City-zen 'Preston' Roadshow



Team Experts: Prof.Dr. Andy vd Dobbelsteen Dr. Andy Jenkins Prof. Greg Keeffe Prof.Dr. Craig L.Martin Dr. Riccardo Pulselli Egon Troch Dr. Han Vandevyvere Jan Verheven

Fun-shop Facilitators: Ekta Kapoor Lorena Montenegro Carmen Ramkhelawan Liesanne Wieleman Tania Cecilia Cortes Vargas Linda Vos

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Preston, UK, November 2018

Aims



Co-creative

Global / local expertise combine to reach zero energy.

Home-grown solutions.



Preston, UK, November 2018

What we have learned?

Challenges











Flood risks



Understanding the 'cost' of not doing something.

- Health
- Enjoyment
- Economic future
- Family future
- Survival!



Preston, UK, November 2018

No playgrounds

Cars dominate

Hard surfaces

Poor insulation





Mon 12th Nov 'Walk'



City-zen Roadshow Leader – Prof.Dr. Craig Martin









studio**JB**

Cassidy⁺Ashton



Mon 12th Nov `Talk'



Preston, UK, November 2018



FUN-SHOP 'Drop-Ins'



Preston, UK, November 2018

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FUN-SHOP 'Drop-Ins'



Preston, UK, November 2018

Carbon accounting



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena

Raw data in Preston



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena

Carbon Footprint per household

HOUSEHOLD Household: 1 Citizens: 2.34	7.0)0 t C	CO ₂ -eq	
Electricity: 3550 kWh/yr	1126 kg (CO ₂ -eq 16 %	TU Delft energy simulation	
Natural gas: 11600 kWh/yr	2939 kg (CO ₂ -eq 42 %	TU Delft energy simulation	Typical household Carbon Footprint
Mobility: 14000 km/yr	2378 kg (CO ₂ -eq 34 %	Avg EU (46% petrol, 52% diesel, 2% lgp)	
Waste: 661 kg/house yr	489 kg (CO ₂ -eq 7 %	Lancashire.gov.uk (51% landfilled, 31% recycled, 18% other)	
Water: 131 m3/house yr	77 kg (CO ₂ -eq 1%	Lancashire.gov.uk	CITY - CONTRACT OF CONTRACT.

Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena



Carbon Footprint per household





Typical household Carbon Footprint

7.00 t CO₂eq / yr

= 1.3 football fields



Preston, UK, November 2018

Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena



BROADGATE 3645 inhabitants 1500 households 2.6% Preston houses 40 ha area 91 inhab./ha



	NEIGHBOURHOOD Households: 1500 Citizens: 3645	10,51	L 1 t (CO ₂ -eq	
Ź	Electricity: 5.3 GWh/yr	1688 tCO ₂ -eq	16 %	TU Delft energy simulation	BROADGATE
	Natural gas: 17.5 GWh/yr	4408 t CO ₂ -eq	42 %	TU Delft energy simulation	3645 inhabitants 1500 households
	Mobility: 21M km/yr	3567 tCO ₂ -eq	34 %	Avg EU (46% petrol, 52% diesel, 2% lgp)	2.6% Preston houses 40 ha area
	Waste: 991 t/yr	733 t CO ₂ -eq	7 %	Lancashire.gov.uk (51% landfilled, 31% recycle, 18% other)	
٥	Water: 196 k m3 yr	115 t CO ₂ -eq	1 %	Lancashire.gov.uk	CITY-Zen New urban energy ROADSHOW

Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena

Preston, UK, November 2018



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena

Food impact (meat+ diet)



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena

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So we start with food...



Carbon emissions of food diets

Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology







Preston mobility today





50% of Preston workers live within 5 km distance!



Mobility strategy: Egon Troch, Th!nk-E, Belgium

Preston mobility solutions

Connection with city centre

> By light rail with cheap park+rides

> By bicycle paths

- Less visiting cars in the centre
- Clean air
- Fast access to city
- Investment in local economy





Preston, UK, November 2018

Mobility strategy: Egon Troch, Th!nk-E, Belgium

Preston mobility tomorrow



Low air quality, limited movement Traffic jams 85 people killed or seriously injured (2016) 100 M£ per year on foreign fossil fuel 560 MWh of fossil fuel per year 150000 ton CO₂ per year Better health Improved reachability Safe mobility Better for local economy 340 MWh of renewable energy per year 0 ton CO₂ per year



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Mobility strategy: Egon Troch, Th!nk-E, Belgium



Heat map of Rotterdam [Broersma et al. 2010]





