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Table 4

Themes Generated from Data Analysis

Higher order theme	Lower order theme	Exemplar
Maintaining control of	Playing in a style that	We'd prefer to lose and
the game	represents identity of	maintain our way of playing,
	soccer club	than win and play differently
	Using game plans	The coaches talk together
		before the match to devise a
		Plan A
Players as problem	Game management	We help the players to learn
solvers		how to recognize the state of
		the game
	Dealing with change	The game is always
		changing, so the players need
		to realize this and adapt
Player reflection	Reflecting on and in	Some players understand they
	performance	need to watch game footage
		back afterwards to reflect on
		their performance
	Having a why behind game	I'm not sure how consistently
	actions	players could tell you why
		they make a certain decision
		in game play
Individuals within a	Playing to strengths	Using each other's strengths
team		to outwit the opponent is part
		of the game
	Recognizing opportunities	Individuals are challenged,
	to practice individual	whilst being aware of the
	targets	overall team performance