



YORKSHIRE
DEEP

36
PAGES

A GRAND DAY OUT

By IAN BEESLEY, TONY HUSBAND and IAN McMILLAN



The right to a grand day out

Yorkshire Dementia Engagement & Empowerment Project

Yorkshire DEEP comprises of three groups who have come together to campaign for better public transport services for people with dementia.

Minds and Voices from York have been trying to get train operators to make their journeys and booking systems more accessible.

DEEP Vibes from Scarborough have been running a campaign for North Yorkshire council to make the Blue Badge application process available to people with dementia (for their dementia needs not just mobility issues).

Face It Together from Bradford have been influencing (with some success) bus operators to make their bus stop information and maps more dementia friendly (and understandable).

As part of the Improving the experience of Dementia and Enhancing Active Living (IDEAL) research project led by the University of Exeter.

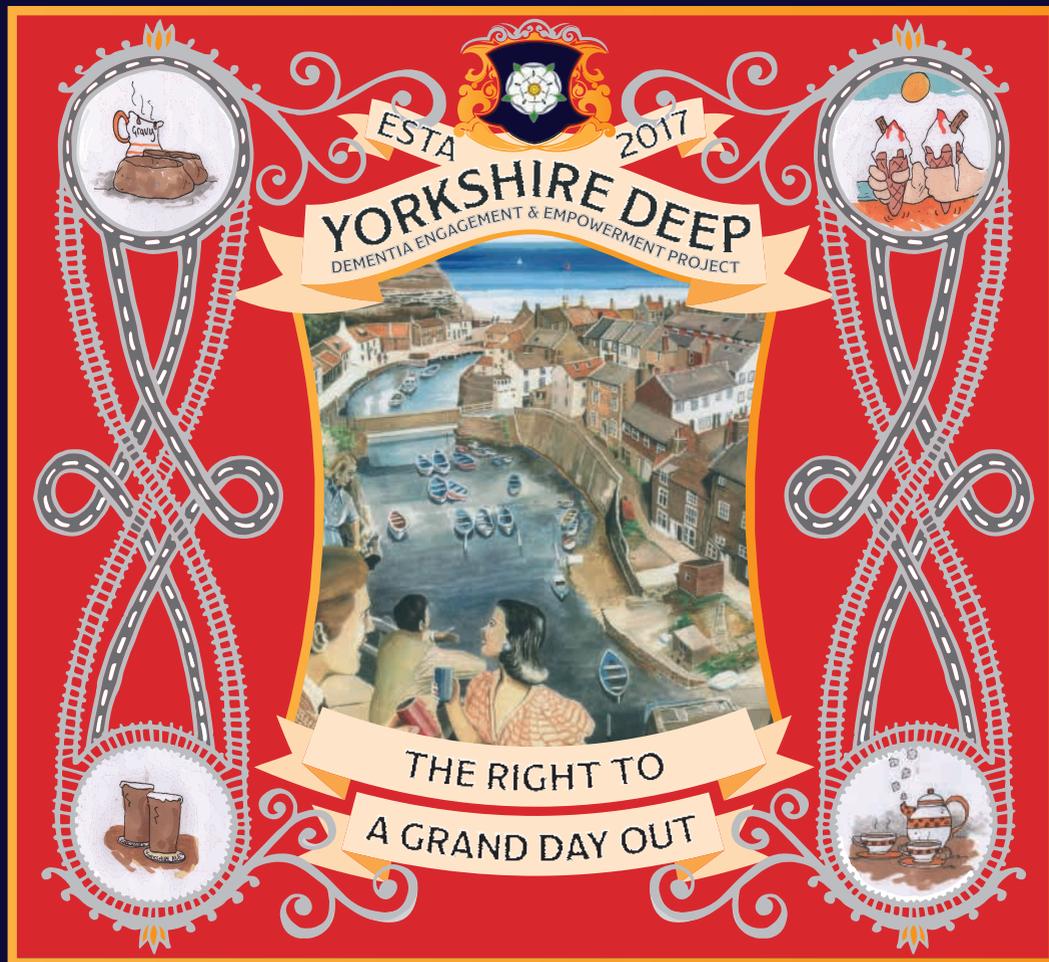
Ian Beesley – conceptual artist

Tony Husband – cartoonist

Ian McMillan – poet

have worked with the groups to create this chapbook to help them express their thoughts, hopes and experience of using public transport.