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Reduce



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Reducing the energy demand

• How far can we go with energy savings in the existing built environment? This depends on type of neighbourhood, year of construction, building technology

General measures for existing buildings

- Post-insulation measures to the building envelope (cavity filling, wrapping, internal layers, crawl space foundation, entrance portals, conservatories)
- Dynamic insulation: thick curtains, window shutters
- Double or triple glazing, high-performance glass
- Low-temperature heating: underfloor heating, air heating
- Energy-efficient lighting, LED or e-saving fluorescent lighting
- Energy-efficient appliances: washing machines, dishwashers, tellies, fridges
- Exciting things: greenhouse over the building



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Example: the Home with a Skin (Prêt-à-Loger)





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

The different solutions under `reduce'

Attune

- Programmatically combine urban functions that can be energetically in balance.
- Combine functions in a building that can balance the demand, and use a central plant.
- Apply peak shaving: use electricity when it is abundant and wait when it is short.

Exchange

- Reuse waste heat from exhaust air, waste water, sewage etc.
- Exchange excessive heat with places with heat shortage.

Cascade

- Reuse waste heat at a lower temperature in a different function
- Reuse waste heat from that, with an even lower temperature, in a next function.

Store

- Store residual energy, heat and electricity, diurnally.
- Store residual energy, heat and electricity, interseasonally.



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Parts of Preston that require sustainable heat





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

The Preston heat network



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Preston City Centre Energy Master Plan [AECON 2018] identifies the need and possibility of heat networks in the city.

It identifies the following areas suited for a heat network:

- City centre
- UCLAN North
- UCLAN South
- Cardinal Newman







The plan

1. The Preston HT heat network

- Fed by Recycling Lives (waste), biomass (in wintertime) and HT geothermal heat.
- Running from Recycling Lives towards the inner city, along Fishergate, to Broadgate.
- Supplying historic areas and neighbourhoods with too large a renovation challenge.

2. MT connections by return pipes of the HT heat network

- MT return temperature from HT supply.
- For newer inner-city developments and neighbourhoods renovated moderately.
- Eventually, a LT return will arrive at Recycling Lives, which is favourable.

3. Local MT heat grids

- Supplied by MT geothermal heat, solar heat (collectors and PVT), stored interseasonally at local energy facilities.
- Supplying neighbourhoods renovated moderately.

4. Local LT heat grids

- Supplied by LT sources as water, soil, datacentres, greenhouses, supermarkets etc.
- Supplying neighbourhoods renovated seriously.
- Individual heat pumps can boost up to hot water purposes.

Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

HT: high-temperature 70+°C challenged buildings, poorly insulated

MT: mid-temperature 40-70°C recent buildings, better insulated

LT: low-temperature 25-40°C highly efficient, wellinsulated buildings



Produce



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Solar potential





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Solar study





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Solar potential of Broadgate



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





Solar power from roofs

 $\mathbf{E} = \mathbf{A} \times \mathbf{I}_{s} \times \mathbf{\eta}$ (energy = area x solar irradiation x PV panel efficiency)

- Suitable roof area:
 - SE/SW: 21,416 m², 90% efficiency \rightarrow 19,274 m² @100%
 - E/W: 8284 m², 70% efficiency \rightarrow 5,799 m² @100%
 - S/flat: 6,122 m², 100% efficiency
- Solar irradiation, estimated: 800 kWh/m² (horizontal)
- PV panel efficiency (all included): 16% (monocrystalline)
- 50% heritage/architecture sensitive \rightarrow BIPV, thin-film PV, with 12% efficiency

Energy potential:

 $E = 31,195 \text{ m}^2 \times 800 \text{ kWh/m}^2 \times 0.14 = 3.5 \text{ 10}^6 \text{ kWh} = 3.5 \text{ GWh/year}$



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Solar power from facades

- Also vertical surfaces can be used for PV-panels or BIPV.
 - Efficiency of vertical planes (E, S, W): 0.6*16% = 9.6%
 - Suited facades of buildings \geq 3 floors: 3,403 m²

Energy potential from facades:

E = 3,403 m² * 800 m² * 0.096 = 0.26 GWh/year

Total solar energy potential: E = 3.5 + 0.26 = 3.76 GWh/year

For Broadgate only



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology
Biomass potential in the Broadgate vicinity



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





Beautiful parks and greens with biomass (from cuttings)



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





Geothermal options for Broadgate



- Deep geothermal (500-5000 m) 40-120°C
- Middle level (100-500 m) 15-40°C suited for ATES
- Shallow soil (0-100 m) 5-15°C suited for BTES
- Ecovat storage solutions (MT, 40-70°C)



