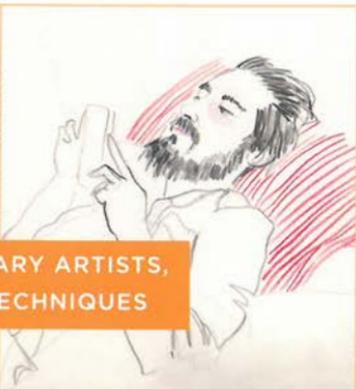
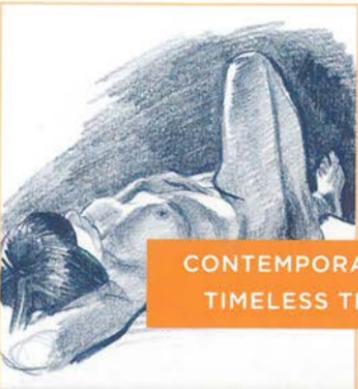




# DRAWN *from* LIFE

HELEN BIRCH



CONTEMPORARY ARTISTS,  
TIMELESS TECHNIQUES

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## Journey diary

Due to the time constraints of his working day, which involves teaching others how to draw and design at degree and master's levels, Wilkin often has less time than he'd like to pursue his own illustration output. Knowing that it was important to keep observing and drawing, he figured out a way to do so – by using the hour he spent on the train getting to work each day. By nearly always carrying a sketchbook and propelling/mechanical pencil, he has captured the morning commute of others through the seasons. Here we see examples from autumn 2015 to autumn 2016 (we can tell the season by the commuters' warm clothes and hats). By the time this book is available, a whole academic year's worth of fellow travellers will have been captured.

Keeping to a regular task like this is a good habit to aim for. With a determination to keep to a drawing plan, you can find yourself maintaining a certain rhythm to your drawing you might not otherwise achieve. It means that

STEVE WILKIN

you attain a familiarity with your materials and timings. Practice becomes perfect as confidence builds – as does your output.

On the strength of his collected train journey drawings, Wilkin was awarded funding to publish a newspaper. It featured selected images from his sketchbook, and in a neat circle of thanks to his subjects, was distributed to fellow passengers on his daily commute (see [blog.newspaperclub.com/2012/03/12/738-a-journey-in-newsprint](http://blog.newspaperclub.com/2012/03/12/738-a-journey-in-newsprint)). His work has been featured in many blogs and books. Not bad for someone who didn't have time to draw, but was determined to find some!



COMMUTERTEXTING, COMMUTER WITH SOFT DRINK,  
WOMAN READING TABLET  
Medium: Pencil

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