated above have been summarized in Table 1 (automated landing) and Table 2 (manual landing).

**Table 1 Comparisons of key features associated with three profiles (auto landing)**

Profiles	Discomfort	Natural Feeling	Sum
CD	1	2	3
OF	3	3	6
NL	2	1	3



**Table 2 Comparisons of key features associated with three profiles (manual landing)**

Profiles	Discomfort	Natural Feeling	Attack Number	Tracking Precision		Sum
				$V_x$	$z$	
CD	3	2	1	2	2	10
OF	2	3	2	3	3	13
NL	1	1	3	1	1	7

The results shown in the above two tables indicate that the answer to the research question is dependent upon the point of interest. For example, the NL profile is ranked the highest based upon the subjective ratings for the manual landing maneuver, but appears to require the highest control workload based upon the attack number. This trend in workload is not reflected in the average subjective TLX scores awarded by the test subjects. This difference may have arisen because of the different nature of the two measures. The attack number considers only the movement of the control inceptor. However, the TLX rating asks the participants to consider a much broader range of parameters i.e. not just the physical aspects but e.g. the mental loads being placed upon them. It appears from the results that, whilst the stick activity did follow the model predictions, the other aspects of workload considered by the TLX rating scale ‘smoothed’ the overall perceived workload to be consistent across the profiles tested.

There are still a number of general comments that can be made based upon the results presented in these two Tables. First, the OF profile was the least favored by the TSs. This profile is consistently ranked worst in Table 1 for the automated landing cases and worst for 5 of the 7 factors in Table 2 for the manual landing. The poor rankings for this profile are primarily due to the extended total period of the maneuver and the final sluggish approaching to the Hover Board. TS comments indicated that this resulted in the approach feeling unnatural and uncomfortable and that they became increasingly irritated the longer that it progressed. The same issue was also reported in Ref. [40] in which the author proposed a hybrid profile – the initial OF stage followed by the CD to overcome the problem for professional pilots. Second, the preference for a profile is dependent upon the mode of operation i.e. automated or manual. For the automatic landing, the CD profile is the most preferred. It is ranked as being lowest in terms of discomfort and felt the most natural to the participants. However, for the manual landing, the NL profile was the overall preferred option. It was rated as providing the most general subjective comfort and having the most natural-feel by the TS. If the requirement is to achieve the highest tracking performance and the trajectory that PAV occupants feel is the most natural, then the NL profile would be the profile of choice for a manually flown descent.

## **VI. Conclusions**

The aim of the study reported in this paper was to ascertain what kind of landing approach trajectory would be most suited to flight-naïve occupants of a personal aerial vehicle for both manual and automated flight. A trajectory was developed based upon simulated flight data obtained using flight-naïve test subjects. This ‘natural landing’ (NL) trajectory was then compared with two other approach types that have been reported in the literature: constant deceleration (CD) and constant optical flow (OF). Based upon the results of this study, the following conclusions can be drawn:

- Somewhat unexpectedly, the longitudinal trajectory selected by the flight-naïve participants could be modelled by an idealized approach profile previously obtained for professional helicopter pilots.
- The final stages of the approach to hover could be modeled using Tau theory and specifically by coupling the taus of height and longitudinal distance to the hover point.
- Despite potentially offering the safest approach in terms of low terminal velocity and being the method taught to trainee helicopter pilots, the participants’ least preferred approach profile was constant optical flow for both manual and automated approaches.
- Whilst subjective methods of workload assessment were met the predictions made by observing the output of a pilot model, the subjective measure of workload used indicated broad agreement in perceived workload across the three profiles tested.
- For the automated approach task used, the participants preferred the constant deceleration profile used.
- Despite theoretical analysis indicating that it might pose some workload and skill issues for flight-naïve pilots, for a manually flown approach, the participants preferred the natural landing profile, designed for this study, based upon a number of indicators used.

## **Appendix**

### **A1. Comfort Rating Scale for Automatic Landing**

The highlighted terms in green have a positive meaning for the higher scores. For the other items, a high score has a negative connotation.

1	I felt general discomfort during the manoeuvre. 0 _____ 100 Strongly Disagree Strongly Agree
2	The movement in the procedure was uncomfortable 0 _____ 100 Strongly Disagree Strongly Agree
3	The sense of moving around outside cockpit was compelling. 0 _____ 100 Strongly Disagree Strongly Agree
4	The movement in the virtual environment seemed unnatural. 0 _____ 100 Strongly Disagree Strongly Agree
5	The manoeuvre negatively impacted my ability to concentrate. 0 _____ 100 Strongly Disagree Strongly Agree

## A2. Comfort Rating Scale for Manual Landing

The highlighted terms in green have the positive meaning.

1	I felt general discomfort during the manoeuvre. 0 _____ 100 Strongly Disagree Strongly Agree
2	I felt I was in the control of the events. 0 _____ 100 Strongly Disagree Strongly Agree
3	The movement in the procedure was uncomfortable 0 _____ 100 Strongly Disagree Strongly Agree
4	The sense of moving around outside cockpit was compelling. 0 _____ 100 Strongly Disagree Strongly Agree
5	I experienced annoyance with the task. 0 _____ 100 Strongly Disagree Strongly Agree
6	The movement in the virtual environment seemed unnatural. 0 _____ 100 Strongly Disagree Strongly Agree
7	I felt involved in the virtual reality environment. 0 _____ 100 Strongly Disagree Strongly Agree
8	The manoeuvre negatively impacted my ability to concentrate. 0 _____ 100 Strongly Disagree Strongly Agree
9	The interaction with the environment seems natural. 0 _____ 100 Strongly Disagree Strongly Agree

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