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Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





Tidal energy plant in the Ribble River

E = **M** x **g** x Δ **h** x **η** (energy = mass x gravity x height difference x turbine efficiency)

- Tidal difference: approx. 3.6 m on average; 1.8 m plus, 1.8 m minus
- River cross section: 50 m x 1.8 m flowing in or out
- Tidal speed: 7 km/h max, 3.5 km/h on average (this is approx. 2 m/s) Distance covered 3.5 km/h = 84 km/day
- 84,000 m x 50 m x 1.8 m = 7,560,000 m³/day
- 7,560,000 m³ x 1027 kg/m³ = 7,764,000,000 kg of salt water mass @10°C
- 60% turbine efficiency

Total energy potential: $E = 7.76 \ 10^9 \ x \ 9.82 \ x \ 1.6 \ x \ 0.6 = 73.2 \ 10^9 \ J = 73.2 \ GJ/day$ $\rightarrow 26.7 \ TJ \ per \ year = 96.2 \ GWh \ per \ year$

For Preston as a whole \rightarrow 96.2*0.026 = 2.5 GWh for Broadgate



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





Wind energy

 $\mathbf{E} = \mathbf{#} \times \mathbf{P} \times \mathbf{h}$ (energy = number of turbines x turbine power x operation hours)

- Possible # of wind turbines: PM1 large ones, PM2 modest ones
- Turbine power: 3 MW (large ones), 1 MW (modest ones)
- Operation hours, pessimistic estimation: 1500 hours

Total energy potential:

 $E = 15 \times 3 \times 1500 + 4 \times 1 \times 1500 = 67.5 \times 10^3 + 6 \times 10^3 \text{ MWh} = 73.5 \text{ GWh/year}$ For Preston as a whole $\rightarrow 73.5*0.026 = 1.9 \text{ GWh for Broadqate}$



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Broadgate neighbourhoods

- 1. Terraced mirrored houses at Lauderdale / Grafton Street
- 2. Terraced houses next to the river at **Broadgate Boulevard**
- 3. Terraced houses near The Continental at **South Meadow Lane**
- 4. Apartment blocks of **Meadow Court**
- 5. The Gujarat / St. Stephen's Community Centre
- 6. Social housing at Hassett Close
- 7. The **Beech Street** neighbourhood



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology



Waste dump behind and in front of the houses





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology



CITY-New urban energy ROADSHOW

Generation of

solar energy

Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

2. Broadgate Boulevard



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology



Build a bike road and people will bike... (Copenhagen wisdom)

Potentially the Chiswick of Preston (not now)





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Solution





Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology







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Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





CITY-New urban energy ROADSHOW

Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology



Solution







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Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

5. Gujarat / St. Stephen's Community Centre



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

6. Gujarat / St. Stephen's Community Centre

A new centre for the whole district of Broadgate

Inframedion

- Neighbourhood energy facility: local low-temperature and mid-temperature network
- Geothermal heat source (700-1000 m deep, 50-60°C)
- Inter-seasonal heat storage (Ecovat for MT heat, ATES for LT heat)
- Separated waste collection and processing, second-hand shops
- Waste water treatment (grey water) with nutrient recovery and biogas production

Social community centre

HT: high-temperature 70+°C challenged buildings, poorly insulated

MT: mid-temperature 40-70°C recent buildings, better insulated

LT: low-temperature 25-40°C highly efficient, wellinsulated buildings



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Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology



Local MT/LT heat network from the Gujarat/St. Stephen facility



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology









Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology





CITY-New urban energy ROADSHOW

Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Greg Keeffe Urban Design Strategy



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Professor of Architecture + Urbanism Head of School, Natural and Built Environment



Urban Design: Context. Form of the neighbourhood



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Context

Form - Bounded Road River Train City



Urban Design: Context



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



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Urban Design: Context



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Context - Morphology

Many conflicting urban layouts





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Morphology- Disconnected



Urban Design: Context

NO FOCUS/CENTRE

Context – Content

Low density. 37 home/ha No other functions No focus Functions externalized



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Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Context – Content

Low density. 37 home/ha Mainly housing poor choice – not urban



Urban Design: Issues



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Issues

Poor stock Energetically. Market. little economic investment


Urban Design: Issues



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Issues

Crescent

Loopville

Stuff

Higgledy Piggledy

Squish Ladders Low legibility of space difficult to address.



Urban Design: Issues







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Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Urban Design: Issues



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Car – Road dominating Car - Street parking





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Solutions Connect....

To the city To itself





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



To the river To the greenspace

NEW BRIDGES.





