Figure 1
Flow diagram of Literature Search

Initial search of articles yielded 3891 studies

3735 excluded using Subject search

93 articles excluded using inclusion/exclusion

Review of article for relevance 155 highlighted for title screening

Abstract screening highlighted 62 articles for reading full text

56 articles excluded using inclusion/exclusion

Hand searching reference lists yielded 16 potential articles. 14 excluded on reading full text

Full text screened 6 and 4 from hand searching

Application of quality criteria led to all 10 being included
Whether physical restraint raises concern based on the psychological or physical harm it may inflict for mental health in patients.