May 2018



THE UNFURLING

Let us celebrate the gradual opening
Of a banner taking its place in the world;
A long unravelling and a fine unwinding,
Like a flower unwrapping itself from itself,
A parcel of thinking softly untying
Or an origami of ideas hugely unfolding
As, caught by the breeze, image and language
Spread their twin messages into the air.

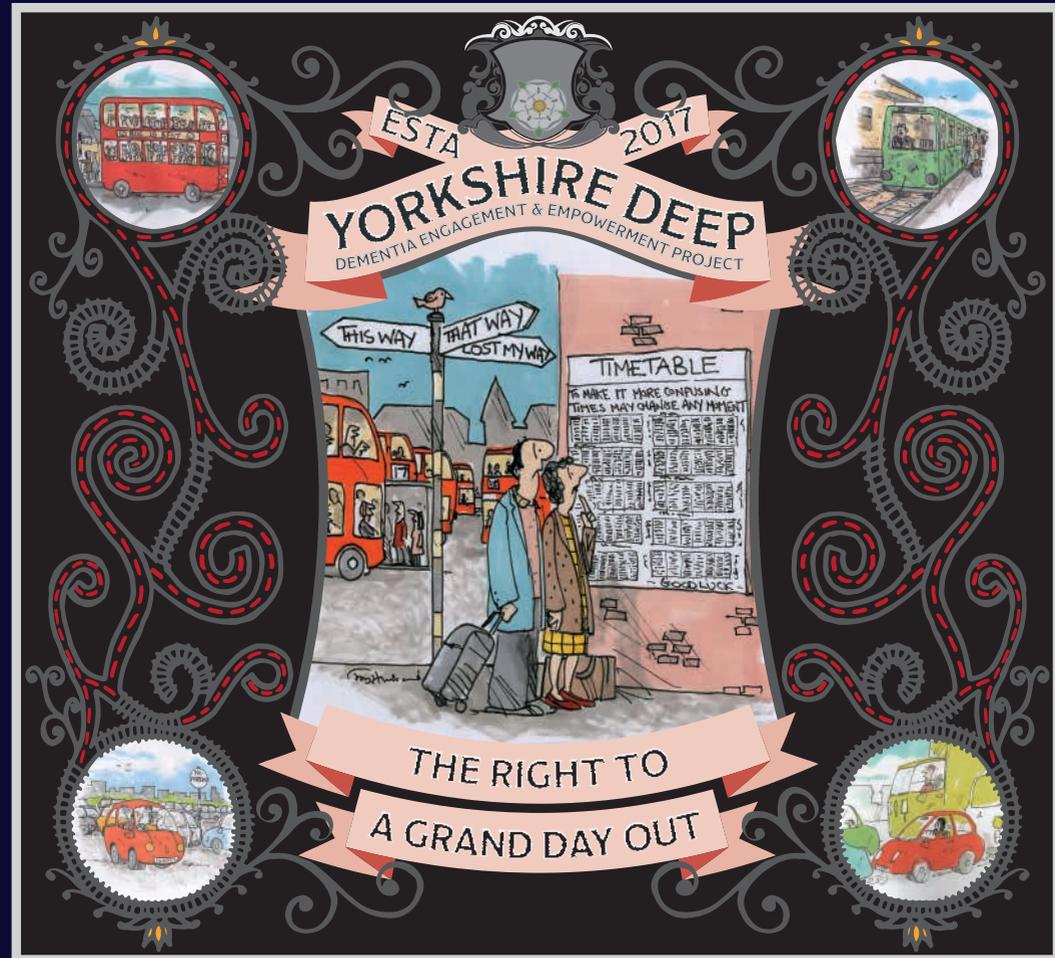
GIVE US THE RIGHT TO A GRAND DAY OUT

Give us the right to a grand day out,
Give us a seat on a nice clean train;
Give us a view of the shining sea
As the sun breaks through the Yorkshire rain.

Give us a trip we can all go on
Give us a day that'll make us grin;
Give us a toilet close to hand
Not a mile down the train by a smelly bin.

Give us some signs that are crystal clear
Give us a guard who knows their stuff
Give us a trip we can file away
When the world seems harsh and life gets rough.

Yes, give us the right to a grand day out,
Give us a seat on a nice clean train;
Give us a view of the shining sea
As the sun breaks through the Yorkshire rain.







Rita's story

Rita had to leave her wheelchair in the first carriage as that was the only one with access.