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.









GREEN HEART /



Connect To greenspace Greenspace to communi



Preston, UK, November 2018

Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



GREEN HEART /



Connect To greenspace Greenspace to communi





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





CITY-New urban energy ROADSHOW

Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Urban Design: Solutions







Connect to city New gateway



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Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Connect to city





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Connect to city New gateway





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Tram station





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Solutions Increase density. by stealth











Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Give people Green space





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Free greenspace for kids







Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Solutions Sort out the river Weirs City attenuation





Solutions Sort out the river Weirs City attenuation

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Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



NETWORK TRAM







Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Solutions

Sort out the river.

new boulevard cycling softer engagement energy landscape. Turbines



Urban Design: Solutions



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



TRAM NETWORK







Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

LIMIT THE CAR GREEN ROUTES IN CAR SHARE POPS CAR FREE ZONE. New urban energy ROADSHO

Preston, UK, November 2018

Urban Design: Solutions









Preston, UK, November 2018

Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Urban Design: Solutions



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.







Preston, UK, November 2018



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Centre of the neighbourhood.





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



New neighbourhood Centre: Creche Shops, Public space





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Solutions





Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.



Solutions



Urban Design: Real lives



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

"Hi I'm John,

I work as a lung consultant I the hospital. I live in South Ribble. I see daily, the issues air pollution causes in the population, particularly in the innercity.

Being forced to drive my diesel Audi everyday was killing me: I wanted for some time to make a difference, but my wife said it was too dangerous to cycle to work. The new cycleway along green routes and through Broadgate allows me a safe and faster way to town, without polluting. I'm feeling fitter myself.

Stopping on the way home to pick up some Okra, made me realise that people aren't just a pair of lungs."



Urban Design: Real lives



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Hi I'm Deepti,

"I've lived in Broadgate for some time, and my kids are teenagers, so I have a little more time on my hands than I used to have. I've started my own urban farm growing hard-to-get Asian vegetables, which I sell at the weekend in the new public space.

I'm meeting so many more people now, and the new public park allows my kids to hang out in the evening without annoying people. The new river works are much safer, and I don't worry about my kids drowning any more. "



Urban Design: Real lives



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Hi, I'm Satish,

"I've just graduated from UCLAN and I'm working in IT in the city. I like the urban lifestyle and I'm a fitness geek. I row on the River, play Cricket and cycle. Broadgate is a great place to live: I have all the urban stuff, but I'm also part of a great community, and I help out at the Gujarat Centre.

The mix of urban and rural, and old and new cultures is perfect for me... housing is cheap and with low energy costs and no need for a car, I'm saving to buy my own place.

The electric car share is great: I can hire a van to go mountain-biking in Gisburn with my mates, and a hatchback to take my mum to the Trafford Centre."


Urban Design: Real lives



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

"Hi, I'm Lauren,

I'm a young mum and I live with my partner and my two kids (5 and 1) in Broadgate. It's a very green neighbourhood, and brilliant for families. I can leave the youngest at the new creche and my 5-year old at School and go to work in the shop on Fishergate, knowing that they're nearby.

My partner cycles to BAE Warton on green routes each day, and we go cycling with the kids upstream for miles without seeing a car.

The new streets are car-free, so the kids will be able to play outside without me worrying and the urban greenery cleans the air and connects us with nature. Our house is fossil free, so it costs nothing to run.

It's great to have such a compact lifestyle, with no need for a car..."



Urban Design: Celebrate and enjoy your amazing city!



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

Preston, UK, November 2018

Urban Design: Celebrate and enjoy your amazing city!



Urban design strategy: Prof Greg Keeffe, Queens University, Belfast.

But what's the cost Of doing it???



Urban Design: Celebrate and enjoy your amazing city!











But what's the cost Of NOT doing it? Socially.... Economically.... Climatically....



Now, let's see how much of the carbon emissions can be reduced...



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Food impact (meat+ diet)



Energy strategy: Prof Andy van den Dobbelsteen, Delft University of Technology

Food impact (balanced diet)



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena

Food impact (short supply chain)



Carbon accounting: Dr. Riccardo M. Pulselli, University of Siena, Siena



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Preston, UK, November 2018



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Preston 2050

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continent to come hiking blong relaking and shopping. This is the Pleston we all want to live, work

and recreate in an example of the New Sustainable City of the future.

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Web: https://www.cityzen-smartcity.eu/nl/home-nl/

- Generative CityzenRoadshow
- CityzenRoadshow
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Roadshow Contacts:

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Preston, UK, November 2018

City-zen Roadshow Leader – Prof.Dr. Craig Martin