Trouble was her seat was in the very farthest carriage...

She struggled through a packed train with the help of a friend and husband.

They ordered a drink from the trolley he had only one small prosecco, so the three shared that.

"Oh we ad a laff though" Rita said.



Liz's story

Liz came out of the toilet and was totally confused as to where she was,

She became frightened.

A young lady who she had chatted to saw her distress and came and led her to her seat.

"She was so lovely" Liz Said.





- ← Way out ↵
- ← Train Information ⓘ
- ← Tickets Reservations ⌘ ⓘ
- ← Taxis 🚗
- ← Buses 🚌
- ← Telephones ☎
- ← Buffet 🍽
- ↑ Toilets ♀ ♂ ♿





Derek's story

An unhelpful ticket seller at a station left him confused and feeling threatened by an impatient queue behind him.

Eventually a chap in the queue seeing his plight stepped in to help.

It left Derek very upset and frightened to travel.





Eddie's story

Eddie sat on a train waiting to go to a dementia meeting.

No one told him he should have been in the front two carriages.

He was traumatised for days.







YORKSHIRE PUDDING

Rising well!
Get yer fat hot!
Fit for a king!
Cold wi jam in
Thick gravy or thin gravy
Rising like chef's hats
Pure gold!

ICE CREAM

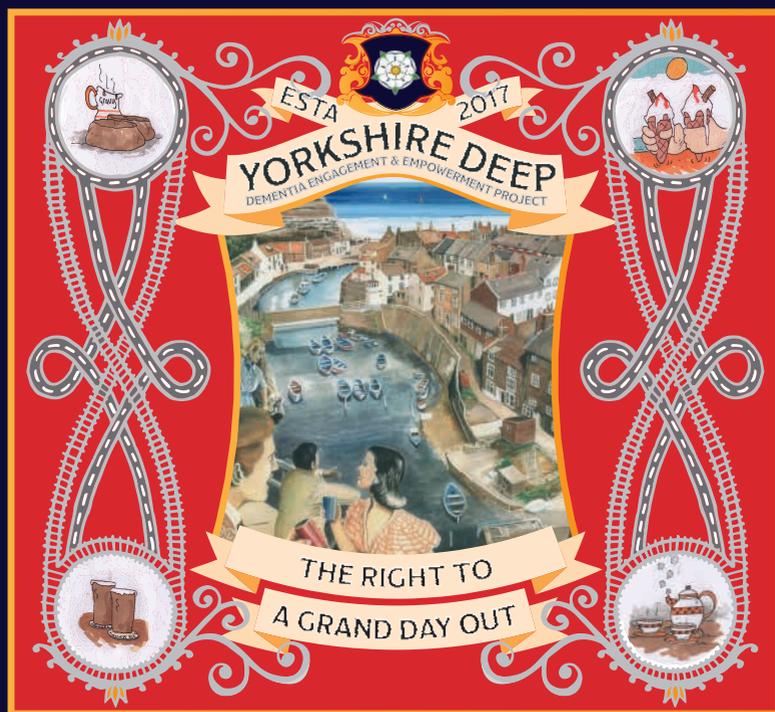
All darn me chin!
A melting moment
I want bits on
I want juice on
I want a flake in
By, that's freezin!
Playing me cornet!
Watch then seagulls!
Better than beer!
Better than tea!

The banner is based on the design of a banner held in the collections of Gallery Oldham. The banner was created for Oldham district amalgamated trades council and carries the slogan "United we stand divided we fall".

Whilst most of these banners were associated with the trade union movement many of them portrayed messages campaigning for better social conditions.

Yorkshire DEEP felt it would be appropriate to create a banner highlighting their campaign for better public transport for those with dementia.

The dark side of the banner represents some of the problems associated with travel and the red side of the banner represents some of the joys of being able to travel.

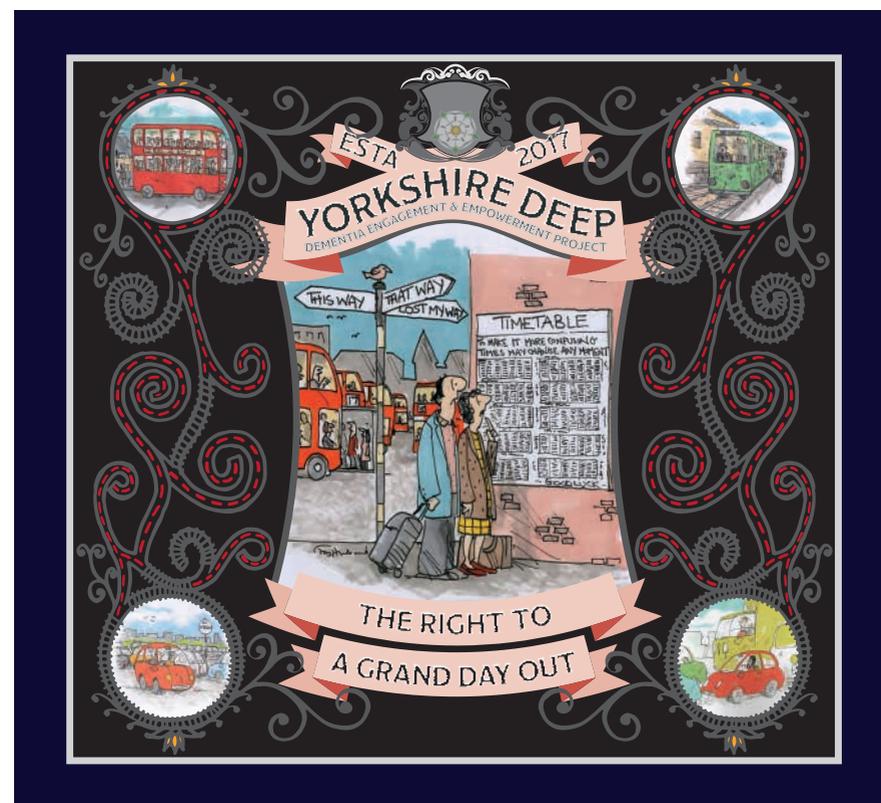


PINT OF BEER

Sup up and away!
The head on that!
Oppen yer clack!
Better than tea!
Better than ice cream!
I'm not bitter!
Tea for grown ups!
Hop along!
Smack my lips for me, will yer!

TEA

Sup up and away!
Get the kettle on!
Look at the size of that teapot!
Eeee, that's grand!
A nice cup of tea in a proper pot pot
Just as it comes
Better than beer!
Better than ice cream!



www.gmmg.org.uk/our-connected-history/item/oldham-trades-council-banner/

A grand day out

This chapbook was produced as part of the 'A Life More Ordinary' project. Through collaboration with people who have dementia, carers, relatives and other supporters, the project aims to create a series of arts-based activities and outputs which provide a positive but realistic look at the experiences of those living with dementia and the individuals behind the diagnosis.

For this third chapbook in the series, Ian Beesley (photographer), Tony Husband (cartoonist) and Ian McMillan (poet) held a series of workshops in 2017/18 with the Yorkshire DEEP group.

The artists spent time with the group - including those with dementia, their partners and volunteers - in York. Members of the group shared their images and stories, both from the past and in the present, and joined in activities with the artists. The chapbook presents some of the images and poems produced during the workshops on the theme of "**A grand day out**".

We thank the group for their willingness to be involved, for their openness and honesty, and for the non-stop laughter during each session.

'A life More Ordinary' is funded by the ESRC (ES/M50046X/1) and is linked with the 'Improving the Experience of Dementia and Enhancing Active Life' (IDEAL) study'. The study examines what aspects of the social situation or the psychological resources that people with dementia and their families have that help or hinder their ability to live well.

The IDEAL study is funded by the Economic and Social Research Council (UK) and the National Institute for Health Research (UK) through grant ES/L001853/2 'Improving the experience of dementia and enhancing active life: living well with dementia'.

(Investigators: L. Clare, I.R. Jones, C.Victor, J.V. Hindle, R.W.Jones, M.Knapp, M.Kopelman, R.Litherland, A.Martyr, F.Matthews, R.G.Morris, S.M.Nelis, J.Pickett, C.Quinn, J.Rusted, J.Thom). The support of the ESRC and NIHR is gratefully acknowledged. (ES/L001853/2).

For more information please see: www.idealproject.org.uk

Follow us on twitter: [@IDEALStudyTweet](https://twitter.com/IDEALStudyTweet)



Banner embellishments by **Lydia Keane**

Design: **Martyn Hall**

ISBN: no 978-0-9957712-5-3

YORKSHIRE **DEEP**



36

PAGES

A GRAND DAY OUT

By IAN BEESLEY, TONY HUSBAND and IAN McMILLAN